



© 2009, Marriott International. All Rights Reserved.

Fort Lauderdale Weston

fresh



Welcome to a Refreshing Approach to Events

Whether you're organizing a business meeting or planning a special occasion for friends and family, no hotel makes it easier or more convenient to get things done on your terms than the Courtyard by Marriott. With flexible meeting spaces, fresh and innovating catering, and state-of-the-art audio-visual services, you can count on having all of the choices and options to make the most of your event. You can also count on our dedicated staff of hospitality professionals to take care of the details from start to finish.

We have enclosed sample menus, pricing and space plans to help you get started. If you are looking for something special, please do not hesitate to ask. Our team will do everything to help you design an event that exceeds your attendees' expectations.

Looking forward to serving you soon,

The Courtyard Events Team

Fort Lauderdale Weston

fresh





## breakfast

breakfast table | \$11.95  
served in the Courtyard Cafe

freshly baked muffins  
croissants  
bagels  
pastries  
butter, margarine and cream cheese  
jams and jellies

seasonal fresh fruit  
fruit yogurt

hot and cold cereals  
oatmeal served with brown sugar, raisins and  
milk

vanilla Belgian waffles  
warm syrup

scrambled eggs  
crisp bacon and sausage links  
home fried potatoes

omelets made-to-order

assorted fresh fruit juices  
coffee and tea service





## breakfast

deluxe continental breakfast | \$11.95  
freshly baked muffins  
croissants  
bagels  
pastries  
butter, margarine and cream cheese  
jams and jellies

seasonal fresh fruit

assorted fruit juices  
coffee and tea service

continental breakfast | \$10.95  
freshly baked muffins  
croissants  
bagels  
pastries  
butter, margarine and cream cheese  
jams and jellies

assorted fresh fruit juices  
coffee and tea service



© 2009. Marriott International. All Rights Reserved.

Fort Lauderdale Weston

fresh





## breaks

cookies and fruit | \$8.95 per person  
freshly baked cookies  
sliced seasonal fresh fruit  
assorted soft drinks  
coffee and tea service

sliced seasonal fresh fruit | \$7.50 per person  
assorted soft drinks  
coffee and tea service

freshly baked cookies | \$6.95 per person  
assorted soft drinks  
coffee and tea service

freshly baked cookies | \$4.95 per person  
coffee and tea service

seasonal fresh fruit juices | \$4.95 per person  
coffee and tea service



Fort Lauderdale Weston

fresh





## breaks

assorted soft drinks | \$4.25 per person  
coffee and tea service

Starbuck's® flavored Frappuccino | \$3.95 per  
consumption per bottle

assorted flavored low-fat yogurt and granola |  
\$3.95 per person

assorted ice cream treats | \$3.50 per person  
Nestle Crunch  
Butterfinger  
chocolate chip cookie sandwich

coffee and tea service | \$2.50 per person

assorted candy bars | \$1.95 per person



Fort Lauderdale Weston

fresh





## lunch

full deli table | \$14.95 per person  
choice of one salad:

garden salad  
fresh mixed greens  
mushrooms, sweet onions and tomatoes  
homemade Italian vinaigrette dressing

Caesar salad  
fresh crisp romaine lettuce  
romano cheese  
croutons  
Caesar dressing

potato salad  
cole slaw  
potato chips

country ham  
roasted turkey breast  
roast beef  
genoa salami

assorted sliced cheeses  
condiments  
freshly baked bread

choice of one dessert: cheesecake, German  
chocolate cake or carrot cake

iced tea and assorted soft drinks  
coffee and tea service



Fort Lauderdale Weston

fresh





## lunch

full wrap table | \$16.95 per person  
choice of one salad:

garden salad  
fresh mixed greens  
mushrooms, sweet onions and tomatoes  
homemade Italian vinaigrette dressing

Caesar salad  
fresh crisp romaine lettuce  
romano cheese  
croutons  
Caesar dressing

potato salad  
cole slaw  
potato chips

Mexican chicken wrap  
chicken Caesar wrap  
Italian combo wrap  
ham and cheese wrap  
turkey swiss wrap

condiments

choice of one dessert: cheesecake, German  
chocolate cake or carrot cake

iced tea  
assorted soft drinks  
coffee and tea service





## **lunch**

select deli table | \$11.95 per person  
potato chips

country ham  
roasted turkey breast  
roast beef  
genoa salami

assorted sliced cheeses

condiments

fresh baked bread

assorted soft drinks  
coffee and tea service

select wrap table | \$13.95 per person  
potato chips

Mexican chicken wrap  
chicken Caesar wrap  
Italian combo wrap  
ham and cheese wrap  
turkey swiss wrap

condiments

assorted soft drinks  
coffee and tea service



Fort Lauderdale Weston

fresh





## lunch

luncheon table | \$18.95 per person - choice of one entree selection - minimum 15 ppl. per item  
 - \$21.95 per person for two entree selections

### choice of one salad:

#### Caesar salad

fresh crisp romaine lettuce  
 romano cheese  
 croutons and Caesar dressing

#### garden salad

fresh mixed greens  
 mushrooms, sweet onions and tomatoes  
 homemade Italian vinaigrette dressing

freshly baked bread

**choice of one:** mashed potatoes, yellow rice or pasta with tomato sauce

**choice of one:** California blend or Italian blend vegetables

**choice of one:** cheesecake, German chocolate cake or carrot cake

iced tea and assorted soft drinks  
 coffee and tea service

**choice of one or two entrees  
 on following pages**





## **lunch**

luncheon table entree selections

### **chicken cacciatore**

grilled chicken breast  
sauteed red and green peppers, onions and  
mushrooms  
marinara sauce

### **chicken alfredo primavera**

grilled chicken  
sauteed vegetables, red peppers and onions  
creamy alfredo sauce

### **chicken marsala**

grilled chicken breast  
imported marsala wine sauce

### **chicken parmesan**

tomato sauce  
mozzarella cheese

### **grilled chicken gorgonzola**

grilled chicken breast  
creamy gorgonzola sauce

### **lasagna di pollo**

chicken lasagna  
(minimum of 20 people)

### **vegetable lasagna**

assorted fresh vegetables  
mozzarella cheese in cream sauce  
(minimum of 20 people)



Fort Lauderdale Weston

fresh

  
COURTYARD<sup>®</sup>  
Marriott



## **lunch**

luncheon table entree selections

### **fettuccini peazzelli**

pancetta  
Italian bacon  
peas  
creamy alfredo sauce

### **rigatoni alla vodka**

sauteed diced ham  
flambe vodka  
light spicy marinara sauce

### **grilled salmon florentine**

baby spinach  
cream sauce

### **salmon teriyaki**

oven baked salmon  
teriyaki glaze sauce

### **pepper steak**

sirloin strips  
sauteed onions, green and red peppers  
rich oriental sauce

### **beef medallions in plum sauce**

braised beef medallions  
vermouth plum sauce



Fort Lauderdale Weston

fresh

  
COURTYARD<sup>®</sup>  
Marriott



## lunch

luncheon table entree selections

### **beef and chicken fajitas**

sauteed strips of beef and chicken

grilled onions, red and green peppers

tortillas

guacamole, sour cream and salsa

refried beans

Mexican yellow rice

(minimum of 20 people)

(cannot be combined with any other entree selection)



Fort Lauderdale Weston

fresh





## dinner

dinner selection | \$37.95 per person - minimum of 35 people

### **Caesar salad**

fresh crisp romaine lettuce  
romano cheese and croutons  
Caesar dressing

### **garden salad**

fresh mixed greens  
mushrooms, sweet onions and tomatoes  
homemade Italian vinaigrette dressing

**choice of one:** mashed potatoes, yellow rice or pasta with tomato sauce

**choice of one:** California blend or Italian blend vegetables

**choice of one:** cheesecake, German chocolate cake or carrot cake

iced tea and assorted soft drinks  
coffee and tea service

### **choice of two entrees:**

#### **chicken gorgonzola**

grilled chicken breast  
gorgonzola sauce

#### **chicken marsala**

grilled chicken breast  
imported marsala wine sauce



Fort Lauderdale Weston

fresh





## dinner

dinner entree selections

### **chicken caccitore**

grilled chicken breast  
sauteed red and green peppers, onions and  
mushrooms  
marinara sauce

### **chicken alfredo primavera**

grilled chicken  
sauteed fresh vegetables, red peppers and  
onions  
creamy alfredo sauce

### **oriental teriyaki chicken**

grilled chicken strips  
onions, red and green peppers  
teriyaki sauce

### **chicken san remo**

sauteed chicken breast  
spinach  
melted provolone cheese

### **grilled chicken barbeque**

chicken breast

### **lasagna di pollo**

chicken lasagna

### **vegetable lasagna**

white sauce



Fort Lauderdale Weston

fresh



## dinner

dinner entree selections  
**grilled salmon genovese**  
tomato and pesto cream sauce

**salmon teriyaki**  
oven baked salmon with a teriyaki glaze sauce

**snapper or grouper Italiano**  
plum tomatoes, onions, garlic and white wine  
(based on market availability)

**salmon florentine**  
sauteed salmon filet with spinach  
light wine and cream sauce  
pecorino cheese

**beef medallions in plum sauce**  
braised beef medallions  
vermouth plum sauce

**beef and chicken fajitas**  
sauteed strips of beef and chicken  
grilled onions, red and green peppers  
tortillas  
guacamole, sour cream and salsa  
refried beans and Mexican yellow rice  
(minimum of 20 people)  
(cannot be combined with any other entree  
selection)

**braised brisket**  
au jus and fresh vegetables



## considerations

### General Information and Policies

Food and beverage must be purchased and served by the hotel. Printed menus are for general reference and our event staff would be happy to customize menus to meet your specific needs. Menu pricing is subject to change. The luncheon table selection is only available between 12pm-2pm.

### Guarantees

In order to make your meeting a success, please confirm your guaranteed number of guests 3 business days (72 hours) prior to your event. The expected number will act as the final guarantee if the guarantee number is not received.

### Service Charge and Tax

All food and beverage prices are subject to a 20% service charge and 6% state sales tax.

### Shipping

If shipping materials to the hotel, please include the company / group name and date of meeting on the outside of the package. The hotel cannot assume responsibility for the damage or loss of merchandise sent for storage.

Fort Lauderdale Weston

fresh

