



Classics

Good Start Breakfast

oatmeal, cold cereal, or housemade granola with fresh berries or bananas, skim milk and your choice of toast, bagel, or muffin. includes juice and coffee 15

All American Breakfast

two eggs any style with crisp hash browns. choose bacon, ham steak, sausage, or canadian bacon and toast, bagel or muffin. includes juice and coffee 18

Good Start Buffet

oatmeal, cold cereal, or housemade almond granola with fresh berries or bananas, skim milk and your choice of breakfast breads. Includes juice and coffee 19

All American Buffet

The Good Start buffet PLUS eggs cooked to order and a variety of breakfast meats. Includes juice and coffee 23

3-Egg Omelets

Asparagus, Goat Cheese and Basil
served with hash browns and toast 16

Mashed Potato, Bacon, Swiss and Cheddar
served with hash browns and toast 16

Fit For You

Steak and Egg (carb-conscious)
wild mushroom bacon hash 21

Crunchy Grilled French Toast (low cholesterol)

whole wheat bread dipped in cholesterol free eggs and crushed corn flakes. Served with fresh fruit and reduced calorie syrup 16

Egg White & Vegetable Frittata (low fat)

spinach, mushrooms, tomato basil relish 18

Fit For You items have been selected to meet the diverse dietary needs of our guests. Your server will be happy to answer any questions.

Signatures

Florida Benedict

fresh lump crab cakes, wilted spinach, asparagus, Indian River orange hollandaise 21

Corned Beef Hash with Poached Eggs

Topped with a pommerey mustard hollandaise 18

Specialties

Traditional Eggs Benedict

Canadian bacon and hollandaise 19

Almond Challah French Toast

with fresh strawberries, blueberries and mango 17

Fast Fare

quickly scrambled eggs, diced ham and hash browns 16

Whole Wheat and Blueberry Pancakes

with honey walnuts 17

Bagel Sandwich

Scrambled eggs, cheddar, ham and hash browns 16

Fresh Fruit Platter

best of the season served with yogurt 16

Smoked Salmon

toasted bagel and cream cheese 18

Belgian Waffle

with fresh fruit and powdered sugar 16

Etc.

Fresh Squeezed Orange or Grapefruit Juice 4

Grapefruit, Tomato and Vegetable Juices 4

Fresh Brewed Coffee, Decaffeinated Coffee 4

Selection of Teas 4

Milk, Chocolate Milk, Hot Chocolate 4

Still or Sparkling Water 5

Bowl of Fresh Cut Fruit 6

Oatmeal, Fresh Fruit and Soft Brown Sugar 8

Selection of Cold Cereals 6

Toasted Bagel with Cream Cheese 5

Side of Bacon or Sausage 5

Berry Smoothie 9

Blueberry Yogurt Granola Parfait 9

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