

Welcome to Health Club

Health Club is located on the first floor of Renaissance Moscow Hotel. It provides the full range of services, which will help you to spend your time here with maximum benefit for your health.

- 22 meters **swimming pool** is open daily from 6 a.m. till 11 p.m.
- We invite you to visit our **saunas** separate for men and women. You can also enjoy our **solarium**.
- Our **gym** is open for our guests 24 hours a day and extremely well equipped with the modern fitness cardiomachines, strength stations and free weights.
- Advanced power- and cardiovascular equipment will help you to build up, keep or develop your physical shape.
- We offer a wide variety of modern **fitness classes**. These are Dance aerobics, Step, Ball, Bosu, Flexible strength, Pilates, Latina и Aqua.
- **Jacuzzi** with hydro- and aero massage.

Olympiski prospect, 18/1, Moscow,
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Tel: +7 (495) 931 98 90
www.renaissancemoscow.com


RENAISSANCE[®]
HOTELS





Single membership

• 1 month	16400
• 3 months	35900
• 6 months	49000
• 12 months	84000

Couple membership

• 1 month	26300
• 3 months	62600
• 6 months	84000
• 12 months	130900

Family membership

• 3 months	74200
• 6 months	101000
• 12 months	148500

“Happy Hours” membership

Mon - Fri 10 a.m. – 5 p.m., Sat - Sun 6 a.m. – noon

• Single 1 month	10000
• Couple 1 month	16800
• Single 3 months	2700
• Couple 3 months	35900

“Day Member” only for Health Club member’s guests

• 1-day visit for an adult	2000
• 1-day visit for a child	850

Rates are quoted in Rubles, including VAT and Sales tax, and may be changed without prior notice. The membership fee includes use of swimming pool, jacuzzi, sauna and gym.

Corporate membership

- More than 10 annual single memberships - **10%** discount
- More than 20 annual single memberships - **30%** discount

“Adidas” products on sale.

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