

CLASSICS

All Classics include coffee and juice

Good Start Breakfast 10

Oatmeal, cold cereal or housemade almond granola with fresh berries or bananas, skim milk and your choice of toast, bagel or muffin

All American Breakfast* 12

Two eggs any style with crisp hash browns, choice of meat and choice of toast, bagel or muffin

3-EGG OMELETS

Mushroom and Fontina Cheese Omelet 10

Wild mushrooms and fontina cheese, with hash browns and toast, bagel or muffin

Heartland Omelet 10

Bacon, ham, sausage, peppers, mushrooms, tomatoes and cheddar cheese with hash browns and toast, bagel or muffin

SPECIALTIES

Traditional Eggs Benedict* 12

Served with hash browns

Oatmeal Crème Brulee 8

Fresh oatmeal topped with crème brulee, served with bananas

Broken-Yolk Fried Egg Sandwich* 9

Sourdough, cheddar, bacon, griddled tomato and hash browns

Veggie Frittata 11

Roasted vegetable and egg white frittata served with sautéed mushrooms, spinach and sliced tomatoes

Buttermilk Pancakes 8

Choice of fresh strawberries, blueberries or bananas and walnuts

Stuffed French Toast 9

Texas toast stuffed with cream cheese, topped with fresh strawberry sauce and powdered sugar

Biscuits and Gravy 8

Griddled biscuits served with sausage gravy

Belgian Waffle 9

Served with fresh strawberries and whipped cream

Fast Fare 9

Scrambled eggs with diced ham, served with hash browns, toast, bagel or muffin



Steak and Eggs* (carb conscious) 17

5 oz. flat iron steak with two eggs, any style, with wild mushroom, bacon hash and griddled tomatoes

Crunchy Grilled French Toast (low cholesterol) 9

Whole wheat bread dipped in low cholesterol eggs and crushed corn flakes. Served with fresh strawberries and bananas

Fresh Fruit Plate with Honey Yogurt (low fat) 8

A full plate of seasonal melons and berries served with honey yogurt

These items have been selected to meet the diverse dietary needs of our guests. Your server will be happy to answer any questions you may have.

ETC.

Orange, Tomato, V-8, Pineapple,
Grapefruit, Apple or Cranberry Juice 2.50

Milk, Chocolate Milk or
Hot Chocolate 2

Coffee, Decaffeinated Coffee or Tea 1.75

Sparkling or Spring Water 2

Housemade Almond Granola 5

Toast, Bagel or Muffin 2

Fresh Fruit Skewers with Yogurt 3.50

Bacon, Sausage or Ham 2.50

Oatmeal, Brown Sugar and Raisins 4

*Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry, or shellfish reduces the risk of food borne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked. Consult your physician or public health official for further information.
Your server will be happy to answer any questions you may have.
An automatic 18% gratuity will be charged on parties of 6 or more.

Des Moines Marriott Downtown
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