

something to share

Hummus
grilled flatbread and crisp celery for dipping 8.5
a low cholesterol choice

Crispy Fried Calamari
with tomato dipping sauce 10

Jack and Cheddar Stuffed Quesadilla
with chicken and green onions in a large flour tortilla 10
skip the chicken, just jack and cheddar 8

Grilled Castroville Artichoke
with roasted pepper and garlic aioli 10

Buffalo Tempura Chicken Tenderloins 10
or Grilled Buffalo Shrimp 12
blue cheese and hot sauce

Classic Onion Dip
with fresh made chips 7.5

Monterey Clam Chowder
sourdough bread bowl 8 cup 4.5

Daily Soup
Chef Crafted bowl 8 cup 4.5

Bistro French Onion Soup 8

greens

Caesar Salad
chilled romaine tossed in traditional caesar dressing with
parmesan cheese and crunchy croutons 9
add herb grilled chicken 11 add lemon grilled shrimp 12

1/2 Chicken Caesar Salad and a Cup of Soup
includes tea or soda 10

Asian Chicken Salad
hoisin ginger vinaigrette 12

Cobb Salad
kitchen tossed, romaine, grilled chicken, egg, avocado,
blue cheese, tomatoes, and crisp bacon, choice of
dressing 14
a carb conscious selection

Greek Salad with Falafel
romaine and spinach, blistered tomatoes, cucumber, and
creamy feta with grilled pita and greek dressing 14

pizza

Monterey Pizza
artichokes, mushrooms, olives, peppers, tomatoes,
monterey jack 10/14

Classic Pizza
pepperoni, portabella mushrooms, tomatoes, basil,
mozzarella cheese 10/14

Four Cheese Pizza
mozzarella, monterey jack, fontina, parmesan 8/12

Please let us know of any dietary preferences or
food allergies we should be aware of in the
preparation of your meal. We are happy to modify
any of our dishes to your satisfaction.

burger bar

During the 50's the great burger stands of America
spread through the land serving what would become a
staple in dining history. As homage to those stands, and
to our own company's Hot Shoppes heritage, we offer
the great American hamburger.

*Marriott Burger
the classic on a butter toasted sesame bun, fresh
ground angus beef, cheddar cheese, crisp bacon 12

*Black and Blue Burger
blue cheese and balsamic onions on an onion bun 12

California Turkey Burger
pepper jack cheese, lettuce, tomato, and guacamole
on a toasted whole wheat bun 12

Ultimate Veggie Burger
jack cheese, mayonnaise, mustard, and pickles on a
whole wheat bun 10

*Bacon Cheeseburger Sliders
three mini burgers with choice of side 12

Choose a side:
french fries fresh chips sweet potato fries
fresh fruit tomato cucumber salad coleslaw

Classic Club
roasted turkey, crisp bacon, tomatoes and lettuce on
toasted white bread 12

Lemon Grilled Chicken Sandwich
jack cheese, tomatoes and lettuce on toasted
ciabatta 11

Portabella Mushroom Sandwich
avocado and fontina on toasted ciabatta 11

favorites

Lemon Chicken Breast
lightly tossed arugula salad, crispy or grilled 16

Tender Boneless Short Ribs 21
with cheddar mashed potatoes and market vegetable

*Grilled Filet Mignon 32
garlic sautéed mushrooms, crisp fries and steak butter

Pan Seared Salmon Filet 20
warm green bean and potato salad, mustard vinaigrette

Fish 'n Chips
batter fried cod, tartar sauce, and fries 15

Omelet of your choice
With a green salad and fries 13

Braised Short Rib Pasta
vegetables and shaved parmesan 16

Rigatoni with Sausage
spinach, tomatoes, shaved parmesan 15
skip the sausage, add mushrooms 13
a low cholesterol choice
add a glass of Lockwood Chardonnay 18

*Consuming raw or undercooked meats, poultry, seafood,
shellfish, or eggs, may increase your risk of foodborne
illness, especially if you have certain medical conditions.

18% gratuity added to parties of 6 or more

THREE FLAGS CAFE



desserts



- Warm Chocolate Cake
scoop of vanilla, warm chocolate sauce 7
- Key Lime Pie hand whipped cream 5
- Mango Crème Brûlée
blueberries and white chocolate 7
- Bread Pudding
whiskey sauce, vanilla ice cream 6
- Chocolate, Strawberry, Vanilla Ice Cream
small cup 5

iced tea | coffee | water

- Bottle water: Pellegrino or Evian .5L 2.5 1L 3.5
- Pepsi Diet Pepsi Mountain Dew Sierra Mist Orange Crush
Dr. Pepper Tropicana Lemonade Tazo Iced Tea Tazo Iced Passion Tea 2.5

We Proudly Brew STARBUCKS COFFEE



Starbucks Coffee 3.5

	Tall	Grande	Venti
Espresso	2.00	2.50	
Latte	3.00	3.50	4.00
Mocha	3.75	4.00	4.25
Cappuccino	3.00	3.50	4.00

wine by the glass

- Sparkling Wine
 - Mumm Napa Brut "Prestige" Ca 187ml 14
- White Wine
 - Beringer White Zinfandel Ca 7
 - Clos du Bois Chardonnay North Coast 8
 - Lockwood Chardonnay Monterey Ca 8
 - Pighin Pinot Grigio Italy 10
 - Brancott Sauvignon Blanc New Zealand 10
 - Chateau St. Jean Chardonnay Sonoma 10
 - Bernardus Chardonnay Monterey Ca 13
 - Morgan Chardonnay "Highland" SLH Ca 13
- Red Wine
 - Meridian Vineyards Merlot Ca 8
 - Rosemount Shiraz "Diamond Label" AU 8
 - Mark West Pinot Noir Sonoma 10
 - Estancia Cabernet Paso Robles Ca 10
 - St. Francis Vineyards Merlot Sonoma 13
 - Franciscan Cabernet Napa Valley Ca 13
 - Joullian Vineyards Zinfandel Carmel 13
 - La Crema Pinot Noir Sonoma Ca 16
 - Paraiso Pinot Noir SLH Ca 16

draft beer

- Widmer Hefeweizen
- Samuel Adams Boston Lager
- Sierra Nevada Pale Ale
- Stella Artois
- Bud Light
- Guinness
- Fat Tire

bottle beer

- Amstel Light
- Blue Moon Belgian White
- Budweiser
- Corona Light
- Heineken
- Michelob Ultra
- Sam Adams Seasonal
- Anchor Steam
- Bud Light
- Corona
- Coors Light
- Miller Lite
- O'Doul's
- Sam Adams