



MASSAGE THERAPIES

SOOTHING STONE MASSAGE

Loosen up your tense muscles and completely unwind! Warmed basalt stones are used in combination with Swedish massage techniques on the body to release tension, restore balance and increase positive energy flow. The stones are used to gently encourage sore muscles to relax and surrender as circulation increases, bringing a sense of well-being and harmony.

RELÂCHE SPA DESTRESS MASSAGE

The Customized Touch Destress Massage awakens the senses through touch and aroma. This deeply relaxing synergy soothes the mind, melts tension and harmonizes the body. Blended by an expert, experience the power of real aromatherapy, with hand selected pure essential oils of rosewood, melissa, marjoram, geranium, rosemary, lavender and chamomile.

RELÂCHE SPA MUSCLEASE DEEP TISSUE MASSAGE:

“Welcome touch” breathing and inhalation introduces this massage which uses a blend of rosemary and maritime pine to alleviate stress, ease aching muscles and revive the senses. This powerful, customized massage targets individual needs and reduces specific stress and muscle tension.

MUSCLEASE WARMING OCEAN WRAP & MASSAGE

This seaweed wrap and massage treatment helps to loosen tension and relax deep muscles. Combining the richest of sea plants and marine algae

with aroma-therapeutic actives. This warm seaweed body mask uses a blend of essential oils including lavender, clary sage, rosemary and thyme is applied to targeted areas of the body. The treatment is completed with a full-body massage.

MOTHER-TO-BE MASSAGE

Our therapists take careful consideration to relax and ease the tension a mother-to-be might be feeling. This treatment is a complete body massage, using specific prenatal techniques to help relax, increase circulation, alleviate tired muscles and reduce excess water retention.

This service is only performed after the first trimester.

SIDE-BY-SIDE HARMONY MASSAGE

Experience a special treat in our duo therapy treatment room. This perfect spa journey can be shared with that special someone, or a friend, allowing you to make unforgettable memories side-by-side! Choose your massage from the menu and experience it in your own secluded spa haven.

Not all spa services are available in the Couple's Suite. Limited availability.

SOOTHE THE SOLE

Lift your spirits and delight your soles with this stimulating foot treatment. Revive your tired feet from countless hours on the move. This experience is great as an add-on to any massage treatment.

SPECIALTY MESSAGES

REFLEXOLOGY

This treatment is a method focused on the pressure points of the feet and hands. These points can alleviate discomfort as well as pain and are effective in promoting good health. These points are said to be connected directly through the nervous system and can affect the organs in the body. Reflexology relieves by stimulating the nerves in the body and encouraging the flow of blood.

RELÂCHE SPA HOT MINERAL BODY BOOST

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. Completed by a restorative massage, this is a revolutionary, minerally charged experience of skin conditioning, metabolic-balancing and energizing wellness.

FIRE AND ICE STONE MASSAGE

Volcanic and Himalayan Salt Stones switching between cold and hot applications promoting detox and increased healing. The stones are used in combination with Swedish massage techniques designed to release tension, restore balance and increase overall positive energy flow. This massage gently soothes away an accumulation of stress, tension and toxins and, overall, improves your sense of well-being.

TREATMENT ENHANCEMENTS

RELAXING SCALP TREATMENT

..... Pair with Facials & Massages

HYDRATING HAIR MASK

..... Pair with Facials & Massages

POLISHING HAND OR FOOT THERAPY

..... Pair with Body Therapies

ULTIMATE SOOTHING BACK THERAPY

..... Pair with Massages

WARM STONES

..... Pair with Massages

FULL BODY DRY RUB EXFOLIATION

..... Pair with Massages

DEEP EXFOLIATION

..... Pair with Facials

EYE & LIP TREATMENT

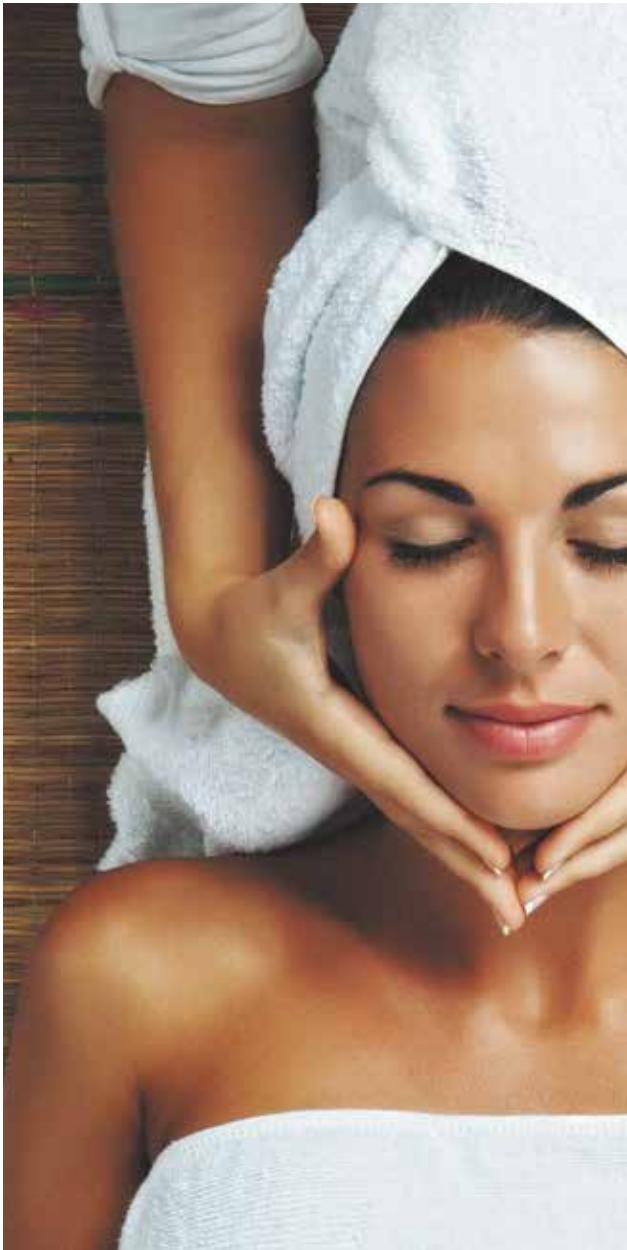
..... Pair with Facials

MICROCURRENT BROW LIFT

..... Pair with Facials

MICROCURRENT FACE LIFT

..... Pair with Facials



SKIN RENEWAL FACIAL THERAPIES

Relâche Spa specializes in facial therapies that target all skincare needs and concerns with an experience of total relaxation. Each facial includes a careful analysis and consultation of your skin, followed by a thorough cleanse, exfoliation, extractions (if needed), and a customized treatment mask and moisturizer. A detailed facial massage exercise, facial muscles to tone and firm all skin types. Your hands, arms and décolleté will be pampered to perfection.

ORGANIC FACIAL

We offer a truly exquisite experience with naturally organic active products that allow you to immediately see and feel dramatic results. Let the aromas treat your senses and the ingredients bring health and beauty to the surface. Revitalize your skin with stimulating fruit acids, spices and herbs.

RELÂCHE SPA PRO-COLLAGEN SIGNATURE

Smoother fine lines and wrinkles with the age-defying benefits of Padina Pavonica, a unique Mediterranean algae clinically proven to increase moisture, firmness and elasticity of the skin. ELEMIS relaxing facial massage stimulates optimum cellular function for nourished, vibrant and younger-looking skin. This anti-aging treatment offers two professional-strength masks rich in hyaluronic acid and the hero ingredients from the ELEMIS Pro-Collagen Age Defy Range.

FARMACEUTICAL ILLUMINATING PEEL

Target the signs of aging, uneven skin, sensitive skin and problem skin in just three steps. This organic peel and peptide system awakens the skin's natural inner beauty using an exquisite blend of arctic berries, lingonberry seed oil and hibiscus seed extract.

ELEMIS SUPERFOOD PRO-RADIANCE

A nutritional boost, rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.

ELEMIS BIOTEC FACIALS

A nutritional boost, rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.

ELEMIS PRO-DEFINITION LIFT AND CONTOUR

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

ELEMIS ANTI-BLEMISH MATTIFY AND CALM

A revelation for oily, congested or hormonal skin, this mattifying facial helps combat oil and shine while an intuitive massage helps restore micro-circulation. A deeply detoxifying treatment encouraging clear, bright skin.

ELEMIS SENSITIVE SKIN SOOTHER

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

ELEMIS MEN'S ENERGIZING FACIAL

The hard-working facial for aging, dehydrated skin and tired eyes. This treatment maximizes cell regeneration, while steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation whilst scalp and foot massage deeply relax..

ELEMIS BIOTEC THERAPIES

ELEMIS BIOTEC LINE ERASER

Target wrinkles and energize the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven* facial treatment that effectively irons out wrinkles and fills out lines.

ELEMIS BIOTEC RADIANCE RENEW

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

ELEMIS BIOTEC SENSITIVE SKIN SOOTHER

This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming anti-oxidants improve the skin's ability to repair itself. The result is calm and soothed skin.

ELEMIS BIOTEC SKIN RESURFACER

This revolutionary clinically proven* facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.

ELEMIS BIOTEC EYE TREATMENT

BIOTEC Technology is refined enough to gently stimulate and tighten the delicate eye area without disturbing fragile skin.

ELEMIS BIOTEC NECK TREATMENT

Micro-current reminds the muscle to firm up while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring.

BODY THERAPIES

Relâche Spa offers body therapies designed to complement your own individual skin care needs.

Allow us to pamper you from head to toe.

ELEMIS BODY NOURISHING WRAP – FRANGIPANI

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

RELÂCHE SPA HOT MINERAL BODY BOOST

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. Completed by a restorative massage, this is a revolutionary, minerally charged experience of skin conditioning, metabolic-balancing and energizing wellness.

ORGANIC DETOX WRAP

Be invigorated with an organic exfoliation and customized scent. Enter deep relaxation while being enveloped and cocooned in a natural Hungarian mud mask, increasing circulation and eliminating toxins. Your experience will conclude with an application of apricot body oil, rich in antioxidants, leaving your skin luxuriously soft and velvety smooth.

TROPICAL ISLAND GLOW

Relax and enjoy as warm milk from the coconut is gently applied to the skin, followed by a full-body exfoliation with pure coconut-infused sugar cane scrub, ridding the body of any dry skin. Warm coconut oil is then applied revealing the most hydrated, replenished skin.

SPA PACKAGES

CREATE YOUR OWN PACKAGE

Receive a 15% discount by creating your own package of three or more 50 - 80-minute services on the same day. (Same guest.)

SEASONAL PACKAGES

Throughout the year we offer exciting seasonal packages. Please call or stop by the Spa to learn more.

All Spa packages include the use of our steam room, sauna, locker rooms and a variety of amenities, including access to our coed Tea/Relaxation Lounge. We provide robes, sandals, complimentary beverages and fruit in the lounge during your experience.

Lunch at the Spa is available for an additional charge.

HAIR REMOVAL

- Back Wax
- Chest Wax
- Chin Wax
- Forearm Wax
- Full Arm Wax
- Full Leg Wax
- Half Leg Wax
- Lip Wax
- Brow Wax
- Underarm Wax
- Bikini Wax

HYDRAFACIAL

The HydraFacial resurfacing procedure thoroughly cares for your skin, providing cleansing, exfoliation, extractions and hydration, including Vortex-Fusion® of antioxidants, peptides and hyaluronic acid. The HydraFacial is a non-invasive, non-surgical procedure that delivers instant results. These treatments are soothing, refreshing, non-irritating and immediately effective.

BOOSTER FACIAL

Twenty minutes of deep cleansing and exfoliation, followed by painless extractions ending with a burst of hydration.

SIGNATURE HYDRAFACIAL

Our 50-minute Signature rejuvenating skin resurfacing treatment immediately reduces the look of lines, wrinkles, hyperpigmentation, congested pores and uneven skin tone on the face. A complete facial that includes detoxification, purification and hydration infusion.

DELUXE HYDRAFACIAL

This Deluxe 80-minute invigorating treatment includes all the luxurious essentials of the HydraFacial for your face, neck and décolleté. It begins with Lymphatic Drainage Therapy to initiate the detoxification process. Then the HydraFacial deeply cleanses, exfoliates, extracts and hydrates the skin. This treatment also includes a masking to the skin and massages to the face, neck, décolleté, arms and legs to help restore relaxation. Skin is refreshed and rejuvenated.

SIGNATURE HAND & FOOT THERAPIES

ULTIMATE INDULGENCE PEDICURE

This heavenly ELEMIS foot treatment, is like no other. A true recipe to soothe your soles beginning with our exclusive welcome touch relaxation techniques. Beyond the traditional pedicure steps like nail shaping, polish, cuticle care and dry skin removal, this deluxe tension reliever will banish all signs of stress from your feet and lower legs. From being bathed in our nourishing milk bath, smoothed with an exotic scrub and massaged with warm drizzled oils, your hard-working, aching legs and feet will receive divine care and attention. This supreme foot treatment is like no other. Ready to walk a hundred miles? You will be after you've experienced the Ultimate Indulgence Pedicure!

ULTIMATE INDULGENCE MANICURE

This sumptuous "facial for the hands" will go way beyond your expectations. Your journey begins with our unwinding welcome touch techniques to calm your psyche and soothe your senses. This is followed by our luxurious botanical oil and exotic frangipani scrub that leaves hands feeling softer than velvet. Beyond taking care of your nail shaping, cuticles and polish, we'll transport you with our deeply relaxing and therapeutic hand and arm massage that relieves modern aches and pain like texter's thumb and mouse hand. Our aromatic rose balm will transport you to a garden of roses and our trio of beautiful rose oils will nourish, hydrate and repair. Say hello to your Instagram-worthy new hands and nails!





SALON SERVICES

HAND & FOOT THERAPIES

- Classique Manicure
- Classique Pedicure
- On-the-Go Manicure
- On-the-Go Pedicure
- Men's Sports Pedicure
- Elemis Deluxe Manicure
- Elemis Deluxe Pedicure

NAIL ENHANCEMENTS

- Paraffin Infusion Treatment (*Hands or Feet*)
- French Polish (*Hands or Feet*)
- Shellac Polish (*Hands or Feet*)
- Shellac Removal

MAKE-UP SERVICES

- Special Occasion Make-Up
- Eyelash Enhancement (*Lash Strip*)
- Eyelash Enhancement (*Individual Lashes*)

HAIRSTYLING

- Gentlemen's Designer Hair Cut
- Women's Designer Hair Cut & Style
- Women's Shampoo & Style
- Special Occasion Style
- Designer Highlights
- Single Process Hair Color

CONDITIONING TREATMENTS

Add a customized conditioning treatment to any hair service to increase strength and shine.

GENERAL INFORMATION

SERVICE CHARGE

For your convenience, a 20% service charge will be added. This service charge is dispersed to the spa staff that served you during your visit. Additional gratuities may be offered at your discretion.

IS THERE A MINIMUM AGE?

Guests under the age of 18 are not permitted to use Spa facilities. Guests under the age of 16 are not permitted to use fitness facilities. Identification may be required.

WHAT IS THE CANCELLATION POLICY?

In consideration of others, please cancel 6 hours in advance to avoid fees. Appointments canceled less than 6 hours in advance will be charged the full price. If appointments are rescheduled or changed less than 6 hours in advance, a \$35 move fee will be charged.

WHAT IF I HAVE SPECIAL NEEDS?

Please inform our Spa reservations team of any physical or medical considerations prior to booking your appointment, including pregnancy.

SHOULD I MAKE A RESERVATION?

Reservations are recommended and are subject to availability. Requests for a male or female therapist can be made but are not guaranteed.

WHEN SHOULD I ARRIVE?

Please arrive 30 minutes prior to your treatment to allow time to enjoy our facilities and prepare for your treatment.

WHAT IF I AM LATE FOR MY APPOINTMENT?

Arriving late will shorten the time of your treatment and the full cost of your treatment will still be applied.

DAY PASS GUESTS

Enjoy full access to our Spa facilities.

\$25 for Overnight Hotel Guests

\$39 for Preferred Guests

\$59 for Local Guests

BOOK YOUR SPA EXPERIENCE TODAY AT

RELACHESPA.COM