



MASSAGES

Thera.P Signature Massage

Price: RM130 (60 minutes), RM170 (90 minutes)

Discover our most popular massage at Thera.P Spa! Our signature massage is a combination of Acupressure, Traditional, Swedish and Balinese massage. This massage helps alertness, blood circulation, draining and total relaxation.

Aroma Thera.P Massage

RM130 (60 minutes), RM170 (90 minutes)

A truly relaxing and reviving light to medium pressure body massage to calm and de-stress.

Shiatsu Massage

RM130 (60 minutes), RM170 (90 minutes)

A deep pressure point body massages to promote blood circulation, release tension and anxiety.

Hot Stones Massage

RM140 (60 minutes), RM180 (90 minutes)

Heated stones therapy combined with pressure point massage. Ideally for those who is with persistent muscle soreness and pains.

Heated Herbal Pouch Massage

RM140 (60 minutes), RM180 (90 minutes)

A combination of Traditional and Thai herbal compressed packs combined with pressure point massage that promotes detoxification and to de – wind.

Head and Shoulder Massage

RM50 (30 minutes)

A blissfully “sweet and simple” 30 minutes massage to re-energize and release stress.

Foot Reflexology

RM70 (60 minutes)

To boost the immune system, restores mental and physical energies which aids in the improvement of a person’s wellbeing.

Tired Achy Feet

RM60 (45 minutes)

A relaxing and re-energizing foot massages.



Thera.P Spa

Mothers to Be and Post Natal Massage

RM140 (60 minutes), RM180 (90 minutes)

A gentle and relaxing massage to help alleviate and relieve muscle aches and joint pain especially on the weight bearing areas (hips and pelvis)

Body Scrubs

(30 minutes)

- § Java Lulur
- § Strawberries Scrub
- § Honey and Milk Scrub
- § Coffee Scrub
- § Ginger Salt Scrub

Price: RM70

Baths

(20 minutes)

- § Milk
- § Lavender
- § Rose
- § Muscle Ease

Price: RM60

Beauty Treatment

- § Radiant Day Make Up
Price: RM50
- § Glamorous Evening Make Up
Price: RM60

Nails by OPI

Spa Manicure RM55

Spa Pedicure RM65

Waxing

Legs	RM120
Armpit	RM50
Arms	RM100

Thera.P Spa

FACIAL TREATMENTS by DERMALOGICA

CLASSICAL FACIAL

For Dehydrated Skin (60 minutes)

Price: RM120

To improve the driest skin condition with intense moisture that provides a smooth & radiant complexion.

For Oily/Pimple/Breakout skin Treatment (60 minutes)

Price: RM160

Breakouts have finally met their match! A deep cleansing and purifying facial.

For Dry/Mature Skin Treatment (60 minutes)

Price: RM140

Recommended for mature or pre maturely aging skin. Designed to hydrate, firm, nourish, revitalize, regenerate and re-energize while controlling the biochemical triggers that lead to skin aging.

SPECIAL CARE

Aromatherapy Facial (75 minutes)

Price: RM210

A deep cleansing facial which will rejuvenate skin and eases tension. Dermalogica specialized multivitamins masque aids in boosting skin hydration and suppleness to promote healthy glowing skin!

PROFESSIONAL TREATMENT

Advanced MediBac Clearing™ (90 minutes)

Price: RM220

Say goodbye to blemished-prone skin with Dermalogica MediBac Clearing™ skin treatment. Formulated to improve skin clarity and reduce blemishes, while soothing redness and inflammation. Encourage balances and control of blemished skin condition.

Environmental Control Treatment (75 minutes)

Price: RM250

An incredibly soothing skin protecting treatment, using calming warm oatmeal to instantly calm redness and reduce inflammation. Perfect for sensitive skin!



Anti Stress Multivitamin Treatment (75 minutes)

Price: RM260

The most powerful Dermalogica treatment for premature ageing, dry, sun damaged skin that provides skin nourishment and regeneration. Incorporating the Agesmart treatment, your skin will be noticeably firmer, smoother and revived. Pamper your face with Dermalogica revitalizing power boost today!

Thera.P Spa

THEMED SPA PACKAGES

Purely Pampering Treats (2 hours 20 minutes)

RM240

Come and indulge in Thera.P Spa's most popular themed spa package! A truly wholesome spa treatment that will lull you into a world of serenity and contentment. Consists of a 90 minutes Thera.P signature, Shiatsu or Aromatherapy massage, an exfoliating body scrub and ends with a wonderful bath soak.

The Healing Stones Ritual (2 hours 20 minutes)

RM250

Come and experience our warm heated stones or herbal pouch massage, an exfoliating body scrub and a wonderful bath soak to an absolute healing and blissful moment.

The Beautiful Journey (2 hours)

RM200

60 minutes facial and 60 minutes Thera.P signature, Shiatsu or Aromatherapy massage to bring out the radiant and glow you!

Fatigue and Stress Recovery (1 hour 30 minutes)

RM100

Been walking or playing the whole day? Then it is time to relieve the fatigues and aches! Recharge yourself by enjoying a 60 minutes foot reflexology and a 30 minutes head and shoulder massage for a complete head to toe therapeutic treatment.

A Blissful Moment (2 hours)

RM170

60 minutes whole body massage and 60 minutes foot reflexology to soothe; rejuvenate and revive.

