



EDEN ROC RENAISSANCE
MIAMI BEACH

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COVERS PHOTOGRAPHED BY BRUNO RIPOCHE

ELLE SPA



ELLE spa

WE BELIEVE IN THE PERFECT HARMONY OF STYLE, SERVICE, AND SERENITY.

PHOTOGRAPHED BY BRUNO RIPOCHE





FACE

PHOTOGRAPHED BY JEM MITCHELL

ELLE SPA SIGNATURE FACIAL 90 MINUTES

Our most luxurious facial experience is designed exclusively for ELLE by famed beauty expert Tammy Fender.* Harmonize and balance your body with a holistic consultation, a personalized selection of pure essential oils, oxygen therapy, and foot reflexology. A rich mix of 87 vitamins, minerals, enzymes, and amino acids stimulates the regeneration of healthy new cells, increases circulation, and deeply restores and hydrates for lifted, glowing, and luminous skin.

*Tammy Fender is available for appointments at the ELLE Spa upon special request. Appointments require advance notice and additional fees apply.

DOCTORS' ORDERS: THE ULTIMATE GLOW 50 MINUTES

Want to be a glow-getter? It's all about exfoliation. This facial removes older layers of skin, giving you a revived, refreshed, radiantly youthful appearance in under an hour. Rebuild and brighten skin with this exclusive botanical treatment, a blissful combination that works synergistically to give you a clear, luminescent complexion.

DOCTORS' ORDERS: THE WRINKLE CURE 80 MINUTES

It happens in a flash. All of a sudden you aren't getting carded anymore, and you find yourself obsessing over the tiniest crease. Don't get mad—get five years younger. This exclusive anti-aging treatment is specially designed to revitalize, rejuvenate, oxygenate, and stimulate, repairing and rebuilding your skin while making it radiant and velvety smooth. Add on the ELLE Spa Alpha Beta Peel for improved firmness, elasticity, and enhanced collagen production. The result? Pure youth.

We believe that flawless skin is always the best accessory.

DOCTORS' ORDERS: CLEAR FUTURE 50 MINUTES • 80 MINUTES

Calling all clean freaks! This pore-purifying facial is proven to treat acne, heal blemishes, and prevent scarring. The treatment consists of a masterfully formulated blend of ingredients to reduce redness and inflammation and promote healing for fresh, radiant skin.

DOCTORS' ORDERS: COOL & CALM 50 MINUTES (No Extractions)

Feeling red? We all overdo it. Soothe and revive beach-weary skin with a nutrient-rich cooling mask. Rest easy—our Cool & Calm facial gently and effectively heals, protects, and soothes dry, sun-damaged skin.

MEN 50 MINUTES

At ELLE, we believe in cute, smart guys who make us laugh—and make an effort! Especially for men, this facial includes pore cleansing, a personalized mask, and a calming scalp, neck, and shoulder massage. This bracing, refreshing treatment diminishes male skin sensitivity while leaving the skin rejuvenated, hydrated, and refreshed.

RADIANT REFRESH 60 SECONDS

Enhance your natural glow and refresh the look and feel of your skin in just a minute. Let the sonic micro-massages of the Clarisonic Skin Cleansing System gently remove the impurities of the day. You'll experience enhanced smoothness and radiance, while prepping skin for your next ELLE Spa treatment. This 60-second Radiant Refresh treatment is available at no additional cost—what could be more refreshing than that?



MASSAGE

PHOTOGRAPHED BY MARK PILLAI

We believe in your right to fall asleep during your treatment.

ELLE SPA TOTAL RELAXATION 60 MINUTES

It's time to de-stress, relax, and reinvigorate. Relieve muscle and joint stiffness while treating your skin with the rich healing combination of lemon, bergamot, mandarin, grapefruit, and ylang-ylang blended with aloe, avocado, monoi, and olive oil from Red Flower for deep hydration and regenerative benefits. Color light therapy allows you to experience total tension relief as the stress of the modern world melts away.

SWEDISH 50 MINUTES • 80 MINUTES • 110 MINUTES

Timeless, classic, always in fashion—it's the little black dress of massages. Melt away tension and release the stress of modern life with this revered technique, using long-flowing Swedish strokes with medium-pressure kneading for sublime relaxation and improved circulation.

DEEP TISSUE 50 MINUTES • 80 MINUTES • 110 MINUTES

Fight pressure with pressure. Release tension and ease sore limbs with this intense Deep Tissue massage, created to restore and heal overextended muscles. The massage is firmer than Swedish (moderate to deep), so don't hesitate to let your therapist know which pressure you feel most comfortable with.

HOT ROC 50 MINUTES • 80 MINUTES

It's relaxation on the rocks. Surrender to the heat of smooth stones that penetrate deep into the muscles, melting away tension. This intricate, expertly synchronized treatment combines stone placement and Swedish pressure to restore the body's intrinsic harmony.

SHIATSU MASSAGE 80 MINUTES

Shiatsu is Japanese for "finger pressure," and true to its translation, our Shiatsu Massage is an intensive pressure point service without massage oil. Thumb, finger, and palm pressure is used on traditional acupressure meridians to open blockages, relieve aches and soreness, and restore balance in the body.

THAI MASSAGE 80 MINUTES • 110 MINUTES

Ancient Thai massage dates back thousands of years. Our version incorporates traditional bodywork techniques with modern touches. Performed on a Thai mat, this treatment incorporates elements of yoga stretches, energy meridians, and acupressure to enhance flexibility and balance the body's chi.

REFLEXOLOGY 50 MINUTES

Reflexology is an ancient Chinese technique that focuses on reflex points in the hands and feet that correlate to specific organs and internal body systems. Expert compression helps enhance circulation and create balance from within, restoring the flow of energy throughout the entire body.

BODY



PHOTOGRAPHED BY JUAN ALDABALDETRUCU

ELLE SPA FULL-BODY RECHARGE 100 MINUTES

Ready for a head-to-toe recharge? Repair skin and soothe muscle aches and headaches with this sumptuous five-step treatment from Red Flower created exclusively for the ELLE Spa. Your entire body is immersed in color light therapy and nourished with orange blossom extracts. Skin is exfoliated and enlivened with bergamot and verbena, blended with aloe vera and sea algae. Next, experience a mineral-rich vitamin C-packed antioxidant wrap. Finally, a full-body recharging massage reduces inflammation while deeply hydrating the skin and relaxing the muscles with a custom blend of warmed avocado oil and essential oils of verbena, mandarin, and jasmine.

FLASH GLOW 50 MINUTES

Want to be smooth and radiant from head to toe? Of course you do. This exfoliating full-body scrub gets you glowing with a combination of natural ingredients used to exfoliate, soothe, soften, and hydrate the skin by removing dead surface skin cells. This enlivening treatment concludes with an acacia wood massage for maximum rejuvenation.

FOREVER 25 80 MINUTES

You don't have to be 25 to look 25. Designed to exfoliate, soothe, hydrate, de-stress, and relax, the ultimate anti-aging Forever 25 treatment begins with a full-body aromatic exfoliation and massage followed by a natural masque to help your skin regain a super-soft, early-twenties suppleness. Next, enjoy a luxurious aromatic scalp massage as your body absorbs the essential nutrients.

We believe self-indulgence should be embraced and explored.

SLEEK & CHIC 80 MINUTES

It's a wonderful life—don't spend it starving. For a sleeker physique, the Sleek & Chic treatment combines a detoxifying mixture of fruit essence and sea algae that helps your body retain key minerals and slim down naturally. These pure ingredients combined with our unique protocol result in a slimming treatment that breaks down fat deposits for noticeably firmer skin.

COOL & CALM 50 MINUTES

A full-body version of our Cool & Calm face treatment, this essential after-sun ritual soothes and relieves the burning sensation caused by over-exposure, repairs the skin, helps prevent early peeling, and effectively hydrates the skin. Enjoy cooling relief with our exclusive sunburn refreshing gel-cream.

BEAUTIFUL BACK TREATMENT 50 MINUTES • 80 MINUTES

We've got your back! This relaxing treatment gives special attention to the back only, and includes a deep cleansing exfoliation, extensive massage, and a specialized soothing and refining masque to remedy imperfections, leaving the skin on your back feeling fresh and revitalized.

DEAD SEA DETOXIFIER 80 MINUTES

For a thoroughly smoothing, soothing, detoxifying, and relaxing treatment, indulge in this combination of Dead Sea salts and botanical oils, massaged over the body to cleanse, exfoliate, and stimulate circulation. This invigorating "body detox" is topped off by a warm and pampering mineral-rich Dead Sea mud wrap. Your journey concludes with a leisurely full-body massage.

RED FLOWER DETOXIFYING HAMMAM RITUAL 100 MINUTES

Retreat into a ritual of steam and deep detox in this six-step healing massage. Cleanse with mint tea and silt, then experience a vigorous scrub of coffee, olive stones, and fresh lemons. Soak and inhale mineral-rich waters of sea salt, cedar, and grapefruit as you are wrapped in rich rhassoul clay to draw deep impurities out of the body. Recharge with quince and orange blossoms, then be drenched in warmth with a heated Turkish massage. Finally, complete your sensory journey with a touch of tangerine fig cream.

ORGANIC SEAWEED RITUAL 100 MINUTES

It's a wrap! ELLE Spa's Organic Seaweed Ritual begins with a rich scrub composed of dried seaweed and infused oil for maximum exfoliation and invigoration. Then, steep inside our deep soaking tub while surrounded by real leaves of seaweed. Finally, experience the naturally renewing properties of the ocean as you are wrapped with organic, mineral-rich coral red seaweed and warm algae for a truly one-of-a-kind experience.

We believe in the power of pretty.

ELLE SPA SCRUB BAR: POLISHED TO PERFECTION

Explore our mixologist's organic scrub bar, customized with your choice of organic Atlantic sea salt, rich in essential minerals to tone and promote circulation, blended with delicious organic oils by Red Flower. A sprinkle of petals brings extra healing. Experience the scrub at your leisure in our luxurious rain showers and end your journey with organic lotion and cooling mist.

COUPLES MASSAGE

Why go it alone? Any of the featured massages are available to enjoy with your significant other. The ELLE Spa's Couples Massage is the ideal way to enhance your weekend getaway, relaxing and rejuvenating you and your partner and giving you both that first-few-weeks-of-love glow. Our three couples suites offer oversize tubs and luxurious amenities to enhance your shared spa experience.

FOUR-HANDED FACIALS

Our master skin-care specialist is joined with a reflexologist to enhance your facial treatment. Your secondary practitioner will treat your feet and legs to a sole-soothing, thermal massage while your primary aesthetician addresses your skin-care needs.

SOAKING BATH

Our heavenly baths are inspired by the ancient healing tradition of floating in mineral-rich organic salts. Choose from pure organic seaweed or essential oils infused with holistic flower extracts to restore, replenish, heal, and relax during the 20-minute treatment time.

HOT ROC STONES

Surrender to heat emitted from warm basalt stones and feel your stress melt away. This experience can be added to any treatment.

OCEANVIEW CABANA OR IN-ROOM MASSAGE

We offer private rooftop cabanas with 360-degree views of the Atlantic Ocean.

ELLE SIGNATURE MANICURE 45 MINUTES

Designed to improve the appearance of hands while increasing elastin and hydration, this luxurious softening hand treatment from Red Flower cleanses, soaks, exfoliates, wraps, and massages your hands. ELLE's custom-created blend of warmed avocado oil, pomegranate extract, and essential oils of verbena, mandarin, and jasmine reduces inflammation while deeply hydrating the skin.

ELLE SIGNATURE PEDICURE 60 MINUTES

Want sweet feet? This smoothing, hydrating, and softening pedicure treatment from Red Flower cleanses, soaks, exfoliates, wraps, and massages your tired legs and feet, making them feel new again. Using ELLE's custom-created blend of warmed avocado oil, pomegranate seed oil, and essential oils of verbena, mandarin, and jasmine, this sublime signature pedicure reduces inflammation while deeply hydrating the skin.

ELLE SPA SIGNATURE COLORS

Finish any manicure or pedicure with custom nail polish colors created exclusively for the spa by Essie.

ENHANCEMENTS

PHOTOGRAPHED BY JEM MITCHELL



PHOTOGRAPHED BY JUAN ALDABALDETRECU

We believe a few days at the beach can undo a few months of real life.

Enjoy all that the ELLE Spa has to offer with these custom half-day and full-day packages that will pamper you from head to toe.

EXFOLIATE & REJUVENATE

Includes the ELLE Spa Scrub Bar experience, 50-minute Swedish Massage, mini facial (2 hours)

PAMPERED & PRETTY

Includes one 80-minute service choice (Forever 25, Sleek & Chic, or Wrinkle Cure), ELLE Signature Manicure and Pedicure (3.5 Hours)

THE ULTIMATE INDULGENCE

Includes your choice of 50-minute massage, choice of 50-minute facial, Essential Manicure and Pedicure (3 hours)

TOTAL BEAUTY IMMERSION

Includes your choice of 80-minute massage, soaking bath, choice of 80-minute facial, ELLE Signature Manicure and Pedicure, shampoo and styling (5.5 hours)

COUPLES HARMONY

Includes 50-minute Couples Massage (you choose the pressure), any 50-minute facials, two Essential Manicures (3 hours)

HERE COMES THE BRIDE

Includes bridal makeup design and hair styling, Essential Manicure and Pedicure. Private styling available in-room for additional fee.

ELLE SPA VIP SUITE

For the ultimate in privacy and luxury, upgrade your experience to our exquisite couples VIP Suite. Spend time enjoying the gorgeous oceanfront and pool views, oversize whirlpool tub, rain showers, foot baths, and our cozy beds.

Advance booking required for upgrades to the ELLE Spa VIP Suite as well as adding private time for additional relaxation before or after your treatment(s). See pricing insert for more information.

VIP SUITE COUPLES PACKAGE

An ultimate day of pampering, start with aromatic massages and full-body exfoliation. Then enjoy champagne and treats in our couples whirlpool with invigorating bath salts and essential oils. Slip off to your private rooftop VIP cabana for a light lunch, then experience a brightening facial that will melt off the years. Finally, enjoy freshly prepared tea and dual luxe manicures and pedicures.

ESCAPES



PHOTOGRAPHED BY MARK PILLAI

