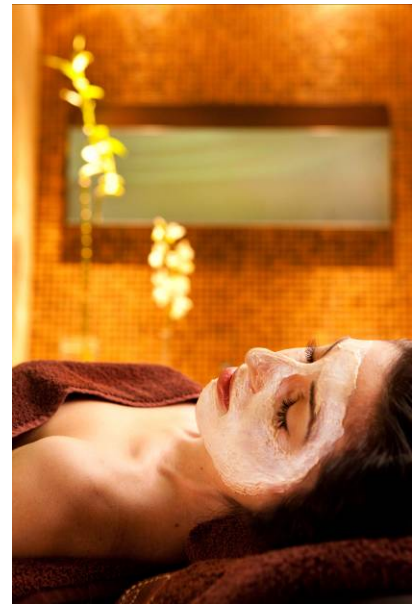


World Class Health Academy – within JW Marriott Bucharest Grand Hotel

- Cardiovascular equipment
- Free weights
- Indoor pool
- Jacuzzi
- Sauna
- 5 squash courts
- Personal trainers available
- Daily aerobic classes
- Body scrub
- Body wrap
- Facial treatments
- Massages
- Paraffin hand treatments
- Steam room



Location:
The World Class Health Academy
Calea 13 Septembrie, 90
Bucharest

Contact:
Email: raluca.anton@worldclass.ro
Tel: +4 021 403 0900
Website: www.worldclass.ro

LadyFit

- Pilates
- TaeBo
- Step Aerobic
- Pump Up!
- Dance
- Wellness massages

To get to the LadyFit Fitness Centre from the JW Marriott, take Calea 13 Septembrie to reach Blvd. Unirii. At Piata Unirii, take left on Blvd. Ion C. Bratianu then directly right on Blvd. Corneliu Coposu. Then after 200m on your left you arrive at Str. Baratiei.

Location:
Str. Baratiei, 35, Parter
Bucharest

Contact:
Email: cori@ladyfit.ro
Tel: +4 021 311 1095 or +4 072 643 8348
Website: www.ladyfit.ro

Alexandreea CLUB Fitness & SPA

- Pure Strength equipment
- Cardio equipment
- Aero Salsa
- Fitball
- Kick Box
- Capoeira
- Pilates
- Step Aerobic
- Tae Bo
- Zumba Dance
- Yoga Lates
- Aqua Gym
- Spinning

To reach the Alexandreea CLUB Fitness & SPA, take the Calea 13 Septembrie to get on the Blvd. Unirii until the Piata Alba Iulia. Take the Blvd. Decebal for 1.2Km until Piata Muncii and continue on the Blvd. Basarabia.

Location:
Blvd. Basarabia, 37-39
Bucharest

Contact:
Email: contact@fitnessandspa.ro
Tel: +4 031 432 8967 or +4 072 713 1383
Website: www.fitnessandspa.ro

Unique Health & Fitness

- Strength equipment
- Cardio equipment
- Fitness for group
- Personal training available
- Aerobic
- Spinning
- Massages
- Reflexology
- Hammam/Turkish bath
- Sauna
- "Kindermusik"
- Kangoo jumps

To arrive at the Unique Health & Fitness starting from the hotel JW Marriott: first, reach Piata Victoriei taking Calea 13 Septembrie, Sos. Panduri and then Str. Stirbei Voda and Str. Buzesti. From the Piata Victoriei, take the Str. Paris for 250m and turn right to get on Str. Washington.

Location:
Str. Washington, 40-42
Bucharest

Contact:
Email: office@unique-fitness.ro
Tel: +4 021 313 1379 or +4 072 327 9211
Website: www.unique-fitness.ro