



PICK A SIZE
for noodles, soups or salads

REGULAR

\$5.30

with Chicken, Beef,
Shrimp or Tofu

\$6.95

SMALL

\$4.10

with Chicken, Beef,
Shrimp or Tofu

\$5.85

THE TRIO

\$6.95

THE ORIGINAL FAD DIET -
A BALANCED MEAL!



THE TRIO - \$6.95

- Any small noodles or soup
- Pick chicken, beef, shrimp or tofu
- Choose a tossed green or caesar side salad

ASIAN

noodles

JAPANESE PAN NOODLES®

Sweet soy pan-fry caramelized with udon noodles, broccoli, carrots and shiitake mushrooms. Asian sprouts, black sesame and cilantro garnish.

PAD THAI

Classic tangy rice noodle stir-fry with scrambled egg, carrots and cabbage. Topped with lime, peanuts, Asian sprouts and cilantro.

BANGKOK CURRY

Coconut curry wok tossed with broccoli, carrots, red pepper, onion, mushrooms and a light portion of rice noodles. Served on cabbage with black sesame on top.

INDONESIAN PEANUT SAUTÉ

Fiery peanut sauce and rice noodle stir-fry with broccoli, carrots and cabbage. Asian sprouts, cilantro, crushed peanuts and lime on top.

soup

THAI CURRY SOUP

Yellow coconut curry broth with spinach, cabbage, mushrooms, tomato, red onion and rice noodles.

salad

CHINESE CHOP SALAD

Sesame-soy dressing on field greens with red pepper, cucumbers, black sesame and crunchy wontons.

= spicy

MEDITERRANEAN

noodles

PENNE ROSA

Spicy tomato cream sauce sautéed with penne pasta, mushrooms, tomato and spinach. Topped with feta or parmesan and Italian parsley.

PESTO CAVATAPPI®

Curly pasta sautéed with basil pesto, garlic, mushrooms, tomato and a splash of cream. Topped with parmesan and parsley.

PASTA FRESCA

Balsamic, white wine and roasted garlic-sautéed penne pasta with spinach, tomato and red onion. Topped with parsley and parmesan or feta.

WHOLE GRAIN TUSCAN FETTUCINE

Whole grain fettuccine, broccoli, mushrooms, red pepper, onion and garlic sautéed with balsamic and a touch of cream. Topped with parmesan and parsley.

soup

TOMATO BASIL BISQUE

A rich and zesty tomato soup with a touch of cream, sherry, fresh basil and garlic. Topped with Italian parsley.

salad

THE MED SALAD

Romaine and spring greens, tomato, cucumbers, red onion, kalamata olives and cavatappi tossed with a creamy garlic dressing. Feta on top.

AMERICAN

noodles

WISCONSIN MAC & CHEESE®

Scrumptious blend of cheeses and fresh cream served over tender elbow macaroni. Topped with cheddar-jack.

MUSHROOM STROGANOFF

Sherry cream sauce simmered with fresh herbs and cracked pepper served over sautéed mushrooms and egg noodles. Topped with parmesan.

BUTTERED NOODLES

any size - \$1 less

Wavy egg noodles topped with real melted butter, Italian seasonings and grated parmesan.

HOUSE MARINARA

Classic savory tomato sauce served over penne and topped with parmesan and parsley.

soup

CHICKEN NOODLE SOUP

Homemade broth with braised chicken, celery, carrots, onion and wavy egg noodles.

salad

CAESAR SALAD

Crisp romaine, field greens and crunchy croutons tossed with traditional dressing and topped with parmesan.

CUSTOMIZE IT

Add a protein, sub or add veggies, cheese or noodles. Please ask about vegetarian or noodle-less options.

PROTEINS

Chicken Breast	\$1.75
Beef	\$1.75
Shrimp	\$1.75
Organic Tofu	\$1.75

FRESH VEGGIES

\$0.75 EACH

Broccoli, tomatoes, red onions, spinach, red peppers, cucumbers, carrots, kalamata olives, sautéed mushrooms, shiitake mushrooms

CHEESE

\$0.75 EACH

Parmesan, cheddar-jack or feta

SIDES

CUCUMBER TOMATO SIDE SALAD

\$2.25

TOSSED GREEN SIDE SALAD

\$2.00

Balsamic, Sesame Soy or Fat-Free Asian

POTSTICKERS

\$2.95 / \$4.95

Chicken & vegetable dumplings (3 or 6)

FLATBREAD OR RUSTIC ROLL

\$0.65

BEVERAGES

Regular Fountain Drink

\$1.50

Kid's Fountain Drink

\$0.95

Bottled Juices & Beverages

\$1.50 - \$1.95

Organic Milk

\$1.65

Beer domestic/premium

\$2.50 / \$3.50

Wine glass/bottle

\$3.75 / \$15.00

Our descriptions do not include all ingredients. Please see a manager if you have food allergies or your dish requires special preparation.

