

**Portland Marriott Downtown Waterfront**

1401 SW Naito Parkway, Portland, OR 97201  
 503.226.7600

*Classics*

**Cascades All American Buffet**

All items from Healthy Good Start plus Scrambled Eggs, Belgian waffles, Cheese Blintzes, Smoked Salmon, and a selection of Breakfast Entrees. Includes juice, tea, milk, and coffee. 18

**The Oregonian Healthy Good Start Buffet**

The season's best local fruit, oatmeal, cold cereal, homemade almond granola, yogurt, cottage cheese, Northwest smoked salmon and your choice of toast, breakfast breads, bagel, or muffin. Includes juice, tea, milk and coffee 16

**Mt. Hood Healthy Start Breakfast**

Oatmeal, cold cereal, or homemade almond granola with fresh berries or bananas, skim milk and your choice of toast, bagel, or muffin. Includes juice, tea, milk, and coffee. 14

**All American Breakfast**

Two fresh eggs cooked any style with crisp hash browns, and your choice of bacon, ham, sausage, or Canadian bacon. Served with your choice of toast, bagel, or muffin. Includes juice, tea, milk, and coffee. 15

**Three Egg or Egg Beater Omelet**

Create your own omelet, with eggs, pasteurized egg whites or egg beaters, with choice of toast. Served with hashbrowns and fresh fruit 13



**Steak and Eggs**

*[High Protein and Carb-Conscious]*  
 NY strip steak 6oz, grilled tomatoes, mushroom hash served with bacon and two eggs cooked your way 17

**Crunchy Grilled French Toast**

*[Low Cholesterol]*  
 Whole wheat bread dipped in low cholesterol eggs and crushed corn flakes. Served with maple syrup, fresh fruit, and margarine. 14

**Egg White Vegetable Frittata**

*[Low Fat]*  
 Skillet of pasteurized egg whites cooked with spinach, mushrooms, and fennel served with tomato basil relish. 12

These items have been selected to meet the diverse dietary needs of our guests. Your Server will be happy to answer any questions.

*Signatures*

**Pacific Northwest Smoked Salmon Hash**

Two poached eggs over smoked salmon hash topped with hollandaise and your choice of toast, bagel, or muffin. 16

**Grilled Vegetable Eggs Benedict**

Poached eggs on toasted English muffin with grilled vegetables. Served with hashbrowns and fresh fruit. 13

*Specialties*

**Traditional Eggs Benedict**

Poached eggs on toasted English muffin with Canadian bacon and hollandaise Served with hashbrowns and fresh fruit 13

**Northwest Signature Challah French Toast**

Sourdough baguette, topped with sweet baked Oregon and Washington apples with fresh cinnamon and raisins, maple syrup, and whipped butter. 13

**Original Waffles or Homemade Pancakes**

Maple syrup and whipped butter. Served with bacon and fresh fruit. 11

**Fast Fare**

Two scrambled eggs, diced ham and hash browns with a choice of toast. Served with house made signature jam. 12

**Broken Yolk Sandwich**

Rustic sourdough bread, cheddar cheese, bacon grilled tomato and an over hard egg. 13

**Breakfast Quesadilla**

Scrambled eggs, bacon, cheddar cheese, whole wheat flour tortilla, salsa, guacamole and sour cream. 12

*Etc.*

- Fresh squeezed juices** 4
- Cup of coffee, decaffeinated coffee** 3
- Selection of Taylor Teas** 3
- Milk or chocolate milk** 3
- Hot chocolate** 3
- Bowl of fresh fruit with seasonal berries** 6
- Oatmeal, fresh fruit and soft brown sugar** 8
- Homemade granola with fresh fruit** 8
- Selection of cold cereals with milk** 8
- Croissant or muffin** 3
- Bagel with cream cheese** 5
- Selection of toast served with house made signature jam** 3
- Bacon, Sausage or Canadian bacon** 5
- Yogurt Parfait** 8