



WORSLEY PARK
A MARRIOTT HOTEL & COUNTRY CLUB



INDULGE YOURSELF

Welcome to the Spa of Senses



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How to spa...and a few other things!

Arriving at the Spa of Senses

If you will be using the leisure facilities: Please ensure you arrive 60 minutes prior to your appointment so that we can book you in the use of the facilities and allow time for you to change and unwind.

If you are a new client: please arrive 15 minutes prior to your appointment to check in and complete our Health Questionnaire. Arriving late will deprive you of precious minutes of your spa or treatment time.

What shall I wear?

Wear whatever is comfortable. While at the spa we will provide you with a robe and slippers. During treatments, our therapists are trained to drape you appropriately for privacy. Within the wet spa and any of our heat experience, swimming shorts, trunks or costumes must be worn.

Young adults

We welcome all young adults aged 16 and over.

What if I'm to be a 'Yummy Mummy'?

Please notify us if you are pregnant when booking your treatments. We have designed treatments with products and techniques that are safe for pregnancy.

Reservations and Cancellations

Please book spa appointments in advance. Credit card details are required to secure an appointment. Clients who wish to change or cancel an appointment are asked to give 24 hours notice otherwise 50% of the treatment will be charged, unless the slot is fully booked and the appointment is taken by another client. If you don't arrive then we will have to charge the full treatment price. Always feel free to walk in, we may have space!



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<i>Monday</i>	<i>Closed</i>
<i>Tuesday</i>	<i>10.00 – 18.00</i>
<i>Wednesday</i>	<i>10.00 – 21.00</i>
<i>Thursday</i>	<i>10.00 – 21.00</i>
<i>Friday</i>	<i>10.00 – 20.00</i>
<i>Saturday</i>	<i>10.00 – 18.00</i>
<i>Sunday</i>	<i>10.00 – 17.00</i>

Please enquire for packages details and prices



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MD Formulations

MD formulations professional skin care delivers immediate results with continued improvement for years of younger looking skin.

Prescription Facial

A tailor made facial to suit your specific skin type, choose your facial from:

Illuminating

Suitable for normal skin, uneven skin tone and pigmentation

Clear Complexion

Suitable for congested skins, oily and acne

Sensitive / Anti Redness

Suitable for sensitive, sun damaged and pregnancy

Anti Ageing Facial

As we grow older, our skin experiences several significant changes, the skin surface can start to show dark and light spots, roughness and redness.

Glycolic Acid Peel

A unique treatment which is suitable to all skin types, eliminating dead skin build up, allowing the skin to glow with health. The pores are deeply cleansed and impurities are removed.

Alpha Beta peel

An enhanced rejuvenating facial suitable for all skin types which swiftly and deeply removes dead skin build up creating optimum skin health very quickly. This powerful peel allows the skin to shine with a new found radiance.



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Face Treatments

Decl or Aroma Classic Facial

At the heart of this treatment is the famous 100% natural "Aromaplastie" mask that will leave your skin hydrated, balanced and glowing with health.

Decl or Aroma Expert Facials

Aroma Expert treatments provide serious results for your particular skin type even after just one treatment:

Essential Orange Blossom	Quenches and refreshes
Nourishing Angelica	Softens and nourishes dry skin
Soothing Rose	Comforts and relaxes sensitive skin
Radiant Acacia	Brightens and recharges tired skin
Purifying Ylang Ylang	Deep cleanses and leaves skin matt

Decl or Age Defying Facials

Expression Smoothes expression lines visibly after just one treatment

Experience

Tones and firms the contours of the face, smoothes and brightens the complexion

Excellence

Restores facial volumes with innovative "lip-filling" technology Wrinkles appear plumped and contours of the face appear reshaped.

Decl or Discovery Facial

Experience this mini facial and discover how the power of Aromatherapy can transform your skin.

Decl or Vital Eyes

Eyes become clearer, fine lines and wrinkles smoothed, shadows and puffiness eased.



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CACI Non Surgical Face Lifting

CACI known as the Non-Surgical Facelift helps to tighten and add tone to sagging muscles, whilst smoothing the appearance of fine lines and wrinkles. To enhance the treatment further CACI have introduced a serum with hexapeptides to help with the general firming of the skin. The serum penetrates slowly through the probes throughout your whole treatment. For lasting results we recommend a course of 10 then maintenance facials every month.

Individual treatment

Course of 12 treatments

Body Treatments

Decl or Aromatic Massage

A heavenly massage with the soothing sensation of warm aromatic balms combined with the expert touch of the Therapists hands. Suitable for men and women, choose from: relaxing, firming, energising or refining.

Decl or Aroma Body Cocoon

Deeply relaxing and warming envelopment to leave you feeling wonderfully replenished and with skin soft, smooth and refreshed.

Relaxing Lavender and Orange Blossom

A sumptuous creamy mask is smoothed over the body to leave soft and silky skin.

Energising lemon and Peppermint

A refreshing treatment to stimulate circulation and invigorate.

Refining Grapefruit and Geranium

Marine Algae rich in minerals breaks down fatty deposits drain toxins and excess water.

Firming Frankincense and Rose

Increases skins radiance with a unique blend of toning, firming and anti-ageing ingredients.



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Decl or Purifying back treatment

A facial for the back, which includes a deep cleansing professional mask and relaxing soothing massage.

Decl or Perfect Slim Effect

Refine your figure and smooth appearance of skin with visible and lasting results

Decl or Sumptuous Mother-to-Be

When you are about to become a mother, you have many concerns, let Decl or take complete care of your skin throughout your pregnancy, and for the first few months as a new mum. This nurturing treatment will help to preserve the tone of your skin, reducing the risk of stretch marks, lighten your legs and brighten your complexion to ensure you look as radiant as you feel.

Reflexology

A relaxing and therapeutic foot massage which re balances the whole body and mind, ideal for stress related problems

Massage

An essential addition to your weekly health and fitness routine. The pressure and intensity of the massage is adjusted for your specific needs.

Back Neck and Shoulder Massage

Tranquillity Scalp Massage

Spa Full Body Massage

Spa Luxury Full Body Massage

Spa Face and Body Treatment

Lava Shells Back, Neck & Shoulder Massage

See the beauty and feel the heat with the world's first naturally self-heating massage tool. Discover for yourself the benefits of Lava Shell Massage, the hottest new eco treatment to reach our shores... Seamless massage of heat and touch and stress busting treatment that promotes deep relaxation. About the Shells...Eco friendly from start to finish. Genuine recycled Tiger Clam Shells from the South Pacific. Natural mineral heat, no electricity needed. Lava Shell sachets contain minerals, sea kelp and algae.



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Tanning Treatments

St Tropez classic tan

Full exfoliation, moisturise and application of tan

Decl or Holiday glow

Full exfoliation and natural self tanning treatment for face and body

Aroma Smoothing Body Polish

Radiant, bright and petal soft – your skin will glisten with health and vitality after this natural exfoliation treatment.

Palms and Soles

The JESSICA System, as it has come to be called, is based on an approach so different it works like nothing else can. Considered the world's foremost authority on natural nail care, hers is a unique understanding of the importance of what it takes to achieve and maintain naturally beautiful nails.

Jessica Prescriptive Manicure

Jessica Deluxe Manicure

Zen Spa Pedicure

Zen Spa Deluxe Pedicure

Geleration

The beauty of Jessica in a gel, with the health of a natural nail in mind, Geleration's gel formula delivers a long lasting, flawless finish that's dry in seconds and protects the natural nail. Generation is available in Jessica's most popular colours.

Geleration Gel Overlay Manicure

Includes cuticle care, massage, nail shape and finished with Jessica's Geleration gel polish

Geleration Zen Spa Pedicure

Hard skin is removed, feet and legs are massaged with conditioning creams. Cuticles are groomed; toe nails are shaped and finished with Jessica's Geleration gel Polish.



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Existing Gel Removal (prior to a Geleration manicure or pedicure)

Waxing

Be a smooth operator with this low temperature wax that grabs re-growth and is clean, easy to use and effective. Waxing is perfect for sensitive areas; bikini line, face and underarms, as well as for legs, chest and arms. The wax is quickly and expertly applied and as painless as possible!

NB: Avoid having hot baths, heat treatments, sun bathing 24 hours before or after waxing.

Half leg lower

Full leg

Full leg including bikini

Panty line bikini

Back/shoulders

Chest or stomach

Upper lip/chin

Eyebrow

Half arm

Underarm

Finishing Touches

It is essential that all clients have a patch test 24 hours prior to treatment.

Eyelash tint

Eyebrow tint

Eyelash and eyebrow

Eyelash perming

Eyelash extensions using individual lashes

Make up

"i.d. bare essentials make up so pure you can sleep in it"

Make up lesson

Application of "i.d. bare essentials make up" including professional hints and tips.



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Make - up Application

Perfect for a special occasion or just as a treat

Wedding Day Make Up including trial

Application of "i.d. bare essentials make up" on the big day incorporating a trial and colour consultation

Packages

Party Cocktail

Spa experience, Decl or Discovery facial including eyebrow shaping, Jessica prescriptive manicure, i.d. make up lesson

One for the Boys

Use of the leisure facilities, Decl or Aroma Classic facial, back neck and shoulder massage

Let's Get Started

Spa experience, Back Neck and Shoulder Massage, Decl or Discovery facial, Zen Spa pedicure or prescriptive manicure

Body Detox Remedy

Spa experience, Decl or detox body cocoon, Decl or Discovery facial, Zen Spa pedicure

Summer Sizzle

Spa experience, Decl or Holiday Glow, Zen Spa pedicure, Jessica prescriptive manicure, Eyelash tint

Luxury Day Spa

Spa experience, Decl or Aroma Classic facial including eye brow shaping, Spa full body massage, Jessica deluxe manicure, Zen Spa deluxe pedicure

Head to Toe

Spa experience, tranquillity scalp massage, Decl or Aroma Classic facial including eyebrow shaping, Aroma smoothing body polish, Jessica deluxe manicure, Jessica deluxe pedicure