



Hampstead Heath

DIARY

May 2006 to April 2007








CITY OF
LONDON

Supported by Capital Gardens



THIS DIARY RUNS FROM MAY 2006 TO EASTER 2007

Contents

| | | |
|-------------------------------------------------------------------------------------|--------------------------------|------|
|  | Travelling to the Heath | 3 |
|  | Hampstead Heath | 4 |
|  | Using the Heath | 6, 7 |
|  | Heath Life Education | 8 |
|  | Disabled Access | 10 |
|  | Heath Hands | 11 |
|  | From the Chairman | 12 |
|  | Guide to Events | 14 |
|  | May Events | 15 |
|  | June Events | 16 |
|  | July Events | 19 |
|  | August Events | 23 |
|  | September Events | 30 |
|  | October Events | 31 |
|  | November Events | 33 |
|  | December Events | 34 |
|  | January Events | 35 |
|  | February Events | 35 |
|  | March Events | 36 |
|  | For Children | 37 |
|  | Golders Hill Park | 40 |
|  | Pergola and the Hill Garden | 41 |
|  | Sports | 42 |
|  | Leisure Activities | 40 |
|  | Swimming | 47 |
|  | Kenwood House | 52 |
|  | Safety on the Heath | 54 |
|  | Looking after the Heath | 56 |
|  | Our Heath Partners | 58 |
|  | The City of London Open Spaces | 60 |
|  | Recycle and Support | 62 |
|  | Contact Us | 63 |

Travelling to the Heath

Green Travel

By Bus:

210, 268 to Golders Hill

C11, 24, 168 to Gospel Oak

214, C2 to Parliament Hill

210 to Kenwood

By Northern Line Tube:

Parliament Hill: Kentish Town

Golders Hill: Golders Green

White Stone Pond: Hampstead

By Train: Silverlink to Gospel Oak or Hampstead Heath

By Car

There is limited parking on the Heath and all car parks are pay and display:

Parliament Hill Lido Car Park, Gordon House Road

East Heath Car Park, East Heath Road

Jack Straw's Castle Car Park, North End Way

7.00am – 8.30pm

Charges:

£1.00 0 - 2 hours

£2.00 2 - 4 hours

£3.00 per additional hour

Introduction

Hampstead Heath

Something for everyone

Hampstead Heath is a unique and important open space. Every year it is visited by millions of people and has been a haven for people and wildlife for centuries. This publicly owned green space covers 320 hectares and has something for everyone, from an athletics track, animal enclosures and natural swimming ponds.

A place to escape...

Many people use the Heath as a refuge to escape from the hustle and bustle of the city. Some come to take in the spectacular views from Parliament Hill, or to admire the floral displays at Golders Hill, or step back in time by visiting the Pergola.



A place for wildlife

The Heath is also home to hundreds of species of plants and animals, some of them extremely rare. Woodland, grassland, ponds as well as pockets of heath land are the main habitats you can explore. This delicate balance between wildlife and people doesn't come easily. Conservation, ranger and volunteer teams work tirelessly to manage this variety of life to ensure its protection and the long term sustainability of the Heath.



A protected space

During the 19th and 20th centuries, campaigners successfully fought to stop landowners building on the Heath, leaving us with an open space that is protected for Londoners forever and is available for everyone to enjoy.

Using the Heath

The way we use the Heath today is just as important as the hard fought battles that took place centuries ago to protect the Heath. It can be extremely challenging to maintain the delicate balance between wildlife and millions of visitors.

We want your visit to the Heath to be memorable and fun, no matter what activity you may be involved in. We also ask you act responsibly to ensure the enjoyment of others and to help protect our wildlife.

For a great day out please....



Leave only footprints

Because of the impact we make on the Heath's habitats it is important that we all act responsibly to ensure that this is as minimal as possible.

Remember these things:

1. Take all of your litter with you, (including cigarettes), put it in one of our bins or take it home and recycle it.
2. Scoop your poop! Pick up all of your dog's mess. It's your dog and your responsibility. Dog poo is one of the worse pollutants on the Heath, damaging our ponds and grasslands.
3. No barbecues or fires.
4. If feeding birds, please don't tip unused bread into the pond. Why not feed them grain instead; they love it and it's better for our ponds.
5. **Relax, have fun and enjoy!**



Heath Life Education

The Heath Life Education Centre is situated in the Parliament Hill Lido building.

Each year thousands of school children participate in curriculum based environmental education sessions where they can learn about the wild and wonderful nature of Hampstead Heath.

The friendly education team delivers a wide range of events, activities and workshops for individuals, families and community groups. Please look at our events diary for information about this year's upcoming workshops and events. Or contact our team to enquire about booking a session for your group.

Contact information



Hampstead Heath
Education
Centre

For information about upcoming workshops, walks, activities or if you have any questions about the Heath, please ring
020 7482 7073

Heath Beasts Wildlife Watch Club

Come and join the Wildlife Watch club. There are two clubs, one for children age 8 and over and a Family Watch for all ages.

The club meets monthly on a Sunday. Dates are in the events diary.



Web diary

You can also get up to date information about all our education events from our website:
www.cityoflondon/hampstead

Access for disabled people

There is now disabled access to our Lido and athletics track. Surfaced footpaths on the Heath are the most accessible for people with mobility disabilities. See our map for these paths.

Toilets

Parliament Hill Staff Yard
Athletics Track
Golders Hill Park Cafe
Golders Hill Park Zoo
Vale of Health
Heath Extension

Disabled parking

At all car parks. Display a valid [blue European Badge](#).

Mobility Schemes

People with limited mobility can have

access to our mobile electric buggy scheme from Monday to Friday, for more information contact 020 7485 5757. This service is provided in partnership with DISC.



Heath Hands Volunteers

Heath Hands is the Heath's volunteer corps, with members ranging in age from 16 to 85. There are hands-on conservation work sessions on the Heath for everything from planting and weeding to litter picking, path and fence repair. These are held on Tuesdays, Wednesdays, Thursdays, Saturdays and Sundays. For those who prefer to work indoors, there are opportunities to help with information and education programmes, as well as helping us in the Heath Hands office.



For more information:



www.heath-hands.org.uk

Tel: 020 8458 9102

Email: info@heath-hands.org.uk

The office is at

West Lodge Kenwood

Message from the Chairman

This is an exciting year for the Heath with the relaunch of our education service and of course the return of the Heath Diary, generously sponsored by Capital Gardens.



The diary contains a full programme of guided walks, concerts and other events. With the refurbishment of the lido, athletics track and bowling green pavilion last year, we will be working on the Parliament Hill and Vale of Health children's playgrounds, with funding from the local community as well as the City of London.

Whether you are here for the scenery, for sport or simply to relax, I hope you find something in these pages to interest and inform.

A handwritten signature in black ink, appearing to read 'C. McGuinness'.

Catherine McGuinness
Chairman, Hampstead Heath
Management Committee
2003 - 2006

catherine.mcguinness@cityoflondon.gov.uk

Heath Events Diary

Welcome to the events diary from April 2006 to April 2007. In this section you will find all the information about what's going on, all over the Heath.

Summer fairs, festivals, volunteer garden parties, conservation projects, music concerts, children's entertainment, and major sporting events. It's all here in a month by month calendar.

Don't forget that there are a number of weekly events and activities on the Heath. For a full list visit www.cityoflondon.gov.uk

In the following pages there will be something for everyone



Guide to events

The following pages outline the events for the next 12 months on Hampstead Heath. Each event is listed with its location, time and date.

To decide which events are suitable for you each event is marked with a symbol:-



Music performance



For children



Sports



Guided Walk



Workshop



General event



Heath and Hampstead Society Walk

Walks begin from
 Burgh House, New End Square
 Ring: 020 7431 6789

* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

may

The Hill Gardens Open Day

Sunday 7th 2:30pm
Golders Hill Park



International Dawn Chorus Day

Sunday 7th 5:00am – 7:00am
Parliament Hill Staff Yard



Fungi for Beginners*

Saturday 20th 10:00am – 4:30pm
Education Centre £30.00



Guildhall School of Music

Sunday 28th 3:00pm
Parliament Hill Bandstand



Heath Beasts Wildlife Watch Club*

Sunday 21st 11:00am – 1:00pm
Education Centre
Families and children over 8



Treasure Hunt

Sunday 21st 2:30pm – 4:30pm
Golders Hill Zoo



Late Spring Fair

Saturday 27th Noon – 10:00pm
Sunday 28th 2:00pm – 7:00pm
Monday 29th Noon – 10:00pm



The Flying Chaucers (Celtic, folk)

Sunday 28th 3:00pm
Golders Hill Bandstand



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Holiday Art Workshops*

30th -31st 10:00am – 12:30pm

Education Centre 1:30pm – 4:00pm



The Runner Brothers

Monday 29th 3:00pm

Parliament Hill Bandstand



Tucker Finlayson Band

Monday 29th 3:00pm

Golders Hill Bandstand



june

Art Workshops*

1st – 2nd 10:00am – 12:30pm

Education Centre 1:30pm – 4:00pm



A painter's perspective

Sunday 4th 2:30pm

Meet at Burgh House



Strolling Bones (Blues)

Sunday 4th 3:00pm

Parliament Hill Bandstand



Litter Blitz*

Monday 12th 11:00am

020 7982 7073



Mardi Gras Jazz Men

Sunday 4th 3:00pm

Golders Hill Park Bandstand



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Hill Garden Open Spaces Weekend

10th -11th 2:00pm – 5:00pm
The Hill Garden



Timepiece (Jazz)

Sunday 11th 3:00pm
Parliament Hill Bandstand



Barnet Brass Band

Sunday 11th 3:00pm
Golders Hill Bandstand



Race for Life

Sunday 11th 10:00am
Parliament Hill



Big Moon Photography

Sunday 11th June 8:30 pm
Parliament Hill Staff Yard



Heath Hands Tea on the Lawn

Saturday 17th 2:30pm – 5:00pm
Farm Cottages Lawn Kenwood
020 8458 9102



The Rossinators (Cajun)

Sunday 18th 3:00pm
Parliament Hill Bandstand



Guildhall School of Music

Sunday 18th 3:00pm
Golders Hill Park Bandstand



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

The City of London Festival



Saturday 24th 11:00am – 5:00pm
Parliament Hill bandstand/Kite hill



Evening with Art Garfunkel*

Saturday 24th 7:30pm
Kenwood House Concert Series



Buggin' Out 4 National Insect Week

Sunday 25th 11:00am – 5:00pm
Secret Garden Parliament Hill



Heath Beasts Wildlife Watch Club*

Sunday 25th 11:00am – 1:00pm
Education Centre
Families and children over 8



Epping Forest Brass Band

Sunday 25th 3:00pm
Golders Hill Park Bandstand



National Bohemian (Jazz)

Sunday 25th 3:00pm
Parliament Hill Bandstand



Bat Spotting*

Wednesday 28th 8:15pm
Kenwood House
020 7973 3893



July

Sinatra under the stars*

Saturday 1st 7:30pm
Kenwood House Concert Series
0870 890 0146



Miguel steel band

Sunday 2nd 3:00pm
Golders Hill Park Bandstand



Annex Jazz

Sunday 2nd 3:00pm
Parliament Hill Bandstand



A spider foray

Sunday 2nd 2:30pm
Meet at Burgh House (off Heath)



Chris Haig Celtic World

Tuesday 4th 7:00pm
Golders Hill Bandstand



Bat Spotting*

Wednesday 5th 8:15pm
Kenwood House
020 7973 3893



John Etheridge (70's Rock)

Thursday 6th 7:00pm
Parliament Hill Bandstand



Bat Walk*

Friday 7th 8:30pm
Parliament Hill Staff Yard



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Crouch End All Stars (Jazz)

Sunday 9th 3:00pm
Golders Hill Bandstand



Andy Cooper (jolly jazz)

Sunday 9th 3:00pm
Parliament Hill Bandstand



Bat Spotting*

Wednesday 12th 8:15pm
Kenwood House



The wood and the trees*

Saturday 15th 10:00am – 4:00pm
Education Centre £30.00



Bryn Terfel Opera Gala*

Saturday 15th 7:30pm
Kenwood House Concert Series



Gui Tavares (Brazil Latino)

Friday 14th 7:00pm
Parliament Hill Bandstand



Don Richardson (Americana)

Friday 14th 7:00pm
Golders Hill Bandstand



Traditional Medicine

15th – 16th 10:00am – 4:00pm
Gaia Learning Centre (off heath)
£95.00

020 428 0055



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Heath Beasts Wildlife Watch Club*

Sunday 16th 11:00am – 1:00pm
Education Centre
Families and children over 8



Merton Concert Band

Sunday 16th 3:00pm
Golders Hill Bandstand



The Trouser Band

Sunday 16th 3:00pm
Parliament Hill bandstand



Bat Walk*

Sunday 16th 8:30pm
Parliament Hill Staff Yard



Bruvvers (60's rock)

Friday 21st 7:00pm
Parliament Hill Bandstand



A tribute to Dirty Dancing*

Saturday 22nd 7:30pm
Kenwood House Concert Series
0870 890 0146



Morebeats

Sunday 23rd 3:00pm
Golders Hill Bandstand



Denham Hendon Brass

Sunday 23rd 3:00pm
Parliament Hill Bandstand



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Fizzie Lizzie

Tuesday 25th

Parliament Hill Bandstand Noon

Golders Hill Park Bandstand 3:00pm



Butterflies*

Wednesday 26th 11:00am – 1:00pm

Kenwood House

020 7973 3893



Donald Seller

Wednesday 26th

Parliament Hill Bandstand Noon

Golders Hill Park Bandstand 3:00pm



What's new at the Zoo

Wednesday 26th 10:00am – Noon

Golders Hill Zoo



Divers and dabblers

Wednesday 26th 1:00pm – 3:00pm

Golders Hill Zoo



The Baby Dragon

Thursday 27th

Parliament Hill Bandstand Noon

Golders Hill Bandstand 3:00pm



Buena Vista Social Club*

Saturday 29th 7:30pm

Kenwood House Concert Series

0870 890 0146



Tom Nolan's Bluescasters

Sunday 30th 3:00pm

Parliament Hill Bandstand



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

The Steel All Stars

Sunday 30th 3:00pm
 Golders Hill Bandstand



august

Jack Stephens

Tuesday 1st
 Parliament Hill Bandstand Noon
 Golders Hill Park Bandstand 3:00pm



Bird Brains*

Tuesday 1st 10:30am – Noon
 Education Centre (Age 4 -7)



Time Machine*

Wednesday 2nd 10:00am – 4:00pm
 Education Centre (Age 8 -12)



Wally the wizard

Wednesday 2nd
 Parliament Hill Bandstand Noon
 Golders Hill Bandstand 3:00pm



What's new at the Zoo

Wednesday 2nd 10:00am – Noon
 Golders Hill Zoo



Conservation of Cranes

Wednesday 2nd 10:00am – 3:00pm
 Golders Hill Zoo



Lovely ladybirds*

Thursday 3rd 10:30am – Noon
Education Centre (Ages 4 – 7)



Professor Starlite

Thursday 3rd
Noon Parliament Hill Bandstand
3pm Golders Hill Bandstand



Four Seasons + fireworks*

Saturday 5th 7:30pm
Kenwood House Concert Series
0870 890 0146



Ecology of the Heath

Sunday 6th 2:30pm
Meet at Burgh House (off Heath)



Johnny's Deps – Highgate Funk

Sunday 6th 3:00pm
Golders Hill Bandstand



Nick Payne

Sunday 6th 3:00pm
Parliament Hill Bandstand



Wet and Wild*

Tuesday 8th 10:30am – Noon
Education Centre (Age 4 -7)



Tony dela Fou

Tuesday 8th August

* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Walk on the wild side*

Wednesday 9th 10:00 – 4:00
Education Centre (Age 8 -12)



What's new at the Zoo

Wednesday 26th 10:00am – Noon
Golders Hill Zoo



The pheasant family

Wednesday 9th 1:00pm – 3:00pm
Golders Hill Zoo



Steve Klisky

Wednesday 9th
Parliament Hill Bandstand Noon
Golders Hill Bandstand 3:00pm



Furry funsters*

Thursday 10th 10:30am – Noon
Education Centre (Age 4 – 7)



Inspired Lunacy

Thursday 10th
Parliament Hill Bandstand Noon
Golders Hill Bandstand 3:00pm



Ronan Keating*

Saturday 12th 7:30pm
Kenwood House Concert Series
0870 890 0146



Beacontree Brass

Sunday 13th 3:00pm
Parliament Hill Bandstand



City Brass

Sunday 13th 3:00pm
Golders Hill Bandstand



Fungi for beginners*

Saturday 19th 10:00am – 4:00pm
 Education Centre £30.00



Gary Tickle

Tuesday 15th
 Parliament Hill bandstand Noon
 Golders Hill bandstand 3:00pm



Wild Play!*

Tuesday 15th 10:30am – Noon
 Education Centre (Age 4 -7)



What's new at the Zoo

Tuesday 15th 10:00am – Noon
 Golders Hill Zoo



Softbill birds

Wednesday 16th 1:00pm – 3:00pm
 Golders Hill Zoo



Foxie the funky genie

Wednesday 16th
 Parliament Hill Bandstand Noon
 Golders Hill Bandstand 3:00pm



Mud pies (eco art)*

Wednesday 16th 10:00am – 4:00pm
 Education Centre (Age 8 -12)



Topper

Thursday 17th
 Parliament Hill Bandstand Noon
 Golders Hill Bandstand 3:00pm



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Down the woods today

(teddy trekking)*

Thursday 17th 10:30am – Noon
Education Centre (Age 4-7)



Meadow madness*

Saturday 19th

Family workshop 11:00am – 1:00pm

Adult workshop 3:00pm – 5:00pm

Education Centre



The Music of Motown*

Saturday 19th 7:30pm

Kenwood House Concert Series

0870 890 0146



Foghorn Leghorn (bluegrass)

Sunday 20th 3:00pm

Golders Hill Bandstand



Hoot! (Jazz and soul)

Sunday 20th 3:00pm

Parliament Hill Bandstand



Professor Crump

Tuesday 22nd

Parliament Hill Bandstand Noon

Golders Hill Bandstand 3:00pm



Dinner time!

Tuesday 23rd 10:30am – Noon

Education Centre (Age 4 -7)



Larger than life

Wednesday 23rd

Parliament Hill Bandstand Noon

Golders Hill Bandstand 3:00pm



Animal Olympics*

Wednesday 23rd 10:00am – 4:00pm
 Education Centre (8 -12)



Bugliest Bug Hunt*

Thursday 24th 10:30am – Noon
 Education Centre (Age 4 -7)



Johnny Slap

Thursday 24th
 Parliament Hill Bandstand Noon
 Golders Hill Bandstand 3:00pm



Bjorn Again*

Saturday 26th 7:30pm
 Kenwood House Concert Series
 0870 890 0146



Summer Fair

Saturday 26th Noon – 10:00pm
 Sunday 27th 2:00pm – 7:00pm
 Monday 28th Noon – 10:00pm
 East Heath



Dixie 4

Sunday 27th 3:00pm
 Golders Hill Bandstand



Merton Concert Band

Sunday 27th 3:00pm
 Parliament Hill Bandstand



Last night of the Proms*

Sunday 27th 7:30pm
 Kenwood House Concert Series
 0870 890 0196



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

Claudio Allodi Italian Band

Monday 28th 3:00pm
Golders Hill Bandstand



Ginny (country)

Monday 28th 3:00pm
Parliament Hill Bandstand



Captain Filibuster

Tuesday 29th
Parliament Hill Bandstand Noon
Golders Hill Bandstand 3:00pm



Barbara and Alan Astra

Wednesday 30th
Parliament Hill Bandstand Noon
Golders Hill Bandstand 3:00pm



Tim Shoemith

Thursday 31st
Parliament Hill Bandstand Noon
Golders Hill Bandstand 3:00pm



European Bat Week walk*

Thursday 31st 8:30pm
Parliament Hill Staff Yard



september

Plants of the heath*

Saturday 3rd 2:30pm
Meet at Burgh House (off Heath)



Fungi foray*

Sunday 2nd 10:00am – 2:00pm
East Heath Car Park



Duathalon

Sunday 11th 10:00am
Parliament Hill Lido



Art and nature*

2nd and 3rd 10:00am – 4:00pm
Gaia Learning Centre
(off Heath) £95
020 7428 0055



Wild food*

Sunday 10th 10:00am – 4:00pm
Gaia learning Centre
(off Heath) £55
020 7428 0055



Fungi for beginners*

Saturday 16th 10:00am – 4:30pm
Education Centre £30.00



Pondtastic

Saturday 16th
Families 11:00am – 1:00pm
Adults 3:00pm – 5:00pm
Parliament Hill Staff Yard



Heath Beasts Wildlife Watch Club*

Sunday 17th 11:00 – 1:00pm
Families and children over 8
Education Centre



National Moth Night*

Saturday 23rd 8:00pm
Parliament Hill Staff Yard



What's new at the Zoo

Sunday 30th 10:00am – Noon
Golders Hill Zoo



october

Birds of the Heath in autumn*

Sunday 1st 10:30am
Meet at Burgh House (Off Heath)



Seed Gathering Sunday

Sunday 8th 11:00am – 2:00pm
Education Centre



5th Annual Conker Championships

Sunday 8th 3:00pm
Parliament Hill Bandstand



Kenwood fungi foray*

Saturday 7th 3:15pm – 5:30pm
Kenwood House
020 7973 3893



Heath Beasts Wildlife Watch Club*

Sunday 15th 11:00am – 1:00pm
Families and children over 8
Education Centre



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

The Big Draw*

Saturday 14th & Sunday 15th
Kenwood House



The Big Draw

Sunday 15th
Golders Hill Zoo 2:30pm – 4:00pm



Kenwood fungi foray*

Saturday 21st 3:15pm – 5:30pm
Kenwood House



What's new at the Zoo

23rd – 25th 10:00am – Noon
Golders Hill Zoo



Gardening for wildlife

Monday 23rd 1:00pm – 3:00pm
Golders Hill Zoo



Autumn gardens

Tuesday 24th 1:00pm -3:00pm
Golders Hill Zoo



Groovy garden design

Wednesday 25th 1:00pm -3:00pm
Golders Hill Zoo



Howlin' Halloween*

23rd – 28th 11:00am – 4:00pm
Families and children over 8
Education Centre/ Adventure Play



RSPB Feed the Birds

Sunday 29th 11:00am – 4:00pm
Secret Garden Parliament Hill
Golders Hill Park



What's new at the Zoo

Sunday 29th 10:00am – Noon
Golders Hill Zoo



november

A fungus foray*

Sunday 5th 10:30am
Burgh House (off Heath)



Fungi for beginners

Saturday 4th 10:00am – 4:30pm
Education Centre £30.00



RSPB Aren't birds Brilliant

11th -12th 11:00am – 4:00pm
Parliament Hill
Golders Hill Park



Historical Landscapes of the Heath*

Saturday 18th 11:00am – 2:00pm
Education Centre Adults



Heath Beasts Wildlife Watch Club*

Sunday 19th 11:00am – 1:00pm
Education Centre
Families and Children over 8



* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

december

Active Conservation

Sunday 3rd 10:30am
Burgh House (off heath)



RSPB Aren't birds brilliant

9th – 10th 11:00am – 4:00pm
Parliament Hill
Golders Hill Park



What's new at the Zoo

Sunday 10th 10:00am – Noon
Golders Hill Zoo



Festive winter walk and wreath making*

Sunday 17th 2:00pm – 4:00pm
Education Centre



Heath Beasts Wildlife Watch Club*

Sunday 17th 11:00am – 1:00pm
Education Centre
Families and children over 8



Christmas Day Swim*

Monday 25th 11:00am
Men's Pond



january

The New Year Swim*

Monday 1st 11:00am
Ladies Pond



RSPB Aren't birds brilliant

13th – 14th 11:00am – 4:00pm
Parliament Hill



Heath Beasts Wildlife Watch Club*

Sunday 28th 11:00am – 1:00pm
Education Centre
Families and children over 8



february

Artefacts of West Heath

Sunday 4th 10:30am
Burgh House (off Heath)



RSPB Aren't birds brilliant

10th -11th 11:00am – 4:00pm
Parliament Hill
Golders Hill Park



Winter wild play*

20th – 23rd 10:30am – 12:30pm
Education Centre
Families and children over 8



Heath Beasts Wildlife Watch Club*

Sunday 25th 11:00am – 1:00pm
Families and children over 8
Education Centre



march

The hidden Heath

Sunday 4th 2:30pm
Burgh House (off heath)



Heath Beasts Wildlife Watch Club*

Sunday 25th 11:00am – 1:00pm
Families and children over 8
Education Centre



Why not join our weekly walks?

Heath Walk

Contact Emma Charlton
020 7527 2626

Bird Watching Walk

Every Tuesday meet 10am
Parliament Hill Cafe

* All events marked with a star require pre-booking and may require payment. To book: 020 7482 7073 unless otherwise stated.

For children...

Hampstead Heath is a great place for children of all ages. We would like to think there is something for all, even those hard-to-please youngsters. We have a variety of FREE play facilities across the heath.

The new Traditional Playground, Parliament Hill

An exciting time for children's play on Hampstead Heath with the completion of the traditional playground at the end of May.

So come and play!

Schools who wish to use this facility will need to book in advance on 020 7433 1917.

Parliament Hill Playing Fields

This playground is undergoing extensive refurbishment

Work is due to commence on this site week commencing 10th April 2006. Completion is expected late May 2006



LAPPSET
Growth Through Play



For more information regarding this, please contact Christine @Phone on: 01536 472613 (Ext 213) or send an email to parlment@lappset.com

Paddling Pool

10:00am – 5:30pm Mon-Sat

10:00am – 5:00pm Sunday

For children age 10 and under

Adventure Playground

This staffed play facility offers a wide variety of activities from rope swings, challenging structures, sports sessions, arts and crafts and games.

During school holidays it is open from 10:00am – 4:00pm Monday to Friday for children aged 5 – 12. Children under 8 must be accompanied by an adult.

During term time the facility is open Tuesday-Friday for sole use by school groups. This heavily subscribed feature offers a number of activities that complement the national curriculum.

The site is open to the public between 3.15pm – 4.00pm after the school groups have left.

On Saturdays the site is open to the public between 10:00am – 4:00pm.

To book a school session, or for more information on the site, ring 020 7482 2116



Peggy Jay Centre (One O'clock Club)

This play facility is a drop-in for under fives, open Monday to Friday, with two sessions that offer parents and carers a chance to socialise with their children while being occupied with a variety of indoor activities and outdoor play equipment which helps encourage vital development and learning.

Morning session: 10:00am – Noon
(Operated by Camden PPA)

Afternoon session: 1:00pm – 4:00pm
(Operated by the City of London)

The inside closes at 3:45pm where we encourage the children to get involved in the fun 'tidy up time' session

**For further information call
020 7485 6907**

Children only areas

The Heath has five enclosed areas where parents/carers and children can relax and enjoy these dog free zones. They are situated on the Heath Extension, Golders Hill, the Vale of Health and near the tennis courts on Parliament Hill.

Golders Hill Park

Golders Hill Park was bought for public access in 1898 and has been managed by the City of London since 1989. Beautiful, colourful bedding displays enhance the peaceful setting of the flower garden, while a short walk away is the tranquil sounds of the water garden.

Golders Hill is a busy park with a children's playground and sand pit area, tennis courts and golf practice nets and a café. It also houses London's only free zoo. This small zoo has a collection of rare birds and small mammals such as deer and wallabies.

CAPITAL GARDENS
The Natural Place for Gardeners & Plants

Visit your local North London Garden Centre

ALEXANDRA PALACE GARDEN CENTRE
 Alexandra Way, N22 020 8444 2555

HIGHGATE GARDEN CENTRE
 Townsend Yard, Highgate Village, N6 020 8340 1041

TEMPLE FORTUNE GARDEN CENTRE
 788a Finchley Road, NW11 020 8455 5363

CAPITAL GARDEN LANDSCAPES
 Award Winning Landscape Company
 Freephone for Estimates 0800 783 4010

For online shopping, garden advice and more information visit
www.capitalgardens.co.uk

The Pergola and Hill Garden

Overlooking Hampstead's West Heath with fine views towards Harrow on the Hill, the Pergola was the dream of a rich idealist and the creation of a celebrated landscape architect. It is also one of the Heath's best kept secrets.

Equal in length to the height of Canary Wharf tower this magnificent structure and its kitchen gardens have been sympathetically restored to its former glory by the City of London and is open from 8:30am for all to enjoy.



Sports

Hampstead Heath has a great variety of sports on offer.

Athletics

A 400m metre running track is available with high and long jump. Charges include lighting, equipment amplification and changing rooms

Training times:

Monday, Wednesday, Friday and Saturday:

7:45am – dusk

Sundays and bank holidays

7:45am – dusk

Tuesdays and Thursdays:

7:45am – 8:40pm

Day tickets:

Adults £2.40

Concession £1.20

Season tickets:

Adults £48.00

Concession £24.00

To book the track for meetings ring:
020 7284 3648





Bowls

This facility is open to members and the general public from April to September.

Public play: From 1pm Monday to Friday (excluding bank holidays).

Become a member: 020 7482 6608

Charges:

£2.70 per hour

£80 season ticket, £35 concessions

Cricket

Pitches and practice nets are available at Parliament Hill and the Heath Extension from May to September.

Charges:

£58.00 for senior pitch

£30.00 for junior pitch

£5.30 per hour for practice nets.



Football and Rugby

Football pitches are available at Parliament Hill and the Heath Extension. Rugby pitches are available on the Heath Extension between September and March.

To book: 020 7284 3648

Charges:

£54.50 for pitch with goal posts

£11.80 for net hire

£32.00 for private changing room with hot water

Tennis

Hard courts are available at Golders Hill and Parliament Hill. Grass courts at Golders Hill from April to September, turf permitting.

Advance bookings can only be made with an annual registration card.

Charges:

£11.00 registration card

Summer season: (April – Sept)

£4.70 per hour, £2.30 concessions

Winter season: (Oct – Mar)

Free on Monday to Friday

Weekends are charged at the summer rate.



Tennis coaching

Available for adults and children with qualified LTA coaches during the summer. Each course consists of 5 sessions held at the same time each week, from April to August.

For coaching charges and bookings telephone: 020 7284 3648

Volleyball

A summer court is available for £35.00.

To book: 020 7284 3648

Golf

Practice nets are available at Golders Hill. Putting green is available from May to September, subject to turf.

Charges:

£2.20 for one round

£1.10 for concessions

£3.20 per half hour for nets

Are you a concession?

To be available for the concession rate you will need to show either your:

- Pension Card
- Disabled card
- Unemployment card

Leisure activities

Fishing

Available at the Men's pond, Model boating pond, the Mixed pond, Viaduct pond and the Vale of Health, outside of the close season, which is 15th March to the 15th of June.

Anglers must have a current Environment Agency licence and have a permit from the City of London. Call 020 7485 4491 for more information.

Responsible fishing:

Please keep your area tidy and dispose of your old line and equipment in the bin

Otherwise it will hurt our water birds!

Cycling

Cycling is available on the Heath on marked cycle paths only. These are shown on all Heath maps situated around the site and in this diary.

There is a speed limit of eight miles per hour and you are required to show care to pedestrians.

Swimming

There are 4 swimming facilities on the Heath, 3 outdoor bathing ponds and one outdoor lido. Our opening times vary according to the season.

Parliament Hill Lido

Our recently refurbished unheated outdoor 60 metre swimming pool and small paddling pool are open all year round.

Enquiries: 020 7485 3873



Lido opening times:

Summer season

May - September

Early morning: 7:00am – 9:00am

General entry: 10:00am – 6:00pm

Evenings, Monday and Thursday

6:30pm – 8:30pm

Winter season

September – April

7:00am – Noon

Bathing Ponds

The Heath has three unique outdoor bathing ponds, Ladies, Men's and Mixed. Swimming is available for competent swimmers over 8. Children from the ages of 8 to 15 are permitted only if in the care of an adult responsible for their safety and good conduct. Two children per adult are permitted at the discretion of the lifeguard on duty. Swimmers may be asked to complete a short swim test to prove their competence.

Swimming in winter

A safety audit has identified medical issues surrounding the physical and psychological acclimatisation associated with all year round recreational swimmers who enter water that is below 12°C.

Dangers

- Numb and freezing cold injury
- Hypothermia
- Sudden Immersion syndrome (SIS)

Recommendations

- Complete a medical check for cold water swimming
- Continue swimming through the seasons, 3 to 4 times a week for a minimum of two to three minutes

Swimming Charges

All swimming facilities, full year season ticket:

| | |
|------------|---------|
| Adult | £135.00 |
| Concession | £75.00 |

6 months:

| | |
|------------|--------|
| Adult | £85.00 |
| Concession | £45.00 |

Ponds

Day ticket:

| | |
|------------|-------|
| Adult | £2.00 |
| Concession | £1.00 |

All income generated will be used to help maintain these facilities.

Full year season ticket:

| | |
|------------|---------|
| Adult | £100.00 |
| Concession | £ 50.00 |

6 months season ticket:

| | |
|------------|--------|
| Adult | £50.00 |
| Concession | £25.00 |

Lido

Early morning/late evening entry:

| | |
|------------|-------|
| Adult | £2.00 |
| Concession | £1.00 |

Day ticket:

| | |
|---------------|--------|
| Adult | £4.10 |
| Concession | £2.50 |
| Family Ticket | £12.20 |

Full year season ticket

| | |
|------------|---------|
| Adult | £100.00 |
| Concession | £60.00 |

6 month season ticket

| | |
|------------|--------|
| Adult | £75.00 |
| Concession | £35.00 |

Men's and Ladies Pond Swimming Times 2006

| Month | Dates | Open | Close |
|-----------|-------------|------|-------|
| April | 1st – 15th | 7:00 | 16:00 |
| | 16th – 30th | 7:00 | 18:00 |
| May | 1st – 15th | 7:00 | 20:00 |
| | 16th – 31st | 7:00 | 21:00 |
| June | 1st – 30th | 7:00 | 21:00 |
| July | 1st – 31st | 7:00 | 21:00 |
| August | 1st – 15th | 7:00 | 21:00 |
| | 16th – 23rd | 7:00 | 20:30 |
| | 24th – 31st | 7:00 | 20:15 |
| September | 1st – 15th | 7:00 | 20:00 |
| | 16th – 30th | 7:00 | 19:00 |
| October | 1st – 7th | 7:05 | 18:00 |
| | 8th – 14th | 7:15 | 18:00 |
| | 15th – 21st | 7:30 | 17:00 |
| | 22nd – 28th | 7:45 | 17:00 |
| | 29th – 31st | 7:00 | 14:45 |
| November | 1st – 4th | 7:00 | 14:45 |
| | 5th – 11th | 7:10 | 14:55 |
| | 12th – 18th | 7:20 | 15:05 |
| | 19th – 25th | 7:30 | 15:15 |
| | 26th – 30th | 7:40 | 15:25 |
| December | 1st – 2nd | 7:40 | 15:25 |
| | 3rd – 9th | 7:50 | 15:35 |
| | 10th – 31st | 8:00 | 15:45 |

January – April 2007

| Month | Dates | Open | Close |
|----------|-------------|------|-------|
| January | 1st – 20th | 8:00 | 15:45 |
| | 21st – 27th | 7:50 | 15:35 |
| | 28th – 31st | 7:40 | 15:25 |
| February | 1st – 3rd | 7:40 | 15:25 |
| | 4th – 10th | 7:30 | 15:15 |
| | 11th – 17th | 7:20 | 15:05 |
| | 18th – 24th | 7:10 | 14:55 |
| | 25th – 28th | 7:00 | 14:45 |
| March | 1st – 31st | 7:00 | 14:45 |

Swimmers must vacate the water
30 minutes before the advertised
closing time

Swimmers must start to vacate the
compound 15 minutes before
closing time

Mixed pond

Summer season: 7:00am – 7:00pm

Hampstead Heath Winter Club

Membership of the club is open to all adult regular winter swimmers who wish to have access to the Mixed Pond between October and April when the Pond is closed to the general public. There is a membership fee of £10 which covers insurance for members who, as a condition of membership, swim at their own risk. To enquire about membership, contact:

Marc Hutchinson (Secretary)

020 7435 5356

Kenwood House

Set in leafy grounds beside Hampstead Heath, this outstanding house was remodelled by Robert Adam between 1764 and 1779. He transformed the original brick building into a majestic villa for the great judge, Lord Mansfield.

Brewing magnate Edward Cecil Guinness, the first Earl of Iveagh, bought Kenwood House and gardens in 1925. When he died in 1927, he bequeathed the estate and part of his collection of pictures to the nation. The paintings beautifully complement Kenwood's sumptuous interiors.



House open:

1 April – 31 October

11:00am – 5:00pm

1 November – 31 March

11:00am – 4:00pm

The parkland surrounding Kenwood is set high on a hill with amazing views of London from these tranquil grounds. Visitors can also enjoy the lakeside walks and meandering woodland paths. There is also a café open all year round.

Estate grounds:

Summer 8:00am – 8.30pm

Winter 8:00am – 4.45pm

English Heritage PRESENTS

music on a summer evening

Summer Picnic Concerts for Everyone

Kenwood

BOOK YOUR TICKETS NOW!

www.picnicconcerts.com

See 0870 890 0146 *ticketmaster* 0870 333 6206

24 Hour credit card hotlines plus booking fee and fixed handling charge
Concerts are subject to licence

Proudly supported by

YOUR M&S

Ham&High

CLASSIC fM

ArtsFirst

THE SUNDAY TIMES

IMG sports • entertainment • media

Staying safe

The Hampstead Heath Constabulary has been responsible for patrolling Hampstead Heath, Golders Hill Park and the Heath Extension since 1992.

They are called upon to enforce the byelaws, common law and criminal law, protect of City of London property and to provide a rapid response to any incident that may threaten the enjoyment of all Heath users. The Constabulary operates 365 days a year.

The aim is to provide a professional, efficient and effective Constabulary, ensuring that the Heath remains free from antisocial behaviour and the fear of crime.



What you can do..

- Don't carry valuables or leave them in your car
- Tell someone where you're going and what time you'll be home
- Where possible walk with a friend
- Be aware of your surroundings
- Cycle only on the nominated cycle paths
- Respect the bylaws

**Constabulary emergency number:
020 8340 5260**



The constables use various methods to patrol including vehicles, foot patrol and mountain bikes. Constabulary officers on mountain bikes enable them to patrol secluded areas on the Heath.

Looking after the Heath

Hampstead Heath is one of London's most popular open spaces with an estimated 10 million visits each year.

People visiting the Heath come to enjoy a wide variety of sports and recreational activities, as well as to escape from the city and simply relax in the woodlands and meadows. Protecting these natural habitats and wildlife that live here is a primary management objective and active conservation is essential.

We have a team of Conservation and Heath Rangers dedicated to maintaining ponds, woodlands, hedges, scrub and grasslands. Without this work the unique mosaic of habitats would be soon revert to Woodlands and the special character of the Heath would be lost.



Last year some of the projects that have been completed to encourage wildlife and maintain habitats on the Heath have included:

- Reed bed planting to maintain healthier ponds and encourage wildlife.
- Hedge laying to maintain old hedges.
- Planting of heather and gorse to restore patches of heath land.
- Mowing meadows annually to maintain long grass for invertebrates.
- Nurturing veteran trees by sensitively pruning adjacent flora, mulching and retrenching their crowns to extend their life expectancy.

Did you know?

Hampstead Heath is a registered charity.

For more information on the Heath's management plan visit:
www.cityoflondon.gov.uk/livingenvironment/openspaces/hampsteadheath



Our Heath Partners

Although the City of London is the main management body on the Heath, looking after this very diverse open space for people and wildlife can sometimes be a difficult task that wouldn't be possible without the partnership of local clubs, groups and societies.

Heath and Hampstead Society

Tel: 020 7813 1396

www.heathandhampsteadsociety.org.uk

Highgate Conservation Area Advisory Committee

Tel: 020 8340 1901

Mansfield Conservation Area Advisory Committee

Tel: 020 7485 2530

Mansfield Neighbourhood Association

www.mnaweb.co.uk

Hampstead Conservation Area Advisory Committee

martin@humphery.fsnet.co.uk

The Highgate Society

Address: The Secretary

10a South Grove, Highgate N6 6BS

South End Green Association

Email: jhunt@onetel.co.uk

Hampstead Garden Suburb Resident's Association

Address: 1a Church Mount N2 0RW

Dartmouth Park Conservation Area Advisory Committee

Address: 26 Brookfield Park

NW5 1ER

Vale of Health Society

Tel: 020 794 8655
 Address: The Secretary
 3 Heath Villas, Vale of Health
 NW3 1AW

The Hampstead Scientific Society

www.hampsteadscience.ac.uk
 0207 328 0874

The Camden History Society

Tel: 020 7388 9889

The London Natural History Society

sheilaayres@hotmail.com

Marylebone Bird watching Society

www.geocities.com/birdsmbs/

Highgate Harriers

www.highgateharriers.co.uk

Highgate Life-Buoys

Tel: 020 7485 7521

Kenwood Ladies Pond Association

Email: janeshal@globalnet.co.uk

Hampstead Rugby Football Club

Tel: 020 8347 7178
 Email: mark:spilsresearch.co.uk

London Orienteering Klubb

www.londonorienteeing.co.uk

London Heathside Athletics Club

www.londonheathside.org.uk

United Swimmers' Association

Chairman: Robert Sutherland Smith
 Contact tel: 020 8455 0352

Mixed Pond Swimming Action Group

Chair: Sally Taylor
 Email: sallyjo@blueyonder.co.uk

London Fungus Group

Contact: Andy Overall
www.fungitobewith.org

The City of London Open Spaces

The City of London owns and manages over 10,000 acres of open spaces in and around London for the recreation and enjoyment of the public and as breathing spaces from built-up developments.

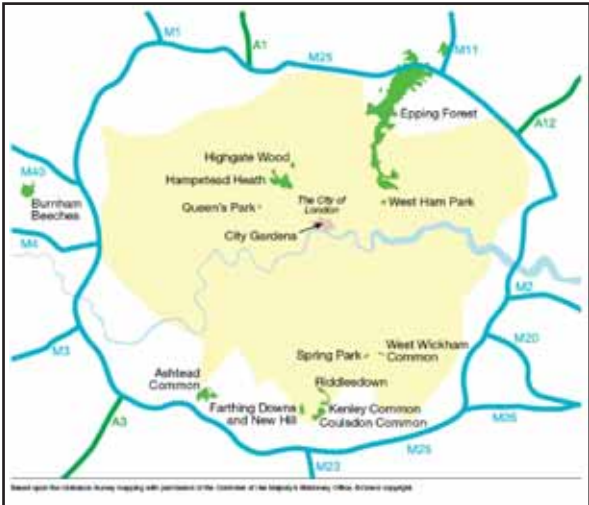
The City of London's commitment to open spaces dates back to the 1870s when, in response to the rapid disappearance of many public open areas to make way for the building of new suburban homes and city offices, it embarked on an ambitious project to safeguard some of what remained.

As a result two acts of Parliament were passed in 1878 which granted the City of London the right to acquire and protect both Epping Forest and land within 25 miles of the City for the recreation and enjoyment of the public. This far-sighted policy was the inspiration behind the later Green Belt movement, designed to protect the countryside around other British cities from urban sprawl.

Today, within the Square Mile there are some 150 small parks and gardens, green oases in the middle of the world's leading international financial and business centre.

The City of London's green fingers extend far beyond the Square Mile too. It owns and manages some of Londoners' favourite leisure spots – such as well as Ashted Common, Highgate Wood and Epping Forest.

Further afield, Burnham Beeches and a crescent of commons in the South Croydon and Bromley area all enjoy the same expert care and protection, benefiting humans and wildlife alike.



Recycle and support the Heath

Around 15 million phones are thrown away and end up in landfill each year, with only 10% being recycled. This huge amount of waste is damaging our environment. Batteries pose the biggest threat leaking dangerous chemicals into the soil.

Good news!

All types of mobiles can be recycled! Working phones will be sent to developing countries and the rest (including batteries) will be recycled or disposed of correctly so that they don't end up in landfill. So why not recycle your phone for the Heath to use the proceeds to improve and enhance our Heath facilities.

Recycling bags can be found in the cafés around the Heath or call 020 7332 3518 and we can send you one or as many as you wish. Alternatively, if you are a company that has 10 or more handsets please call Justin Thompson at ShP on 0207 288 6232 to arrange a courier collection.



For further information about Hampstead Heath contact

Heath Constabulary FOR EMERGENCIES

Staff Yard, Highgate Road, NW5 1QR.

Telephone 020 8340 5260 (including out of office hours calls)

Superintendent's Office

Superintendent of Hampstead Heath,

Heathfield House, 432 Archway Road, N6 4JH.

Telephone 020 8348 9908/0024. Fax 020 8348 1677

E-mail: hampstead.heath@corpoflondon.gov.uk

www.cityoflondon.gov.uk/openspaces

Parliament Hill

Manager, Staff Yard, Highgate Road, NW5 1QR.

Telephone 020 7485 4491

Golders Hill

Manager, Staff Yard, West Heath Avenue, NW11 7QP.

Telephone 020 8455 5183

Education Centre

Information Officer, Staff Yard, Highgate Road, NW5

1QR. Telephone 020 7482 7073

Heath Hands (Volunteers on Hampstead Heath)

Iveagh Bequest Kenwood, Hampstead Lane, NW3 7JR

Telephone 020 8458 9102

email: info@heath-hands.org.uk

Other useful addresses

Kenwood House

General Manager, Kenwood, Hampstead Lane, NW3 7JR.

Telephone 020 8348 1286

Kenwood Estate Office and Visitor Information Centre

Mansion Cottage (near the Restaurant)

Telephone 020 7973 3893

Kenwood Lakeside Concerts

General Concert Information Line 020 8233 7435

Booking Lines: 0870 8900146/0870 3336206

www.picnicconcerts.com

For further details of all other City of London services contact

The Town Clerk's Department, City of London,

PO Box 270, Guildhall, EC2P 2EJ. Telephone 020 7606 3030

email: col-eb-tc@corpoflondon.gov.uk

Website: www.cityoflondon.gov.uk

The information contained in this booklet is correct at the time of going to print (April 2006). The City of London reserves the right to vary the events, withdraw facilities or change opening times without prior notice.



'Happy to Help the Heath'

Capital Gardens are pleased to support the Hampstead Heath Diary. Capital Gardens is London's largest group of garden centres and includes an award winning landscape company, Capital Garden Landscapes. Your local North London garden centres are located in Alexandra Palace, Temple Fortune and Highgate Village where Capital Garden Landscapes is also based. For online shopping, free garden advice and more information visit www.capitalgardens.co.uk or telephone Freephone 0800 783 4010.