

## EXPRESS SERVICES

For the guest that is pressed for time, we have services that cater to your needs, still providing you with a unique spa experience.

### TRAVELER'S TREAT \$60/25 mins

For the jet-lagged business traveler, relax, we have all the leg room you need. This treatment will focus on an area of the body that ails you most: legs and arms, neck and back. Just relax, unwind and let us do the rest.

### REFLEXOLOGY \$55/25 mins

An ancient health ritual that creates healthy balance throughout the body by stimulating pressure points (meridians) on the soles of the feet.

### BODY POLISH \$55/25 mins

Utilizing a customized exfoliation formula, this spa experience exfoliates and moisturizes, leaving skin feeling soft and smooth.

### CRANBERRY POMEGRANATE MINI FACIAL \$55/25 mins

This mini-renewal treatment will give the skin a radiant glow within minutes. Lactic acid exfoliates dead cells increasing turnover, allowing anti-oxidants, brighteners and nutrients into the skin for enhanced results.

### MARQUIS EXPRESS SPA MANICURE \$40/30 mins

### MARQUIS EXPRESS SPA PEDICURE \$60/30 mins

All the essentials are performed in these services; nails are trimmed, shaped and cuticles are cared for. Both of these services will also include polish or nails can be buffed to a natural shiny finish.

## SALON SERVICES

### SPECIAL EVENT MAKE-UP \$60

### MAKE-UP APPLICATION \$35

### LIP WAX \$15

### BROW WAX \$18

### BIKINI WAX \$30

### LEG WAX \$40/half or \$70/full

### UNDERARM \$30

## CONSIDERATIONS & RULES

### ARRIVAL

Please arrive 30 minutes prior to your scheduled treatment. Arriving late could interfere with your treatment. All appointments end at their scheduled time so the next guest will not be delayed.

### WHAT TO WEAR

Most body treatments are enjoyed without clothing, but wear whatever makes you comfortable. Robes and slippers will be available before and after your treatment.

### VALUABLES

Please leave your valuables in the safe provided in your guest room or at home. We are not liable for your personal items.

### AGE REQUIREMENTS

All guests age 16 and older are welcome to enjoy all of our treatments. Guests under the age of 16 must be accompanied by an adult at all times.

### GRATUITIES

A 20% service charge will be added for each spa service. Additional gratuities are at your discretion.

### CANCELLATIONS

You must notify us three hours in advance to avoid being charged 100% of the scheduled service. Cancellation of packages requires 24-hour notice.

### RUNNING LATE

Arriving late limits the time for your treatment. Please be on time so that the next guest will not be delayed. If you are late, the full value of your treatment will be applied.

### HEALTH CONSIDERATIONS

When you are booking, please notify us of any health considerations, such as high blood pressure, allergies, any physical ailments or disabilities, or if you are pregnant. This way, we can suggest an appropriate treatment.

### CELL PHONES AND OTHER ELECTRONIC DEVICES

In order to preserve the tranquility of our environment, we ask that you please turn off cell phones and all other devices prior to arrival inside the spa.

To book your spa appointment, call  
**404-586-6022.**

  
**The Spa**  
ATLANTA MARQUIS



265 Peachtree Center Avenue  
Atlanta, Georgia 30303  
404-586-6022

[thespaatlantamarquis.com](http://thespaatlantamarquis.com)

**I think** I deserve to relax  
as hard as I work.

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**The Spa**  
ATLANTA MARQUIS  


## MASSAGE TREATMENTS

All of our massage treatments begin with an aromatherapy sensory journey experience and a foot exfoliation to improve the body's physical and emotional balance. Your choice of aromatic essential oils will be combined with your massage to increase relaxation, improve mood, and decrease stress and anxiety.

**SWEDISH MASSAGE** \$100/50 mins or \$140/80mins  
Long comforting strokes of light to medium pressure to improve circulation and ease muscle tension

**MEDLEY MASSAGE** \$110/50 mins or \$150/80 mins  
Create a customized full body massage just for your needs. A combination of deeper pressure and Swedish techniques for complete relaxation.

**DEEP TISSUE MASSAGE** \$110/50 mins or \$150/80mins  
Deep pressure to target specific muscle groups to release tension, improve flexibility, and enhance physical performance and promote healing.

**HOT STONE MASSAGE** \$120/50mins or \$160/80mins  
This full body massage utilizes basalt stones for a profoundly calm and unique experience. The combination of hand and stone massage, heated stone placement and pressure opens pathways and improves circulation.

**PREGNANCY MASSAGE** \$120/50 mins or \$160/80mins  
Nurture yourself and baby as our massage therapist provides a variety of techniques to pamper and praise your changing body. Special attention is given to the back and pelvic areas assisting in realignment due to the bundle of joy being carried.

**CHAKRA BALANCING MASSAGE** \$120/50 mins or \$160/80mins  
A massage experience to balance the chakra energy system utilizing deep tissue massage, foot reflexology and energy work with a guided meditation — enhanced by The Chakra™ Balancing Blends.

## SPA BODY TREATMENTS

Indulge in a luxury spa body treatment. Our unique collection of body treatments are designed to help create the ultimate spa experience. Each treatment will leave your body smooth, soft, and healthy.

**BODY POLISH** \$100/50 mins or \$140/80mins  
Utilizing a customized exfoliation formula, this spa experience exfoliates and moisturizes, leaving skin feeling soft and smooth.

**ROSEMARY MINT AWAKENING BODY WRAP** \$100/50 mins or \$140/80mins  
Renew your body and mind with a revitalizing dry body wrap that cools and stimulates with essences of rosemary and peppermint. Skin is smooth and softened, the senses awakened.

**CARIBBEAN THERAPY BODY TREATMENT** \$100/50 mins or \$140/80mins  
Rejuvenate with the aromas of the Caribbean. Dry exfoliation, seaweed body masque and total body massage detoxify, calm and renew in this island-inspired ritual.

**GINGER BODY RITUAL** \$100/50 mins or \$140/80mins  
Renew your body with micro-algae exfoliation while Wildcrafted Indonesian Ginger energizes and increases circulation. Next, a full body massage alleviates stress and tension. Your body is veiled in a crème of Wildcrafted Indian Frankincense and wrapped in a warm cocoon.

## SPA PACKAGES

**GINGER PEACH JUBILEE** \$275/half-day  
Let us show you what makes the peach such an essential component for the secret to younger looking skin. These services take advantage of anti-aging properties from Georgia's finest ingredient and pair it with one of nature's most powerful herbs — ginger. You will discover how the two work so well together. Service includes Anti-Oxidant Peach Facial, Ginger Body Ritual, Ginger-Peach Manicure and Pedicure and a cup of ginger peach tea.

**THE HALF-DAY ESCAPE** \$240/half-day  
Escape and relax with us for a half day with our 50-minute Swedish massage, Signature Facial and our Express Manicure and Pedicure.

**MARQUIS DAY DREAM** \$355/full-day  
Let us make your dreams come true as we melt your troubles away with an entire day of pampering. The full day package includes a 50-minute Swedish Massage, 50-minute Caribbean Therapy Body Treatment, our Signature facial and ends with the deluxe spa ritual manicure and pedicure.

## FACIAL TREATMENTS

In preparation for all facials our skincare specialist will perform an aromatherapy sensory journey experience and foot exfoliation to help balance and relax the body. Your skincare specialist will then analyze your skin and select a facial that will meet your skincare needs.

**ELEMENTAL NATURE FACIAL** \$100/50 mins or \$140/80mins  
A customized facial based on your skin's specific needs. This facial will target dry and dehydrated skin, oily and congested skin, and even the most sensitive skin. A truly personalized treatment for your needs

**GREEN SCIENCE SKIN-RENEWING TREATMENT** \$100/50 mins or \$140/80mins  
Unique, rejuvenating manipulations enhance the high-tech plant technology, clinically proven to lift and firm the skin while reducing the appearance of fine line and wrinkles.

**ENBRIGHTENMENT DISCOLORATION TREATMENT** \$100/50 mins or \$140/80mins  
Traditional Asian massage techniques combine with a 100% naturally derived Brightening Blend to help diminish the appearance of dark spots and improve skin's visible clarity.

**OUTER PEACE ACNE TREATMENT** \$100/50 mins or \$140/80mins  
A botanical approach to treating acne—personalized with extractions and professional exfoliation—and Acne Relief with 100% naturally-derived salicylic acid.

**BOTANICAL SKIN RESURFACING** \$100/50 mins or \$140/80mins  
This botanical alternative to microdermabrasion reveals a truly radiant complexion and smoother skin without the irritation or redness.

## INTENSIVE EXFOLIATING PEEL

**PERFECTING PLANT PEEL** \$55/25 mins or \$25 add-on  
Powered by plants, The Perfecting Plant Peel system performs like a 30% glycolic peel. This remarkable system is all-natural, reducing the redness and irritation that most peels cause.

**AGE DEFYING LACTIC PEEL** \$55/25 mins or \$25 add-on  
Highly potent anti-oxidant treatment stimulates cell renewal and regeneration while providing vital components of the skin's natural lipid barrier.

## NAIL TREATMENTS

Customized care for your hands and feet includes proper maintenance and grooming of nails and cuticles, personalized massage, customized exfoliation, and treatment masque.

**GREEN SCIENCE SKIN-RENEWING MANICURE** \$50/50 mins  
**GREEN SCIENCE SKIN-RENEWING PEDICURE** \$75/50 mins  
This rejuvenating treatment utilizes the Green Science skin care system and Perfecting Plant Peel to provide a deep exfoliation and hydrating treatment that targets the signs of aging on the often overlooked hands and feet. Your skin will be revitalized and renewed to reveal healthier looking skin.

**HEALING HAND RITUAL** \$50/50 mins  
**JOURNEY FOOT RITUAL** \$75/50 mins

Relax with a gentle cleansing and exfoliation followed by a warm-stone therapy massage that ensures a sense of balance to the mind, body and spirit; Herbs of Juniper, Ginger, Mandarin, Lavender, Geranium and Jasmine are incorporated into all aspects of these rituals to create an aroma therapeutic environment for total emotional grounding.

## ADD-ON TREATMENTS FOR NAILS

**CALLUS** \$10  
**CUTICLE** \$10  
**THIN NAILS** \$10  
**NAIL GROWTH** \$10

## OTHER NAIL SERVICES

**GEL NAIL POLISH** \$20  
**REPOLISH** \$15  
**FRENCH FINISH** \$12  
**UV TOP COAT** \$5  
**HOT OIL** \$5