

FULL BODY MASSAGE:

1. Holistic Health: A unique art of massage based on ancient Thai traditions of healing. The therapist gently unclogs your energy channels also called “meridians” by pressing the thumbs, manipulating the spine and stretching the muscles. A soothing touch of oils leaves you with a sense of well-being.

60 mins

Rs. 1500*

2. Coconut Caress: A gentle body rub with a special blend of cane sugar, freshly grated coconut and sweet cardamom massaged onto the body. This is followed by a hot towel wrap and a plantain leaf wrap to hydrate the skin. Ideal for those with dry skin.

60 mins

Rs. 1500*

3. “Malli” Mélange: A cleansing scrub with fresh jasmine and finely ground sea salt followed by the cool, soothing touch of aloe vera. Great for normal or oily skin.

60 mins

Rs. 1500*

4. Swedish Massage: An European therapy that improves circulation, relaxes the muscles, stimulates the lymphatic system and speeds up metabolism. Perfect to soothe the body after a hectic day.

60 mins

Rs. 1500*

5. Jet Lag Soother: This gentle massage is accompanied with a blend of essential oils to relax the body and mind. The effect lasts longer when the oils are allowed to soak in, and not washed off soon after the therapy.

60 mins

Rs. 1500*

PARTIAL MASSAGE:

6. Head, Neck and Shoulder Massage: For the quintessential busy bee, this is the elevator to stress relief. Feel the knots in your neck and shoulders loosen instantly, under the gentle touch of our expert masseurs. Works great after a tiring presentation.

30 mins

Rs. 800*

7. Complete Back Pack: Feel like you’ve never felt before, with a deep tissue back massage to relieve the muscles and melt the tension away. Followed up with a jasmine scrub and an aloe wrap that leaves you totally refreshed.

45 mins

Rs. 1000*

8. Leg Massage: Allow our therapists to work on those muscles, removing toxins and promoting blood flow. Recommended just before a long flight and soon after one.

30 mins

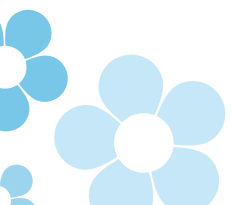
Rs. 800*

9. Reflexology: The ancient Indians and Egyptians knew that the key to various body organs are located at the soles of the feet. Sense the healing within as our therapist works on your ‘Reflex Zones’ and let your body renew itself.

30 mins

Rs. 800*

*Taxes Applicable



For reservations call: 044 6676 4111

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