

COURTYARD BY MARRIOTT

FITNESS CENTRE MEMBERSHIP

Membership Duration	Gym & Pool	Power Yoga	Hatha Yoga	Kids Yoga
Quarterly *	INR 7000	INR 3000	INR 2000	INR 2000
Half Yearly *	INR 14000	INR 5000	INR 3500	INR 3500
Annual *	INR 21000	INR 8000	INR 6000	INR 6000

Additional Corporate Discounts

<i>Less than 5 people</i>		<i>5-10 people</i>		<i>More than 10 people</i>	
Membership Duration	Gym & Pool	Duration	Gym & Pool	Duration	Gym & Pool
Quarterly *	INR 7000	Quarterly	INR 6000	Quarterly	INR 5000
Half Yearly *	INR 14000	Half Yearly	INR 12000	Half Yearly	INR 10000
Annual *	INR 21000	Annual	INR 20000	Annual	INR 18000

Massage Options:

15 minute Dry massage (foot / head / back) for INR. 500+taxes

Facilities & Benefits for Fitness Centre Members

- ☺ Free fitness assessment
- ☺ Enjoy the latest cardio fitness and weight training equipments.
- ☺ 20% discount at MoMo Café, MoMo Alfresco, and MoMo 2 Go.
- Applicable only on Food & Soft Beverages at MoMo Café & MoMo Alfresco. Discount not applicable on merchandise available at MoMo 2 Go.

• Taxes Applicable

LIST OF EQUIPMENTS AT THE FITNESS CENTRE

Equipment Name	Quantity	Company
Treadmill with LCD's	3	Precore
Cross Trainer with LCD's	3	Precore
Recumbent Cycle with LCD's	1	Precore
Vertical cycle with LCD's	1	Precore
Cable cross machine	1	Precore
Dumbbell rack (5lbs to 50lbs)	1	Precore
Adjustable bench	1	Precore
Ankle weight 0.5kg	1	Reebok
Ankle weight 1 kg	2	Reebok
Skipping rope	2	Reebok
Exercise ball	2	Reebok
Medicine Ball 1 kg & 3kg	1 each	Reebok
Yoga Mat	29	Reebok
Headphone	10	Philip
Weighing scale	1	Local
Lat pulley Bar	2	Local
Twisting bar	1	Local
Bicep bar	1	Local
Triceps bar	1	Local

For more details call: +91 20 4212 2222
 Courtyard by Marriott, Rajiv Gandhi InfoTech Park,
 Phase 1, Hinjewadi-411057
www.courtyardmarriottpune.com



PUNE HINJEWADI