



The fitness & sauna area can be found on the fourth floor. These facilities are free for guests and are open from 6 a.m. until 11 p.m. There are several fitness machines, two saunas (one for men and one for women) and a dressing room with showers and lockers.

Available fitness equipment:

- Bench Press
- Shoulder Press
- Arm Curl
- Low Row
- Leg Curl
- Leg Extension
- Pectoral Fly
- Lat Pulldown
- Abdominal
- Triceps
- Pushdown
- Indoor Rower
- Dumbbells up to 14 kilo
- Two Exercise Bike
- Two Treadmills
- Crosstrainer

