

To Begin

BBQ shrimp flatbread 10.5

Ceviche sampler

seabass, octopus with ginger, shrimp in passion fruit juice 9.5

Grilled octopus

vegetable tempura 8.5

Empanada – goat cheese puff pastry

sweet bell pepper jam 7.5

Salads & Soups

Scallops salad

lettuce, fried onions, sesame seed oil vinaigrette 12.5

Mixed greens, blue cheese and pear

lettuce, endives, walnuts 8.5

Caesar salad

romaine lettuce, parmesan, croutons 6

with grilled chicken 9

with shrimp 11

Sancocho

Panamanian chicken soup with yam, corn and coriander 7

Lentil soup

vegetables, Panamanian cheese 6.5

Pumpkin & cinnamon soup 6.5

Sandwiches

Marriott burger

cheddar cheese, bacon, lettuce, tomato, onion, French fries 10.5

Club sandwich

turkey, lettuce, tomato, bacon, French fries 10.5

Tenderloin & brie cheese

olive bread, arugula, red wine dressing, French fries 12

Grilled seabass sandwich

artisan bread, tomato, lemon and coriander mayonnaise, French fries 10.5

Thursday: Panamanian Buffet

Friday: Seafood Buffet

Sunday: Champagne Brunch

From the Sea

Grilled jumbo shrimp

spicy mashed potato and bell pepper sauce 20

Seared tuna

sesame seed crust, potatoes, spicy orange, lemon sauce 20.5

Grilled seabass with “uchuva” chutney

zucchini, mini potatoes, asparagus, almonds 17.5

Salmon

pumpkin risotto, watercress, pico de gallo 20.5

Shrimp rigatoni

capers, parmesan, white wine sauce 20.5

Lobster tail

Green apple and blue cheese risotto, cashew nuts, cherry tomato 28.5

Meat & Chicken

Grilled chicken breast

grilled vegetables brochette, chimichurri sauce 14.5

Beef tenderloin

mashed beets, grilled asparagus 18.5

New York Steak – Certified Angus Beef

Prime Rib – Certified Angus Beef

mashed or baked potato, grilled asparagus 28.5

Vegetarian

Spaghetti

cherry tomato, basil, extra virgin oil, garlic 12.5

Eggplant “Lasagna”

tomato, eggplant, basil and mozzarella 12.5

On the Side

grilled **vegetables**

mashed **spinach** with cream

mushrooms in white wine

grilled **asparagus**

sautéed **potatoes with paprika**

mixed **wild and white rice**

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Something Sweet

Local artisan ice cream and sorbet

caramelized banana, chocolate syrup 7

Mixed fruit tart

vanilla custard, almonds 7

Baileys cheesecake 6

Wall of chocolate

strawberry and chocolate layers 6

Mousse sampler

passion fruit, lemon, mint 6