

| THE RETREAT SPA MENU |

FACE

MINI RELAXING FACIAL | 30 mins \$ 85.00

This is a fuss free relaxing facial beginning with facial cleansing, followed by exfoliation, using Dermalogica's Microfoliant containing rice brans for skin brightening. After that, enjoy a relaxing facial massage and the treatment will end with a nourishing masque with botanical ingredients.

DERMA AQUA SOURCE | 60 mins \$ 140.00

This skin revitalizing treatment begins with deep cleansing, followed by a gentle enzyme peel to reveal smooth, glowing skin. Skin is deeply rehydrated to increase oxygen absorption and cell regeneration. Sluggish and dull skin is refreshed.

DERMA DESENSITIZING | 60 mins \$ 140.00

A gentle yet thorough cleansing treatment for skin sensitised from pollution, misuse of beauty products or medication. Essential oils are used to produce a relaxing effect while protecting, calming, sedating and cooling the skin.

AROMA SKIN OXYGENATING | 60 mins \$ 180.00

For firming and toning, this treatment will leave the skin feeling revitalized, supple and balanced. Ideal for sensitive and easily irritated skin, or as an "instant pick up" for tired skin. Combines pure essential blends and a highly active serum to give the skin a visible, yet lasting glow.

AROMA SKIN CLEARING | 60 mins \$ 180.00

An aromatherapy treatment targeted at detoxifying the skin and clearing of blemishes and oiliness. Skin is purified using a combination of Ylang Ylang, Cedarwood, Lavender, Lemongrass, Rosewood and Sandalwood. The treatment provides the blemished skin the benefits of massage without stimulating blood flow.

AROMA SKIN CALMING | 60 mins \$ 180.00

Pure essential oils in this treatment oxygenate and rebalance allergy-prone or pollution-affected skin. Geranium and Lavender, among others reduce redness and calm irritation. A multivitamin-based skin recovery masque further strengthens the skin structure.

MULTIVITAMIN POWER EXFOLIANT | 75 mins \$ 250.00

This treatment uses the latest in vitamin repair and hydroxyl acid exfoliation. Designed to treat environmentally-damaged skin, it uses a gentle vitamin exfoliation and a vitamin recovery masque to noticeably improve skin tone and texture. This treatment includes a back massage.

ANTI AGING EYE TREATMENT | 30 mins \$ 85.00

This treatment uses anti-aging products filled with multivitamins to nourish and firm the fragile eye area. It is recommended for people who are concerned with preventing the effects of aging around the eye area.







## NAIL | WAXING

BASIC MANICURE | 45 mins \$ 55.00

Neatening of nails and a rehydrating hand massage to look presentable for the upcoming meeting or presentation.

BASIC PEDICURE | 45 mins \$ 75.00

Well-groomed nails to look professional in that peep toe heels.

SPA MANICURE | 90 mins \$ 135.00

Exfoliates and nourishes the hands with a choice of seaweed mud or paraffin wax to improve circulation.

SPA PEDICURE | 90 mins \$ 150.00

Exfoliates and nourishes the feet with a choice of seaweed mud or paraffin wax to improve circulation.

EYEBROW WAX | 15 mins \$ 35.00

UPPER LIP WAX | 15 mins \$ 25.00

LOWER LIP WAX | 15 mins \$ 25.00

UNDERARM WAX | 15 mins \$ 35.00

BIKINI WAX - *LADIES ONLY* | 15 mins \$ 45.00

HALF LEG WAX | 40 mins \$ 65.00

FULL LEG WAX | 60 mins \$ 95.00

HALF ARM WAX | 40 mins \$ 65.00

FULL ARM WAX | 60 mins \$ 95.00

BACK WAX | 60 mins \$ 95.00

## STEAM BATH AND SAUNA

Ease aches and pains, improves blood circulation and removes toxins, rids toxins, relieves tension and stress to allow for maximal work efficiency and productivity.