



© 2009, Marriott International. All Rights Reserved.

Des Moines West

fresh



Welcome to a Refreshing Approach to Events

Whether you're organizing a business meeting or planning a special occasion for friends and family, no hotel makes it easier or more convenient to get things done on your terms than the Courtyard by Marriott. With flexible meeting spaces, fresh and innovating catering, and state-of-the-art audio-visual services, you can count on having all of the choices and options to make the most of your event. You can also count on our dedicated staff of hospitality professionals to take care of the details from start to finish.

We have enclosed sample menus, pricing and space plans to help you get started. If you are looking for something special, please do not hesitate to ask. Our team will do everything to help you design an event that exceeds your attendees' expectations.

Looking forward to serving you soon,

The Courtyard Events Team

Des Moines West

fresh





breakfast

Country Breakfast | \$12.00
15 person minimum
Assorted Fresh Fruit Tray
Farm Fresh Scrambled Eggs
Country Sausage or Bacon
Cheesy Hash Browns
Assorted Pastries & Butter
Assorted Juices
Coffee & Tea

Continental Breakfast | \$8.00
Assorted Fresh Fruit Tray
Assorted Pastries & Butter
Assorted Juices
Coffee & Tea

Dozen Assorted Pastries | \$24.00
Assorted Muffins, Cinnamon Rolls, Bagels and
Croissants

Chilled Yogurt & Granola Parfaits | \$2.50

Granola & Nutri-Grain Bars | \$2.25

Assorted Chilled Yogurts | \$1.25



Des Moines West

fresh





lunch

Bistro | \$15.95

Maximum 20 people

- * Natural roast turkey on toasted sourdough, havarti, tomato, bacon and mayo
 - * Dolphin safe tuna salad on toasted sourdough
 - * Toasted three cheese sandwich with bacon and tomato
 - * Chicken caesar salad wrap
 - * Tart apple salad with romaine lettuce and champagne vinaigrette
 - * Half turkey sandwich and a cup of broccoli soup
 - * Tomato and mozzarella pizza
 - * BBQ Chicken pizza
- All sandwiches served with coleslaw
Side Items: Chips or fresh fruit cup
Chef's choice dessert

Plated Lasagna | \$16.95

Caesar salad

Chef's vegetables and bread service

Lasagna

Chef's choice dessert

Coffee & Tea

Toasted Cheddar French Dip | \$11.95

Roastbeef, sharp cheddar, dipping au jus

Coleslaw

Choice of chips or whole fruit

Chef's choice dessert

Coffee or Tea



Des Moines West

fresh

COURTYARD[®]
Marriott



lunch

Deli Buffet | \$13.95
Minimum 10 people
Assorted Sliced Turkey,
Ham & Roast Beef
Assorted Sliced Cheeses
Assorted Breads
Condiments
Chef Selection of Salad
Potato Chips
Dessert Platter
Coffee and Tea

South of the Border Buffet | \$14.95
Minimum 20 people
Salad (choice of 2 dressings)
Tacos (beef or chicken)
Tamale Bake or Fajitas (beef or chicken)
Southwestern Rice
Refried Beans
Dessert Platter
Coffee and Tea

Viva Italia Buffet | \$14.95
Minimum 20 People
Caesar Salad
Lasagna & Fettuccini Alfredo
Chef's Selection of Vegetables
Garlic Bread
Dessert Platter
Coffee and Tea

Add a Cup of Soup | \$2.00



Des Moines West

fresh



dinner

Viva Italia Buffet | \$15.95

Minimum 20 people

Caesar Salad

Lasagna & Fettuccini Alfredo

Chef's Selection of Vegetables

Garlic Bread

Dessert Platter

Coffee and Tea

South of the Border Buffet | \$15.95

Minimum 20 people

Salad (choice of 2 dressings)

Tacos (beef or chicken)

Tamale Bake or Fajitas (beef or chicken)

Southwestern Rice

Refried Beans

Dessert Platter

Coffee and Tea

Deli Buffet | \$13.95

Minimum 10 people

Assorted Sliced Turkey,

Ham & Roast Beef

Assorted Sliced Cheeses

Assorted Breads

Condiments

Chef Selection of Salad

Potato Chips

Dessert Platter

Coffee and Tea

Add a Cup of Soup | \$2.00



© 2009. Marriott International. All Rights Reserved.

Des Moines West

fresh





dinner

Plated Lasagna | \$18.95
 Caesar salad and soup
 Chef's vegetables and bread service
 Lasagna
 Chef's choice dessert
 Coffee & Tea

Bistro | \$15.95
 Maximum 20 people
 *Natural Roast turkey on toasted sourdough,
 havarti, tomato, bacon and mayo
 *Dolphin safe tuna salad on toasted sourdough
 *Toasted three cheese sandwich with bacon
 and tomato
 *Chicken caesar salad wrap
 *Tart apple salad with romaine lettuce and
 champagne vinaigrette
 *Half turkey sandwich and a cup of broccoli
 soup
 *Tomato and mozzarella pizza
 *BBQ Chicken pizza
 All sandwiches served with coleslaw
 Side Items: Chips or fresh fruit cup
 Chef's choice dessert
 Coffee & Tea

Toasted Cheddar French Dip | \$13.95
 Roastbeef, sharp cheddar, dipping au jus
 Coleslaw and soup
 Choice of chips or whole fruit
 Chef's choice dessert
 Coffee & Tea



Des Moines West

fresh





breaks

Tortilla Chips & Salsa | \$15.00 per Bowl
(Serves 10)

Assorted Cookies | \$26.00 per Dozen

Brownies & Dessert Bars | \$26.00 per Doz.

Party Mix | \$15.00 per Bowl
(Serves 15)

Mini Pretzels | \$15 per Bowl

Make Your Own Sundae Bar | \$7.00 per Person

Assorted Candy Bars | \$1.75 each

Assorted Sodas | \$2.50 each

Bottled Water | \$2.50 each

Lemonade or Fruit Punch | \$30.00 per Gal.

Regular or Decaf Coffee | \$25.00 per Gal.



Des Moines West

fresh

COURTYARD[®]
Marriott

considerations

Booking parties will have to provide a 72 hour advance notice on final numbers for meals and breaks.

All meeting room, food and beverage, and related services are subject to applicable taxes (currently 6%) and service charge (currently 20%) in effect on the date(s) of your event.