



*For the ultimate in beauty therapy.*

## **Angel Therapy**

### **Decleor Facials**

We start every Decleor facial with a wonderfully relaxing back massage. Using the pure essential aromatherapy oils for which Decleor is uniquely famous, your therapist gently soothes and stimulates your senses with a delightful combination of touch and essences to induce a profound sense of well-being. In addition to its deeply relaxing effect, this diagnostic back massage also enables your therapist to make an expert diagnosis of your skin and overall health in order to provide you with the Decleor beauty treatment most suited to your needs.

#### **ESSENTIALLY YOURS AROMATIC FACIAL**

*All skin types*

This highly personalised facial is specially designed to meet all your skincare needs. Discover the rejuvenating and anti-ageing benefits of this multi-beneficial treatment that incorporates a unique 100% natural multi-vitamin mask. You will see and feel a complete difference after your very first treatment – a radiant complexion and velvety smooth skin.

Time: 55 minutes

Price: £40

#### **DEEP NOURISH AROMATIC FACIAL**

*Dry & Dehydrated Skincare*

This deeply nourishing and gentle treatment immediately replenishes lost moisture and the skin is visibly refreshed and completely hydrated once again.

Time: 1hr 10minutes

Price: £43

#### **TOTAL BALANCE AROMATIC FACIAL**

*Oily & Combination Skincare*

An intensive balancing treatment that immediately reduces excessive unwanted shine and regulates inflamed or angry skin. The skin is left clearer, more luminous and refined.

Time: 1hr 10minutes

Price: £43

### **SHEER CALM AROMATIC FACIAL**

*Sensitive Skincare*

This calming treatment brings immediate comfort to stressed and sensitive skin. It not only soothes and re-balances but also increases the tolerance level of the skin leaving the complexion smooth and cool.

Time: 1hr 10minutes

Price: £43

### **EVIDENCE AROMATIC FACIAL**

*Anti-ageing Skincare*

This exceptional anti-ageing treatment is especially effective for areas of concern such as the eyes, lips and neck. It restores firmness, smoothes fine lines and leaves the skin looking youthful, rested and radiant.

Time: 1hr 10minutes

Price: £43

### **AROMA WHITE AROMATIC FACIAL**

*Brightening skincare*

Ideal before that special occasion to brighten the skin. Can also help to reduce pigmentation marks. A specific range of aromatherapy products to give a grey or sallow complexion a radiant boost.

Time: 1hr 10minutes

Price: £43

### **EXPRESS FACIAL**

*All skin types*

This express facial is an instant pick me up for tired skin leaving it refreshed and revitalised.

Time: 25 minutes

Price: £25

### **VITAL EYES**

A unique intensive anti-ageing eye treatment that instantly melts away tension. Suitable for all skin types this heavenly treatment soothes irritation, helps to decongest sinus problems, eliminate dark shadows and smooth fine lines.

Time: 40minutes

Price: £32

Can be combined with all Decleor facials - allow 30mins

Price: £20

## Decleor Body Treatments

### SPA MOSAIC ENVELOPMENT TREATMENTS

Experience the complete escapism of these luxurious aromatherapy body treatments, cocooned in a heated blanket, which maximises the benefits of the individual masks depending on your specific needs. Choose from.....

**Detox** – Exfoliation, massage and a marine algae mask rich in minerals help to drain away toxins and eliminate water retention, producing increased energy and smooth, soft even skin.

**Relax** - After a gentle exfoliation, a warm aromatic massage balm is smoothed over the entire body followed by a sumptuous hydrating creamy mask. As you lie in a heated blanket the balm gently permeates the body and produces a profound and long-lasting sense of well being.

**Tonic** – Instantly increase your skin's radiance. The combination of an invigorating exfoliation and a warm massage balm, with its unique blend of toning, firming and anti-ageing ingredients, leaves your skin toned and wonderfully soft.

**Flow** – Feel all muscular tension melt away with this refreshing and energising treatment. After a luxurious full body exfoliation, and a brisk friction massage that eliminates dull skin, a heated blanket will be wrapped around your body to eliminate toxins and remove excess fluid.

Time: 55 minutes

Price: £45

### PERFECT CONTOUR

Specifically designed to target vulnerable areas such as hips, thighs, bottom and stomach this treatment drains away toxins, reduces water retention, cellulite and promotes a profound sense of well-being.

Time: 55 minutes

Price: £45

### PERFECT LEGS

The perfect antidote for tired, aching and heavy legs, this instantly refreshing treatment will immediately eliminate swelling in the lower legs and feet, relieve muscle tension, improve circulation and revitalise skin texture.

Time: 40 minutes

Price: £38

### PURIFYING BACK TREATMENT

A unique diagnostic massage combined with deep cleansing as well as purifying and balancing essential oils decongest, hydrate and restore clarity to this delicate area where the condition of the skin is easy to neglect.

Time: 40 minutes

Price: £38

### **BODY SILK**

A luxurious full body exfoliation to gently lift off dull, dry skin followed by an application of body moisturiser leaving skin silky smooth.

Time: 25 minutes

Price: £28

### **MOTHER-TO-BE TREATMENT**

This specialised treatment focuses on preventing the appearance of stretch marks, reducing water retention, restoring comfort to aching legs and rebalancing complexion problems.

You are safe to have treatments from 3 months right up until your due date.

Time: 1hr 10mins

Price: £60

## **Massage**

### **AROMATIC MASSAGE**

This exquisite treatment combines unique oriental massage techniques with warm aromatic massage balms to offer a deeply relaxing treatment tailored to your individual needs.

### **THERAPEUTIC MASSAGE**

Swedish massage techniques ease muscle tension and provide ultimate relief for tight muscle knots. A fairly firm but relaxing massage.

Both of the above options are available in the following.....

Back Massage

Time: 25 minutes

Price: £25

Stress Buster Massage

Time: 40 minutes

Price: £30

Full Body

Time: 55 minutes

Price: £38

Full Body incl Oriental Tranquillity Head, Neck & Scalp Massage

Time: 1 hour 15 minutes

Price: £50

### **ORIENTAL TRANQUILITY HEAD, NECK & SCALP MASSAGE**

Inspired by Oriental techniques and using a concentration of essential oils, this aromatherapy massage has been developed specifically for the head, neck and scalp to produce deep relaxation.

Time: 25 minutes

Price: £28

## **WAXING**

Temporary hair removal with warm wax. A superb result is achieved every time with this method of hair removal.

Full leg wax	45 minutes	£21
Half leg	30 minutes	£15
Underarm	15 minutes	£8
Bikini	20 minutes	£10
Lip or Chin	15 minutes	£6
Back or Chest	30 minutes	£18
Arm	30 minutes	£12

We strongly advise you not to have any heat treatments (sauna, steam, sunbed) or swim, exercise or sunbathe for 4 hours before or 24 hours after waxing.

## **EYES**

Eyelash tint*	25 minutes	£10
Eyebrow tint*	10 minutes	£7.50
Lash & Brow tint*	30 minutes	£15
Eyebrow shape	10 minutes	£7.50

\*A sensitivity test needs to be done 24 hours prior to first treatment.

## **HANDS**

“Beautiful nails are not born.....they’re carefully cultivated” Jessica.

All manicure treatments are carried out using the range of Jessica products that are designed to cater to the special needs of all nails.

Express Manicure	25 minutes	£17
Spa Manicure	40 minutes	£24
Luxury Manicure	55 minutes	£30

## **FEET**

All pedicures are carried out using Jessica’s ZenSpa products – pedicures for the spirit.

Express Pedicure	25 minutes	£18
Spa Pedicure	40 minutes	£25
Luxury Pedicure	55minutes	£32
Pre Varnish	20 minutes	£11.50

## **Bronzing**

### **ST TROPEZ SELF TANNING TREATMENT**

The tinted self tanning lotion works instantly for a streakless application that lasts for days. Please be advised to wear loose dark clothing on the day of your treatment.

Face and body	55 minutes	Price: £42
Half Body	25 minutes	Price: £22

### **DECLEOR SELF-TANNING TREATMENT**

A complete body treatment in itself this safe, sun-free tan will give you a wonderfully natural, even long-lasting tan. Perfect to brighten up a winter complexion or top up an existing tan.

Face and body	55 minutes	Price: £45
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## **Make Up**

<b>MAKE-UP APPLICATION</b>	Price: £25
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**BRIDAL MAKE UP** Includes make-up trial before hand and application on the big day.

Price: £48

## **Treatments for Men**

### **SKIN FITNESS FACIAL**

This treatment, essential to improve the skin's tone and appearance, offers deep cleansing and exfoliation and combats daily aggressions such as shaving. The application of a herbal mask will help hydrate and revitalise skin.

Time: 55mins	Price £40
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### **SKIN FITNESS EXPERT**

This tension relieving aromatherapy facial can be individually tailored to meet the needs of all skin types. Combining the unique Decleor massage to the back, face, shoulders and neck using specialised high performance products, together with the application of Decleor's natural specific face mask, results are immediately visible. The complexion is bright, supple and energised.

Time: 1hr 10mins	Price £43
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### **BACK RECOVERY MASSAGE**

Relax while stress and tension is eased away to instantly relieve and revive.

Time: 25mins	£28
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### **HAND & FEET GROOMING**

Manicure	Time: 25mins	Price: £17
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Pedicure	Time: 25mins	Price: £18
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## Day Experiences

Each experience includes:

- full use of all the leisure facilities including pool, sauna, steam, spa bath and gym

### **Stress Buster**

Stress busting back massage £45  
Express facial  
Time: 50 minutes

### **Relax**

Express Facial  
Back, neck & shoulder massage  
Spa manicure £75  
Time: 1hr 20minutes

### **Bliss**

Prescription Facial £90  
Decleor Envelopment Treatment  
Time: 2hrs

### **Total Recovery**

Prescription Facial £125  
Decleor Envelopment Treatment  
Express Manicure  
Express Pedicure  
Time: 3hrs

### **Mother to be**

Sumptuous Mother to be Treatment £85  
Spa Pedicure  
Time: 2hrs

### **Joint Pamper day**

Spa Manicure  
Prescription facial or body massage £130 for 2 people  
Time: 1hr 30minutes

## Bookings

- We ask that you arrive 15 minutes before your appointment to allow time for you to change and relax prior to treatment. Arriving late may mean we are not be able to accommodate the full treatment time. Latecomers will be charged the full fee for shortened treatments.
- Please give at least one full day's notice if you are unable to make your appointment and we will be happy to re-schedule, otherwise we reserve the right to charge the full amount for the treatment.

Thank you for your co-operation.

## Open Times

Monday	12pm – 8pm
Tuesday	10am – 8pm
Wednesday	10am – 6pm
Thursday	10am – 8pm
Friday	10am – 7pm
Saturday	10am – 6pm
Sunday	10am – 4pm

**For availability or to book please call:  
01604 667613**

If you are calling from within the hotel dial: Extension #3

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