

tuscan breakfast

classics

Good Start Breakfast 12.

oatmeal, cold cereal or house made almond granola with fresh berries or bananas, skim milk and your choice of toast, bagel or muffin. includes juice and coffee.

All American Breakfast 14.

two eggs your way with crisp hash browns. choose bacon, ham, sausage or canadian bacon and toast, bagel or muffin. Includes juice and coffee.

Good Start Buffet 15.

oatmeal, cold cereal or house made almond granola with fresh berries or bananas, skim milk and your choice of breakfast breads. includes juice and coffee

All American Buffet 17.

the good start buffet PLUS eggs cooked to order and a selection of breakfast meats. includes juice and coffee

Create Your Own Omelet 13.

fit for you [food to fit your lifestyle]

Sausage and Cheddar Frittata [carb conscious] 11.

Seasonal Fruit Plate [low fat] 7.

signature

Chicken Fried Steak and Eggs 14.

chicken fried steak served with eggs any style and potatoes

specialties

Broken Yolk Sandwich 10.

two fried eggs, bacon, tomatoes and cheddar cheese on toasted italian bread, served with hash browns and seasonal fruit

Eggs Benedict 12.

served with hash browns and seasonal fruit

Pancakes 11.

with fresh seasonal berries

Belgian Waffle 11.

with fresh seasonal berries and whipped cream

French Toast 11.

texas style served with fresh berries

Fast Fare 10.

scrambled eggs with ham, served with hash browns and toast

etc.

Fruit Juices 4.

orange, apple, cranberry, pineapple, grapefruit

V8 or Tomato Juice 4.

Smoothie of the Day 4.

Coffee or Tea 3.

House Made Almond Granola 4.

Assorted Yogurt 3.

Fresh Grapefruit Half 4.

Assorted Cereals 3.

Traditional Oatmeal 4.

Fruit Cup 5.

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18% automatic gratuity will be charged to all parties of 8 and more