

events by Marriott



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Portland Marriott at Sable Oaks

200 Sable Oaks Drive | S. Portland | Maine 04106

www.Marriott.com/pwmap

Portland Marriott at Sable Oaks

200 Sable Oaks Drive | S. Portland | Maine 04106

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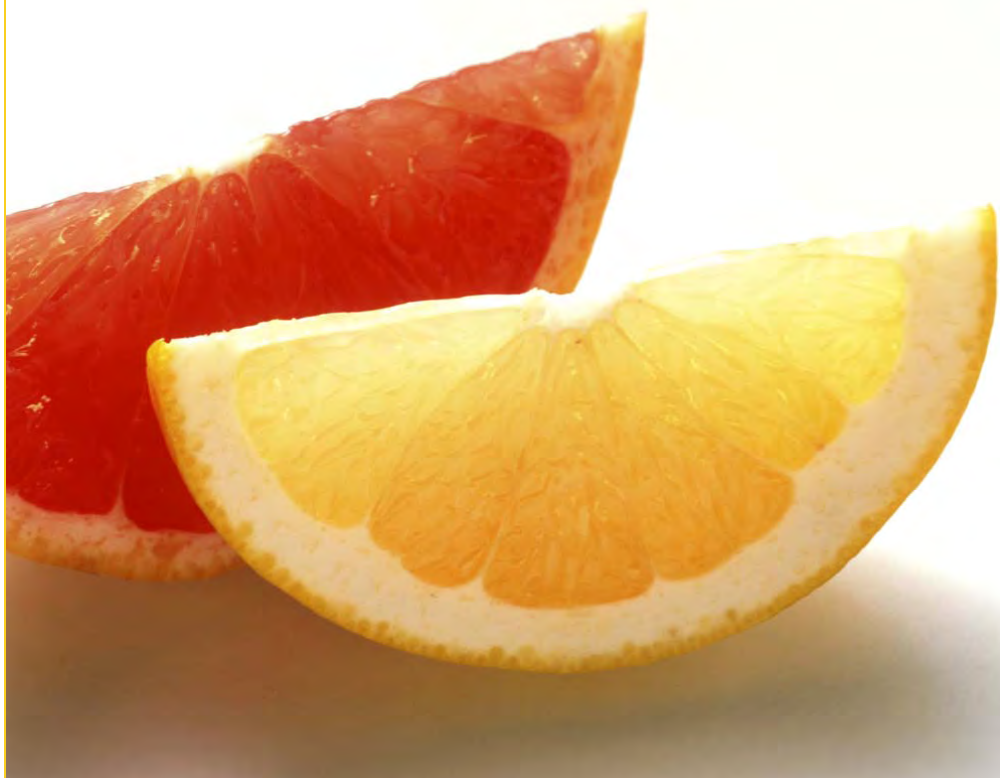
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Continental Breakfast

Traditional |

Bagels with Assorted Cream Cheeses
Freshly Baked Muffins, Pastries, and Flaky Croissants

Healthy Start |

Fresh Cut Melons and Seasonal Berries
Bagels with Light Cream Cheese
Individual Fruited Yogurts and Crunchy Granola

Carb-Conscious Enhancements |

Sliced Meats & Cheeses
Hard Boiled Eggs

Enhancements |

Silver Dollar Pancakes	Open Faced Mini Bagel Sandwiches
French Toast Sticks	Mini Egg Croissant Sandwiches, Ham & Plain
Filled Croissants	Breakfast Burritos, Cheese & Sausage
	Smoked Salmon Platter

Enhancements must be accompanied by a breakfast order

Continental Breakfasts include Freshly Brewed New England Coffee, Decaffeinated Coffee, Our Premium Selection of Teas and Chilled Fruit Juice.



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Breakfast Plated

The Traditional |

- Scrambled Eggs
- Fresh Baked Blueberry Muffin
- Grilled Red Bliss Potatoes
- Bacon & Sausage

Northern Style French Toast |

- French Toast
- Thick Cut Bacon
- Sliced Cinnamon Apples
- Warm Maple Syrup

Quiche |

- Spinach, Mushroom and Cheddar
- Grilled Ham and Pineapple

Enhancements |

- Cantaloupe Wedge
- Seasonal Fruit Plate
- Almond Granola Parfait
- Fruit Cup in Minted Yogurt

Enhancements must be accompanied by a breakfast order

All Plated Breakfasts include Whole Fresh Fruit Centerpieces, Freshly Brewed New England Coffee, Decaffeinated Coffee, Our Premium Selection of Teas and Chilled Orange Juice.



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Breakfast Buffet

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Morning Sunrise |

Cereals and Fruit Yogurt

Fresh Cut Melons and Seasonal Berries

Freshly Baked Muffins, Pastries, and Flaky Croissants

Assorted Bagels and Cream Cheese

Scrambled Eggs

Bacon & Sausage

Grilled Red Bliss Potatoes

Healthy Start |

Fresh Cut Melons and Seasonal Berries

Hot Oatmeal, Soft Brown Sugar, Cinnamon and Raisins

Scrambled Egg Beaters

Assorted Bagels and Light Cream Cheese

Individual Fruit Yogurts and Crunchy Granola

All Breakfast Buffets include Whole Fresh Fruit Centerpieces, Freshly Brewed New England Coffee, Decaffeinated Coffee, Our Premium Selection of Teas and Chilled Juices.

Groups under 25 People will be charged a \$45 Buffet fee

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Breakfast Buffet

Lumber Jack |

Freshly Sliced Melons and Seasonal Berries

Whipped Cream and Honey Yogurt

Hot Oatmeal, Soft Brown Sugar, Cinnamon & Raisins

Fruit Yogurt, Crunchy Granola & Dried Fruit

Blueberry Pancakes with Warm Maple Syrup

Scrambled Eggs with Mushrooms, Onions, Spinach & Cheese

Ham Steaks, Thick Cut Bacon & Sausage

Grilled Red Bliss Potatoes

Enhancements |

Smoked Salmon Display

Hand Cut Corned Beef Hash

Breakfast Paninis

Bloody Mary Bar

Stuffed French Toast

Mimosa & Champagne Bar

Blueberry Pancakes

Crustless Quiche

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Afternoon Breaks

The Nor'easter Break |

Assorted Chocolate Candy Bars
Flavored Whoopie Pies

Energy Breaks |

NOC, Monster, & Moxie Energy Drinks
Glaceau Energy Waters
Power & Granola Bars
Jelly Belly Energy Beans
Make Your Own Trail Mix
Green & White Teas

Cookie Monster Break |

Skim, Low-fat and Chocolate Milk
Freshly Baked Cookies &
Chocolate Brownies

Candy Shop |

Jars of M&M's, Gummy Bears, Swedish
Fish, Reese's, Smarties, Liquorice, and
Jelly Beans
Sweet & Spicy Nuts

Refreshment Break |

Includes Beverages Listed Below



All Afternoon Breaks are served with:

Chilled Soft Drinks, Natural and Flavored Mineral Waters
Freshly Brewed New England Coffee, Decaffeinated Coffee and Our
Premium Selection of Herbal Teas
Breaks are available for two hours.

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Afternoon Breaks

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Seadog Break |

Smartfood Popcorn & Cracker Jacks
Warm Flavored Jumbo Pretzels

Fiesta Break |

Nine Layer Dip of Refried Beans, Sour Cream, Guacamole, Salsa, Tomatoes, Olives, Cilantro, Jalapenos, Cheddar and Monterey Jack Cheese
Served with White Corn Tortillas

Enhancements |

Mini Cocktail Franks
Mini Corn Dogs
Tea Sandwiches
Scones & Crumpets
Gazpacho Shooters
Pitcher of Iced Tea or Lemonade

Carb-Conscious Enhancement |

Individual Crudités



All Afternoon Breaks are served with:

Chilled Soft Drinks, Natural and Flavored Mineral Waters, Freshly Brewed New England Coffee, Decaffeinated Coffee and Our Premium Selection of Herbal Teas

Breaks are available for two hours.

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Executive Package

Includes All Three Breaks |

Continental Breakfast

Chilled Fruit Juices
Bagels with Assorted Cream Cheeses
Freshly Baked Muffins, Pastries, and Flaky Croissants

Morning Break

Fresh Cut Melons and Seasonal Berries
Chilled Soft Drinks, Natural and Flavored Mineral Waters

Afternoon Break

Freshly Baked Cookies & Chocolate Brownies
Chilled Soft Drinks and Natural and Flavored Mineral Waters

All Breaks are served with:

Freshly Brewed New England Coffee, Decaffeinated Coffee and Our Premium Selection of Herbal Teas



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Chilled Plated Lunch Entrees

All Entrees are Served with:

Freshly Brewed New England Coffee,
Decaffeinated Coffee and Our
Premium Selection of Herbal Teas

Lemonade or Iced Tea

Your Choice of Dessert

For groups of 15 or less, selected
preorder menus are available.

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Chilled Plated

Chicken Nicoise |

Grilled Chicken Breast on a Bed of Greens
Chilled Red Bliss Potatoes, Marinated Green Beans,
Tomatoes, Black Olives, Angel Hair Pasta
Aioli Dressing

BLT Chicken Wrap |

Grilled Chicken Breast on Tomato Tortilla with Maple Pepper
Bacon, Beefsteak Tomato, and Herbed Mayonnaise

Grilled Rosemary Shrimp |

Baby Lettuce, English Cucumber, Shredded
Carrot, Kalamata Olive, Citrus Vinaigrette

Enhancements |

Assorted Soft Drinks and Mineral
Waters



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Hot Plated Lunch Entrees

All Entrees are Served with:

Choice of Garden Salad or
Soup of the Day

Seasonal Vegetables

Rice or Potatoes

Your Choice of Dessert

Freshly Brewed New England Coffee,
Decaffeinated Coffee and Our
Premium Selection of Herbal Teas

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Chicken Entrees

Herb Crusted |

In Garlicky Pan Jus

French Cut |

Lavender Honey Glazed
Stone Fruit Chutney

Forestiere |

Seared Boneless Breast of Chicken
Wild Mushroom Ragout

Fish Entrees

New England Baked Haddock |

Traditionally Prepared with Seasoned
Bread Crumbs
Lemon Butter Sauce

Pesto Encrusted Salmon |

Tomato Basil Jus

Grilled Swordfish |

Pineapple Cucumber Salsa



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Pork & Beef Entrees

Roast Pork Tenderloin |

Port Wine Demi Glace

London Broil |

Marinated Flank Steak

Sherry Mushroom Sauce

Braised Short Ribs |

Smokey Tomato & Horseradish

Pasta Entrees

Ricotta Filled Manicotti |

Baked in Pomodoro Sauce

Penne Pomodoro |

Roasted Vegetables & Goat Cheese

Enhancements |

Grilled Chicken

Grilled Shrimp

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Lunch Dessert Selection

Lemon Mousse Cake

Warm-Apple Blossoms

Chocolate Mousse in Stemmed Glass

Fresh Fruit Cup with Mint Yogurt

Wild Blueberry Cheesecake

Chocolate Caramel Crunch



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Buffet Lunch

Country Deli Buffet |

- Soup of the Day
- Tossed Garden Salad
- Tarragon Chicken Cashew Salad
- Fresh Mozzarella, Vine Ripe Tomato & Micro Basil
- Cavatappi with Garbanzo Beans & Feta
- Roast Beef, Turkey & Ham
- Cheddar, Swiss & Provolone Cheese
- Leaf Lettuce, Sliced Tomatoes
- Pickles, Olives & Pepperocini
- Assorted Breads & Rolls
- Assorted Cookie Bars
- Blueberry Coffee Cake

All Lunch Buffets are served with:

Fresh Brewed New England Coffee, Decaffeinated Coffee, Our Premium Selection of Herbal Teas, Chilled Soft Drinks and Flavored Mineral Waters.

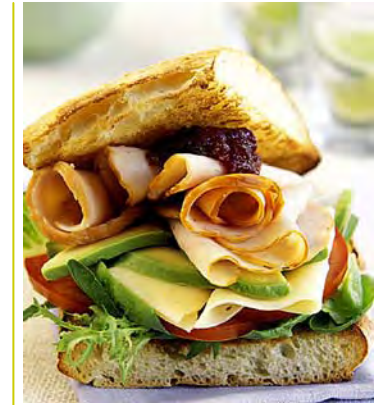
Groups under 25 people will be charged a \$45 buffet fee

The Caesar |

- Tossed Caesar Salad
- Grilled Vegetable Display
- Grilled Chicken & Marinated Shrimp
- Chilled Tortellini Salad & Three Pepper Slaw
- Sliced Tuscan Breads & Crostinis
- Olive Tapenade & Tomato Basil Relish
- Whole Fresh Fruit , Tiramisu & Biscotti

Enhancements |

- Hot Pastrami & Corned Beef with Sautéed Onions & Sauerkraut



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Buffet Lunch

Northeast Lunch Buffet |

- Lobster Florentine Soup
- Grilled Asparagus, Peppers & Zucchini
- Four Cheese Ravioli in Crushed Tomato-Basil Sauce
- Wild Mushroom Madeira Chicken Breast
- Roast Pork Loin with Caramelized Apples
- Seared Salmon with Orange Tarragon Sauce
- Roasted Fingerling Potatoes
- Individual Fruited Tarts

Eat and Run Buffet |

- Fingerling Potato Salad, Red Bean & Rice Salad
- Roast Beef and Havarti on Basil Focaccia
- Roasted Vegetables on French Baguette
- Smoked Turkey on Raisin Bread
- Ham & Cheese Tortilla Wraps
- Chips Pretzels & Popcorn
- Assorted Cookie Bars
- Strawberries with Whipped Cream & Chocolate Bits

All Lunch Buffets are served with:

Fresh Brewed New England Coffee, Decaffeinated Coffee, Our Premium Selection of Herbal Teas, Chilled Soft Drinks and Flavored Mineral Waters.

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Themed Lunch Buffets

South of the Border |

- Tortilla Soup
- Tri-colored Corn Chips
- Fajita Bar
- Spicy Beef & Chicken
- Lettuce, Diced Tomatoes, Onions, Black Olives, Shredded Cheese, Guacamole, Salsa & Sour Cream
- Spanish Rice & Empanadas with Con Queso
- Kahlua Mousse with Chocolate Bits

Little Italy |

- Minestrone Soup
- Marinated Mushrooms
- Orzo, Olive, Arugula and Roasted Pepper Salad
- Caesar Salad & Warm Garlic Bread
- Chicken Milanaise & Bow Tie Pasta with Peas, Prosciutto and Black Truffle Alfredo
- Zucchini Capriccio
- Assorted Tiramisu & Cannoli

Groups under 25 people will be charged a \$45 buffet fee



Asian Express |

- Hot and Sour Soup
- Salad of Mixed Greens, Sweet Peppers, Bamboo Shoots, Snow Peas & Shitake Mushrooms with Rice Wine Vinaigrette
- Lemon Cashew Chicken Breast
- Hoisin Pork Loin, Crispy Eggs Rolls, Fried Rice & Stir Fry Vegetables
- Black Rice Pudding

All Lunch Buffets are served with:

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On The Go Boxed Lunch Selections

Lunch |

If your program is time intensive or requires travel, consider a lunch box

Boxed Lunch Includes

Your choice of sandwich (one selection please), chips, cookie, whole fruit and soda or bottled water

Dagwood

Roast Beef, Ham, Turkey, Swiss and Cheddar with Lettuce and Tomato on Bulkie Roll

New Yorker

Pastrami, Swiss and Whole Grain Mustard on Marble Rye

Tuscan

Turkey, Mozzarella, Roasted Peppers and Fresh Basil on Foccacia

Portobello Wrap

Portobello Mushroom, Roasted Pepper, Cucumber, Tomato and Muenster on Whole Wheat Wrap

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- sushi
- bruschetta
- tenderloin
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- oysters
- cheese

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All Carving Stations come with:

Silver Dollar Rolls & Gourmet Spreads

Action Stations Require a 30 Person Minimum

Subject to a \$45 fee per Attendant

Action Stations

Carved

Selection #1 |

Slow Roasted Sirloin

Wild Mushroom Demi Glace

Selection #2 |

Cranberry Apple Glazed Tom Turkey & Pan Gravy

Selection #3 |

Honey Bourbon Glazed Ham
Maraschino Cherry Sauce

Selection #4 |

Peppered Pork Loin
Apple-Brandy sauce

Selection #5 |

Dijon-Herb Crusted Tenderloin of Beef
Sauce Béarnaise & Balsamic Onions

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Pasta Station |

Farfallei with Artichokes, Kalamata, Garlic, Fresh Tomato, Basil & Peccorino
Striped Four Cheese Angolotti with Roasted Pepper Marinara
Penne in Gorgonzola Cream & Pancetta

Sushi Station |

Rolled Vegetable, Cooked and Marinated Sushi
Soy Sauce
Pickled Ginger
Wasabi
(Based on two pieces per person)

Mashed Potato Bar |

Whipped Yukon Gold Potatoes
Toppings:
Cheddar Cheese, Bacon Bits, Scallions, Salsa & Sour Cream

Asian Stir Fry |

Teriyaki Beef, Chicken, and Baby Shrimp with Crisp Vegetables

Action Stations are Subject to a \$45 fee per Attendant

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Hors d'Oeuvres

Artisinal Cheese Display |

Sliced Rustic Breads, Distinctive Crackers, and Seedless Grapes

Vegetable Crudités |

Buttermilk Ranch & Lemon-Dill

Middle Eastern Market |

Hummus, Tabbouleh, Baba Ghanoush, Marinated Olives, Feta, Salted Almonds

Pita & Flatbreads

Happy Hour |

Mini Deep Dish Pizzas

Potato Skins

Beef Sliders

Buffalo Wings

Mini Hot Dogs & Corn Dogs

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Chef's Hot Hors d'Oeuvres

Stationed or Butler Passed (priced per 100 pieces)

Lobster & Mango Curry Crisp

Mini Beef Wellington

Risotto Crab Cakes with Pesto Aioli

Fig & Goat Cheese Flatbread

Coconut Shrimp

Scallops Wrapped in Bacon

Spanikopita

Caramelized Onion Profiteroles

Mushroom Caps Stuffed with Seasoned Crab Mix

Mushroom Caps Stuffed with Spinach & Feta Cheese

Chinese Eggplant Triangles

Assorted Mini Quiche

Buffalo Chicken Flauta

Fried Mac & Cheese

Mini Spring Rolls with Duck Sauce

Mini Chicken Cordon Bleu

Risotto Arancini

Smoked Salmon and Cucumber Flatbread

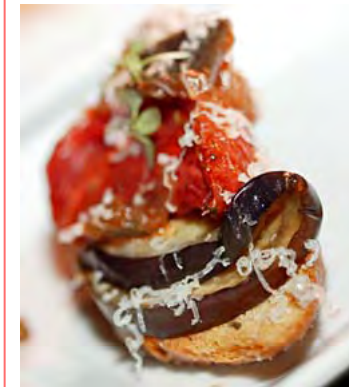
Szechuan Short Rib on Wonton

Tuscan White Bean Crisp

Andouille Sausage en Croute

Sesame Chicken Fingers

Crab Rangoons



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Chef's Cold Hors d'Oeuvres
Stationed or Butler Passed

- Individual Shrimp Cocktail on Tapas Spoon
- Oyster Shooters in Spicy Tomato Juice
- Sliced Cucumber with Crabmeat & Boursin
- Pepper Seared Tuna on Wonton Crisp
- Belgian Endive with Lobster Salad
- Skewers of Grape Tomato, Fresh Mozzarella, & Basil Leaf
- Boursin Cheese with Walnuts & Dried Apricot
- Smoked Salmon Pinwheels on Marble Rye Toast Points
- Crostini with Olive Tapenade & Roasted Peppers
- Ice Grapes

Iced Jumbo Shrimp |

Lemon Wedges, Cocktail Sauce

Shucked Spiny Creek Oysters |

Cracked Cocktail Crab Claws |



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Plated Dinner Entrees

All Dinner Entrees are served with:

- Freshly Baked Rolls
- Seasonal Fresh Vegetables
- Potato or Rice
- Selected Dessert
- Freshly Brewed New England Coffee, Decaffeinated Coffee and Our Premium Selection of Herbal Teas

Select one of the following appetizers to accompany your meal:

- House or Caesar Salad
- Clam Chowder or Selected Soup

Enhancements |

- Lobster Florentine Soup
- Crab Cake with Mixed Greens Lemon & Thyme Vinaigrette
- Old Port Salad with Dried Fruit, Candied Walnuts & Sweet Balsamic Vinaigrette

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Chicken Entrees

Chicken Forestiere |

Sautéed Chicken Breast
Wild Mushroom Ragout

French Cut |

Honey Lavender Glaze
Stone Fruit Chutney

Chicken Venetian |

Filled with Fresh Herbs, Sun-Dried
Tomatoes and Prosciutto
Basil Cheese Sauce

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Fish Entrees

New England Baked Haddock |

Traditionally Prepared with Seasoned Bread Crumbs, Lemon Butter Sauce

Atlantic Salmon |

Pan Seared
Dijon Citrus Broth

Swordfish Parmesan |

Parmesan Encrusted
Herb Butter

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Pork & Beef Entrees

Pork Porterhouse |

Caramelized Apples

Grilled Top Sirloin |

Cabernet Butter

Broiled New York Sirloin |

Warm Gorgonzola

Filet Mignon |

Center Cut Beef Tenderloin

Veal Reduction

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Combination Dinner Entrees

Chicken & Shrimp |

A Boneless Seared Chicken Breast
with Sauteed Tiger Shrimp
Lemon Caper Cream Sauce

Chicken & Lobster |

A Boneless Seared Chicken Breast
with Native Lobster Meat
Brandied-Tarragon Sauce

Surf & Turf |

Petit Filet Mignon and
Baked Stuffed Jumbo Shrimp
Cabernet Butter

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Dinner Buffets

Buffet will be attended for 1 ½ Hours

Groups of 25 People or less will be charged a fee of \$45

All Dinner Buffets are served with:

Warm Rolls & Butter

Freshly Brewed New England Coffee

Decaffeinated Coffee

Our Premium Selection of Herbal Teas

Assorted Desserts



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Dinner Buffet

Maine Lobster Bake |

- New England Clam Chowder
- Steamed Native Clams & Mussels with Natural Broth & Drawn Butter
- 1 ¼ lb Boiled Lobster*
- Barbequed Chicken
- Corn on the Cob
- Red Bliss Potato Salad & Coleslaw
- Blueberry & Strawberry Trifle
- * One Lobster per Person



Down East Buffet |

- Soup of the Day
- Tossed Garden Salad
- Slow Roasted Sirloin
- Wild Mushroom Demi Glace
- Chef Carved at \$45 per Carver
- Creamy Seafood Newburg with Puff Pastry Shells
- Select Fresh Vegetables
- Roasted Red Bliss Potatoes

The Aroostook Buffet |

- Soup of the Day
- Spinach Salad
- Chicken Forestiere
- Breaded Haddock Fillet
- Cheese Tortellini with Pomodoro Sauce
- Roasted Red Bliss Potatoes
- Select Fresh Vegetables

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The Executive Dinner Buffet

Choice of 2 Entrees |

Choice of 3 Entrees |



Soup of the Day

Salad Bar

Mixed Greens, Cucumbers, Tomatoes, Shred Carrots, Cheddar Cheese, Olives & Herb Croutons

Entrees

Seared Salmon in Lemongrass & Coconut Cream

Chicken Breast with Wild Mushroom Demi Glace

Herb Roasted Pork Loin with Carmelized Apples

Roasted Peppercorn Sirloin with Pan Jus

Shrimp, Scallop, Lobster and Sherry Cream
Tossed Penne Pasta

Roasted Vegetable Ratatouille

Vegetables & Potatoes

Seasonal Vegetable Medley

Roasted New Potatoes & Blended Rice

Fresh Bakery Rolls

Grand Dessert Finale

A Selection of Pastries, Tarts & Confections

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Fire & Ice Dessert Stations

(Must accompany a dinner or reception order)
*Attendant fee of \$45 required



Fruit Fondue |

Fruit Brochettes with Cantaloupe, Honeydew, Pineapple and Strawberries. Served with Chocolate Fondue and Honey-Yogurt Dipping Sauces

Bananas Foster * |

Flambeed Bananas in a Rum Infused Caramel Sauce over Vanilla Ice Cream

Berries Jubilee* |

Bing Cherries Flamed with Grand Marnier Over Vanilla Ice Cream

Sundae Bar* |

Vanilla and Chocolate Ice Creams with Topping Bar of Chopped Oreos, Chocolate Chips, Snickers, Heath Bar, Maraschino Cherries, Peanuts, M&M's, Sprinkles and Whipped Cream

Hot Fudge and Butterscotch Sauces

Viennese Table |

Miniature Pastries & Petit Fours Including Chocolate Eclairs, Napoleans, Cream Puffs, Fruit Tarts, Chocolate Covered Strawberries & Chocolate Filled Cordial Cups

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Dinner Dessert Selections

Warm Chocolate Lava Cake |

Bourbon Crème Anglaise

Forest Berry Tart |

Raspberry Purée

Caramel Chocolate Mousse Cake |

On Painted Plate

Individual Cheesecake |

Berry Compote



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ENJOY

- [martinis](#)
- [champagne](#)
- [cordials](#)
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Red Wines

Canyon Road

Merlot

Canyon Road

Cabernet Sauvignon

Mirassou

Pinot Noir

Blackstone

Pinot Noir

Blackstone

Merlot

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White Wines

Canyon Road
Chardonnay

Ecco Domani
Pinot Grigio

Blackstone
Chardonnay

Blush Wines

Canyon Road White Zinfandel

Sparkling Wines

Wycliff
Domaine Chandon
Moet & Chandon White Star

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Hosted Bar Service Based on Consumption

- Premium
- Premium Rocks
- Top Shelf
- Top Shelf Rocks
- Martini/Manhattan/Cosmopolitan
- Cordials
- Canyon Road Cabernet Sauvignon
- Mirassou Pinot Noir
- Canyon Road Merlot
- Canyon Road White Zinfandel
- Canyon Road Chardonnay
- Ecco Domani Pinot Grigio
- American Bottled Beer
- Hand Crafted Bottled Beer
- Imported Bottled Beer
- Non-Alcoholic Bottled Beer
- Mineral Water
- Soft Drinks & Juices

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Cash Bar Service

- Premium
- Premium Rocks
- Top Shelf
- Top Shelf Rocks
- Martini/Manhattan/Cosmopolitan
- Cordials
- Canyon Road Cabernet Sauvignon
- Mirassou Pinot Noir
- Canyon Road Merlot
- Canyon Road White Zinfandel
- Canyon Road Chardonnay
- Ecco Domani Pinot Grigio
- American Bottled Beer
- Hand Crafted Bottled Beer
- Imported Bottled Beer
- Non-Alcoholic Bottled Beer
- Mineral Water
- Soft Drink & Juices

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SMART

- granola
- yogurt
- nuts
- salad
- fruit
- salmon
- vegetables
- pita

Fit For You Breakfast Selections

All Plated Breakfasts include:

- An Assortment of Breakfast Pastries
- Freshly Brewed New England Coffee
- Decaffeinated Coffee
- Our Premium Selection of Herbal Teas
- Freshly Squeezed Orange Juice



Breakfast Starters

[Fresh Cut Fruit](#) |

[Cantaloupe Wedge](#) |

[Bowl of Seasonal Berries](#) |

These items have been selected to meet the diverse dietary needs of our guests. We will be happy to answer any questions you may have

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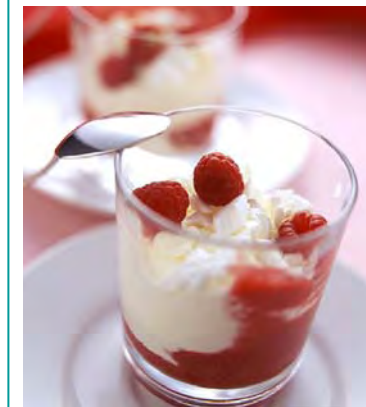
Seasonal Fruit Plate (low fat) |

An Assortment of Fresh Seasonal Fruits, Served with Plain Low Fat Yogurt



Crunchy French Toast (low cholesterol) |

Whole Wheat Bread Dipped In Cholesterol Free Eggs and Crushed Corn Flakes. Served with Sliced Bananas, Berries and Light Syrup.



Steak & Eggs (carb conscious) |

6 oz Sirloin Strip, Scrambled Eggs, Grilled, Sliced Tomatoes and Mushroom Bacon Hash

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Fit For You Selections

The following selections are served with Freshly Brewed New England Coffee, Decaffeinated Coffee, Our Premium Selection of Herbal Teas and Your Choice of Dessert

Sandwiches |

Grilled Vegetable Wrap (low fat)
Portobello Mushroom, Roasted Red Peppers
Artichokes & Onions in a Whole Wheat Tortilla
Served with Cucumber Salad

Entrée Salads |

Italian Cobb Salad (carb conscious)
Italian Ham, Salami & Turkey Slices
Fresh Mozzarella & Provolone Cheese
Eggs, Tomatoes, Zucchini & Pepperoncini

Plated Entrée |

Carmoula Glazed Swordfish (low cholesterol)
Israeli Couscous
Preserved Lemon Vinaigrette

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On the Go Boxed Lunch Selections

If your program is time restrictive or requires travel, consider a Boxed Lunch

Boxed Lunches Includes:

Your Choice of Sandwich from our Lunch Selection (One Selection Please)
Sun-Chips, Whole Fruit and Bottled Water

Mediterranean Wrap (low fat) |

Tomatoes, Cucumbers, Kalamata Olives, Feta Cheese and Romaine Lettuce Wrapped in a Whole Wheat Tortilla
Served with a Roasted Vegetable Couscous Salad

Italian Wrap (carb conscious) |

Genoa Salami, Cappicola, Dry Salami with Lettuce, Tomatoes and Pepperoncini in a Whole Wheat Tortilla



Fit For You Snack Items



Sliced Fruit Bread |

Hard Boiled Eggs |

(carb conscious)



Mixed Nuts |

(carb conscious)

V-8 Splash (low fat) |

(carb conscious)

Assorted Low Carbohydrate Snack Bars |

(carb conscious)

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Fit For You Reception Selections

Chilled Hors d'Oeuvres

Pepper Seared Ahi Tuna Medallions (carb conscious) |

On Cucumber Rounds with Wasabi Cream

Displays & Stations

Seasonal Fresh Fruit Display (low fat) |

The Garden Gathering Crudite (low cholesterol) |

Freshly Cut Vegetables Beautifully Arranged on a Mirror
Accompanied by Low Fat Dips

Shrimp Provencal (low fat) |

Shrimp Sauteed with Fennel, Tomatoes, Roasted Garlic
Provencal Herbs and White Wine



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The Chef's Carving Board

Add a Fit For You selection to accompany your reception or buffet

Roast Sirloin (carb conscious) |

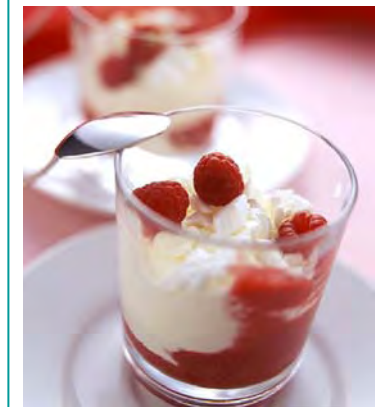
Au Jus & Fresh Horseradish

Roasted Boneless Leg of Lamb (low cholesterol) |

Tomato-Mint Concasse and Silver Dollar Rolls

Seared Rare Tuna (low fat) |

Papaya Relish



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Beverages Fit For You

Diet Coke and Diet Sprite Products

Michelob Ultra (carb conscious)

Poland Spring (still) Mineral Water, ½ Liter
(carb conscious)

Perrier (sparkling) Mineral Water, ½ Liter
(carb conscious)

Dessert Selections

Fresh Fruit Cup with Seasonal Berries
(low cholesterol, low fat)

Low Carb New York-Style Cheesecake
(carb conscious)

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GENERAL INFORMATION

For Catered Meetings and Events

CUSTOM-DESIGNED MENUS are available in consultation with the Executive Chef and Catering Sales Manager. The enclosed menus represent a sampling of our culinary offerings and have been designed to compliment large and small meetings and events. Many menu alternatives are available to satisfy a wide variety of tastes. We are happy to accommodate two menu options, with the higher priced entree being reflected.

TERMS FOR PAYMENT must be established in advance with your Sales Manager. All hotel events require a guarantee of payment at the time of booking by either credit card or cash deposit. All corporate and non-corporate events that do not require or qualify for direct billing privileges are required to have their event(s) prepaid at least and no later than two weeks prior to the event date. This company policy is strictly enforced and no exceptions will be made. Your Event Coordinator or Sales Manager will provide an estimated balance receipt for you. In the event of a cancellation, a fee will be incurred based upon the contractual agreement between the client and the Portland Marriott at Sable Oaks.

A MINIMUM ATTENDANCE must be guaranteed five business days prior to the function. When a guaranteed number is not provided, we will charge for the full number of guests expected.

REMOVAL OF FOOD AND BEVERAGE from the Portland Marriott's function rooms will not be permitted, nor will the Marriott allow food and beverage from other sources to be provided and/or served in the function rooms.

DECORATIONS, staging, exhibits etc, must be in compliance with safety codes established by the South Portland Fire Marshall and the Portland Marriott Hotel. The Hotel discourages the affixing of materials to walls and ceilings.

PACKAGES and materials for events to be held at the Portland Marriott should not arrive more than five days prior to the date of the function. COD items will not be accepted. Labeling must include the name and date of the event along with the Sales Manager's name. The Hotel will not assume responsibility for damage or loss of any item sent to the Hotel for storage.

PRICING for food, beverage and audio/visual equipment rental is subject to changes and does not include the 20% Service Charge. A 7% tax will be added to all food and beverage. A 5% tax will be added to all audio/visual equipment rentals. The 20% Service Charge is subject to 7% tax.

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THE EVENT STAGING COMPANY

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Staging elements such as crisp video and graphics, crystal clear sound, custom designed sets and lighting effects all work in harmony to ensure **your show runs smoothly, your message gets delivered clearly and your event is a success.**

Since 1975, massAV has been committed to delivering audio video, lighting, staging solutions AND creative services to ensure the highest-quality results. Continually expanding services and coverage area, massAV can support your event in the Northeast, across the United States or across the globe.



Let us exceed your expectations.

If it's designing and producing general sessions, or providing support in breakouts, your team and ours will partner together to make sure your meeting is flawless.

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Projection Packages

Standard Package

(3000 lumen projector - up to 75 people)

Includes 6' or 8' screen, cart and power.

Ballroom Package

(4000 lumen projector - up to 350 people)

Includes 12'x12' screen, cart and power.

Video Projection

Standard Package

(3000 lumen projector - up to 75 people)

Includes 6' - 8' Screen, VHS or DVD Player, Audio Patch, cart and Power.

Ballroom Package

(4000 lumen projector - up to 350 people)

Includes 12'x12' Screen, VHS or DVD Player, Audio Patch, cart and Power.



Overhead Package

Overhead Projector

6' or 8' screen, cart and power.

35MM Package

35 millimeter Projector, 6' or 8' screen, stand and power.

Audio

Microphones:

Wired podium or table mic

Wireless Lavalier **or** Handheld

PZM mic for recording

All microphones incur sound patch fee



Sound Reinforcement

Patch into House Sound

Ballroom Patch into House Sound

Sound System A

(2 speakers - up to 150 people)

Sound System B

(4 speakers - up to 250 people)

Sound System C

(4 speakers amplified - up to 500 people)

Sound Support

CD Player

Laptop Audio

4 channel mixer

(Necessary with more than one audio component)

6 channel mixer

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High Speed Internet Services

Wired Internet (T1 line) 1 user

Wired Internet 2-15 users

Wireless Internet 1 user

Wireless Internet up to 30 users

Marriott guests receive free wireless internet in guest rooms, restaurant and lounge.

Phone Services

Conference Phone

(Includes outside phone line)

Video Conferencing

House Phone

Phone with Outside Line

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events by Marriott

breakfast

breaks

lunch

reception

dinner

beverage

healthy

TECHNOLOGY info

On-site Equipment

27" Video Monitor

20" LCD Monitor

Laptop Computer

DVD Player

Cassette Player/Recorder

Camcorder with Tripod

3x4 Whiteboard/markers

Flipchart with markers

Flipchart with Post-it Pad

Display Easel



Marriott at Sable Oaks

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events by Marriott

[breakfast](#) [breaks](#) [lunch](#) [reception](#) [dinner](#) [beverage](#) [healthy](#) [TECHNOLOGY](#) [info](#)



Available Equipment

massAV is a full service event production company, able to meet your event needs regardless of the size or scope. The following items are available with sufficient notice.

Fastfold Screens (6'x8' / 7.5'x10' / 9'x12')

Plasma monitors (42" – 60")

Audience Response Systems

Teleprompter Services

Production Switchers

Computers and Printers

Staging and Set Design