



explore. taste. enjoy.

Breakfast Menu

Cereals, Fruits & Breads

Seasonal Fresh Fruit Vanilla yogurt	6
Cereal Whole or skim milk with sliced bananas or berries	4
"Steel-Cut" Oatmeal Fresh fruit and brown sugar [low fat]	5
Almond Granola Parfait	6
Danish Pastry, Croissant or Muffin	4
Toast, etc. Whole wheat, white, bagel or English muffin served with butter or cream cheese and jelly	4
Buttermilk Biscuits with sausage gravy	4

Beverages

Starbucks Coffee	3
Tazo teas Earl Grey, etc.	3
Milk, Chocolate Milk, Hot Chocolate	2
Juices orange, grapefruit, cranberry, tomato, V-8, apple	3
Seasonal Fruit Smoothies	4

Healthy Choices

Good Start Breakfast	8
Choice of cereal, with bananas or berries, skim milk and your choice of bread. Includes juice and coffee or tea.	
Egg White Omelet	
With asparagus, goat cheese and basil	9
or	
With wild mushrooms and Provolone cheese	8
Crunchy Grilled French Toast	8
Whole wheat bread, low cholesterol eggs and corn flakes. Berries and bananas. [low fat - low cholesterol]	
Egg White Frittata	9
Spinach, mushrooms and grilled tomatoes [low cholesterol]	
Whole Wheat Blueberry & Walnut Pancakes	8

Please let us know of any dietary preferences or food allergens we should be aware of in the preparation of your meal.
We are happy to modify any of our dishes to your satisfaction.

Breakfast Specialties

All American Breakfast	11
Two eggs any style, crisp hash browns, choice of meat and bread. Includes juice and coffee or tea.	
Traditional Eggs Benedict	10
Poached eggs, Canadian Bacon and topped with Hollandaise sauce.	
Fast Fare	9
Scrambled eggs with diced ham and hash browns.	
Steak and Eggs	14
Wild mushroom bacon hash [carb conscious]	
Caramelized Banana Pancakes	9
Honey walnut topping	
Traditional French Toast or Buttermilk Pancakes	8
Maple syrup and whipped butter	



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3-Egg Omelets

All omelets are served with hash browns
and your choice of breakfast bread.

Mashed Potato, Cheddar, Bacon and Scallion	8
Asparagus, Goat Cheese and Basil	9
Wild Mushrooms and Provolone Cheese	8