

Classics

Good Start Breakfast | 14

Choice of oatmeal, cold cereal, or homemade granola with fresh berries or bananas, skim milk and your choice of toast, bagel or muffin. Includes juice and coffee

All American Breakfast | 16

Two eggs any style with crisp hash browns; choice of bacon, ham steak, sausage or Canadian bacon and toast, bagel, short stack of pancakes or muffin. Includes juice and coffee

Good Start Buffet | 16

Oatmeal, assorted cold cereal, or homemade granola with fresh fruit, yogurt and your choice of a selection of breakfast breads. Includes juice and coffee

All American Buffet | 20

The Good Start Buffet PLUS eggs cooked to order and a selection of breakfast meats. Includes juice and coffee

Fit For You

Breakfast Mixed Grill | 16

(carb-conscious)

Two eggs any style, assorted cooked meats

Crunchy Grilled French Toast | 14

(low cholesterol)

Whole wheat bread dipped in cholesterol free eggs and crushed corn flakes. Served with fresh fruit and reduced calorie syrup

Vegetable Frittata | 14

(low fat)

Egg whites sautéed in olive oil, shallots, mushrooms, fennel and spinach

Oatmeal | 6

(low fat)

From the Griddle

Buttermilk Pancakes - choice of bacon, sausage, ham or Canadian bacon | 14

French Toast - choice of bacon, sausage, ham or Canadian bacon | 14

Whole Wheat Pancakes – choice of bacon, sausage, ham or Canadian bacon | 14

Chef's Special | 9

Banana Oatmeal Crème Brulee

3-Egg Omelets

Your Choice of Fillings | 14

Served with hash browns and choice of toast, bagel or muffin.

cheese	bacon	jalapenos
onion	peppers	mushrooms
tomato	ham	asparagus
smoked	spinach	
salmon		

Signatures

Huevos Rancheros | 14

Three fried eggs, ranchero sauce, and chorizo. Served with refried beans, potatoes and tortillas

Texas Pecan Waffle | 14

Powdered sugar and maple syrup

Build your own taco plate | 9

Choose any three breakfast tacos:

bacon & egg	chorizo & egg	bean & cheese
potato & egg	ham & egg	papas rancheras
huevos ala mexicana		

Chorizo & Egg Plate | 14

Three fried eggs and two chorizo sausage links, served with refried beans, potatoes and tortillas

Specialties

Steak and Eggs | 16

With wild mushroom bacon hash

Eggs Benedict | 14

Served with hash browns

Fast Fare | 14

Two eggs scrambled with diced ham, served with hash browns and choice of toast, bagel or muffin

Broken Yolk Egg Sandwich | 14

Two fried eggs, bacon, cheddar cheese and sliced tomatoes on grilled sourdough

Atlantic smoked salmon | 14

Toasted bagel and cream cheese

Etc.

Almond-granola Parfait | 6

Orange or Grapefruit Juice | 3

Assorted Juices | 3

Fresh Fruit Smoothie | 4

Coffee or Tea | 3

Milk | 3

Bottled Water | 3

Starbucks coffees are available upon request

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions"