



**Sprowston Manor, A Marriott Hotel & Country Club**

Wroxham Road

Norwich, NR7 8RP United Kingdom  
 Phone: 44-1603-410-871  
 Fax: 44-1603-788-922  
 Sales Fax: 44-1603-423-911

Marriott Rewards category: 5

**Hotel Awards**

**Directions**

**From Airport**

**Norwich (NWI) - NWI**

- Hotel direction: 4.5 miles SE
- Driving directions: Turn left out of airport onto A140 Norwich. Continue through traffic lights. At 2nd set of traffic lights bear left - signed A47 Gt Yarmouth. Continue forward through 2 sets of traffic lights. At 1st roundabout take 2nd exit signed - Wroxham & Broads. At 2nd roundabout take 1st exit signed - Wroxham & Broads. Continue through traffic lights. At 1st roundabout take 1st exit - signed A1151. At 2nd roundabout take 2nd exit - signed Marriott Sprowston Manor Hotel & Country Club.
- Bus service, fee: 4.00 GBP (one way)
- Estimated taxi fare: 10.00 GBP (one way)

**London/Stansted (STN) - STN**

- 44-0870-0000303
- Hotel direction: 88 miles NE
- Driving directions: Bear RIGHT

(South-East) onto Local road(s). Turn RIGHT (South-West) onto Long Border Road. At roundabout, take the FIRST exit onto Round Coppice Road. At roundabout, take the SECOND exit onto Thremhall Avenue. Merge onto Local road(s). Take Ramp (LEFT) onto M11. At Exit 9, take Ramp (LEFT) onto M11. Road name changes to A11. Take Ramp onto A14. Keep LEFT onto Ramp. Road name changes to A11. At roundabout, take the FOURTH exit onto A11 [Newmarket Road]. Turn LEFT (North) onto Unthank Road. At roundabout, take the SECOND exit onto B1108 [Convent Road]. At roundabout, take the FIRST exit onto A147 [Grapes Hill]. At roundabout, take the SECOND exit onto A147 [St Crispins Road]. At roundabout, take the FIRST exit onto A1151 [Charlton Road]. At roundabout, take the SECOND exit onto A1151 [Wroxham Road]. Turn RIGHT (South-East) onto Local road(s) to Marriott Sprowston Manor Hotel & Country Club

- Bus service, fee: 80.00 GBP (one way)
- Estimated taxi fare: 100.00 GBP (one way)

**Arrival Information**

**Check-In and Checkout**

- Check-in: 3:00 PM, Check-out: 12:00 PM
- Express Checkout

**Parking**

- Complimentary on-site parking

**Pet Policy**

- Pets allowed, Non-refundable sanitation fee: 15 GBP; contact hotel for details

**Hotel Details**

- 3 floors,73 rooms,21 suites
- 12 meeting rooms, 932 sq m of total meeting space

**Guest Room Information**

(may vary by room type)

**General Room Amenities**

- Alarm clock
- Bottled water, for a fee
- Coffee maker/tea service
- Crib
- Electrical adapters
- Iron and ironing board
- Luxurious bedding - down comforters, custom duvets, cotton-rich linens
- Pillows: down/feather

- Pull-out sofa bed
- Rollaway bed
- Trouser press

**Bathroom Amenities**

- Bathrobe
- Hair dryer
- Separate tub and shower

**Room Entertainment**

- Cable/satellite TV
- Color TV
- Mini-bar
- Movies/videos, pay-per-view

**Business Amenities**

- Electrical outlet: desk level

**Services**

**Complimentary Service**

- Coffee/tea in-room
- Shoeshine

**Guest Services**

- Concierge desk
- Safe deposit boxes, front desk

**Restaurants & Lounges**

**THE Bar 1559**

- Open for lunch and dinner
- Our new, exciting bar is now open... offering coffee, cocktails and delightful food served all day, every day

**THE Restaurant 1559**

- International
- Open for breakfast and dinner
- 1559, Sprowston Manor's new, exciting restaurant is now open... Our aim is to provide first class imaginative dishes to delight your palette, complimented by a superb selection of wines and expertly delivered by our experienced, friendly associates.

**Zest Cafe Bar & Grill**

- Mediterranean
- Open for breakfast, lunch and dinner
- Bright and inviting, open daily serving dinner, lunch and snacks overlooking the 18th green

**Recreation**

**Swimming**

- Norfolk Coastline / Beaches (20 mi)
- Indoor Pool

**Activities**

- Bowling (4 miles)
- Fly-fishing (1 miles)
- Horseback riding (4 miles)
- Kayaking (5 miles)
- Sailing (5 miles)

- Sauna
- Scuba diving
- Snorkeling (4 miles)
- Squash (4 miles)
- Tennis (4 miles)
- Snow skiing (4 miles)

**Fitness Facilities**

- Leisure Club - Hotels Norwich

**Golf**

- Sprowston Manor Golf Club()
- Royal Norwich Golf Club(4 miles)
- Eaton Golf Club(6 miles)
- Hunstanton Golf Club - Links Course(45 miles)
- Dereham Golf Club(30 miles)

**Spa**

- La Fontana  
Appointment required

**Attractions & Landmarks**

- Norfolk Broads
- Norwich Cathedral
- Norwich Castle Museum
- The Forum
- Blickling Hall Garden & Park
- Sandringham Royal Estate
- Banham Zoo
- Pleasurewood Hills Theme Park
- Dinosaur Adventure Park
- Blakeney National Nature Reserve
- Wroxham Barns
- Africa Alive
- Dragon Hall
- BeWILDerwood
- Great Yarmouth Potteries
- Great Yarmouth Sealife Centre
- Thrigby Hall Wildlife Gardens
- Merrivale Model Village
- Redwings Horse Sanctuary
- Pleasure Beach

**High-speed Internet access**

**Locations | Connectivity**

Public Areas

- Wired
- Wireless

Guest Rooms

- Wireless

Meeting Rooms

- Wired
- Wireless