

Situated on Level 4 of Sydney Harbour Marriott Hotel the luxurious Level 4 Day Spa offers the finest in Beauty Therapy and Massage Treatments. Guests of the Day Spa also have the opportunity to utilize the accompanying health clubs facilities including: state-of-the-art gymnasium, heated pool, hydrotherapy spa, sauna and sun deck.



Massage Therapy

Reduce stress and muscle fatigue with one of the therapeutic massages in the relaxing ambience of the Spa or in the comfort of your hotel room.

Relaxation-Remedial-Sports-Reflexology

30 min - \$75, 45 min - \$95, 60 min - \$120, 90 min - \$170

Should you wish to have a massage in your room & outside the opening hours an additional fee applies . Please enquire at the Health Club - Extension : **7628**

Hot Stone Massage Experience

The Hot Stone Massage experience is like no other, it will pleasure the body, the mind as well as the soul.

It is truly a unique and exhilarating experience. The therapist uses deep, penetrating massage techniques and highly effective energy work.

30 min - \$85, 45 min - \$ 115 , 60 min - \$150, 90 min - \$210



Facial Treatment

Firming - Rejuvenating - Multi Vitamin Power - Detoxing Facials

A specifically designed treatment that is ideal for your skin at the moment of your visit including skin analysis. Professional Organic and Cosmeceutical Products used

60 min - \$130, 30 min - \$ 80

Medi Express Treatment

An express maintenance treatment that provides cellular turnover and intense hydration for an instantly radiant and firmer looking skin

30 min - \$99

Vitamin C Radiance Booster Treatment

An intensive illumination treatment that provides a powerful dose of antioxidants and hydration. Skin is visibly firmer with a smoother texture and tone

30 min - \$99

Gentleman's Facial

It addresses a man's skin care needs, including the prevention of ingrown hairs and razor burn. Also, it reverses the signs of aging with a quick blast of anti-oxidants while you relax during a scalp massage

45 min - \$110

Teen's Facial

Start teens with a good skin care regime that they will continue into adulthood !

45 min - \$90

Collagen Induction Facial Treatment Using Traditional Chinese Medicine Anti Aging and Beauty Techniques



The technique is used for over 2000 years and it reduces the fine lines and wrinkles, scarring, dull facial complexion, sun damage and pigmentation. In modern scientific trials, the Dermaroller has been shown to increase collagen production in the skin by up to 1,000% in a single treatment and increase the absorption of the beauty products on the skin by almost 10,000 times. This technique is also used for hair loss, premature graying, thinning hair, stretch marks and cellulite

45 min - \$370 (Dermaroller for use at home included)

Spa Body Therapies

Mineral Salt Scrub

Remineralising and polishing of the body with mineral rich sea salts, natural kelp, spirulina, fruit enzymes and essential oils

40 min - \$90

Enzymatic Sea Mud Wrap

A unique mixture of seaweed botanicals, plant enzymes and essential oils in a mineral based clay with therapeutic and cosmetic benefits

45 min - \$100

Anti Aging Chocolate Wrap

Intense hydrating, detoxifying, smoothing and firming treatment with essential oils, fruit acids, clay, cocoa bean powder and natural aloe vera for dry skin. An intense sensory experience

45 min - \$100

Radiant Spray Tanning

Create a radiant "back from Holidays" look without damaging your skin

30 min - \$60

Face and Body Upgrade Treatments

20 minutes each

Add neck, shoulder and scalp massage \$35

Add foot reflexology \$35

Add lymphatic drainage face massage \$35

Add chinese acupressure face massage \$35

Manicure & Pedicure

Express Manicure or Pedicure

Nail clip, Buff and Polish 20 min - \$40

Traditional Manicure

Rejuvenating hand treatment including nail shape, cuticle treat, massage and polish
30min - \$55

Traditional Pedicure

Rejuvenating foot treatment including toenail shape, cuticle treat, massage, heel exfoliation and polish
45min - \$75

French Manicure 15 min - \$15 extra **Paraffin wax wrap** \$20 extra

OPI Axxium Gel Nail Lacquer System

that took Hollywood by storm (lasts two weeks). Gives your nails incredible shine. Perfect for special occasions, extended vacations, busy professional women - any occasion that demands long lasting color \$35 extra

Waxing - All waxing available for men and women

Eyebrow Shape - \$30	Brazilian - \$70
Men's Back or Full Chest - \$ 65	Full leg - \$65
Lip or Chin - \$18	Half Leg - \$35
Bikini - \$30	Underarm - \$25
Extended Bikini - \$50	Half Arm - \$35

Tinting

Eyelash Tint - \$25

Eyebrow Tint - \$18

Eyelash Extensions

Imagine long, luscious and beautiful eyelashes without the hassles of applying and removing eye make-up. The semi-permanent eyelash extensions are individual synthetic lashes that are designed to replicate a natural eyelash.

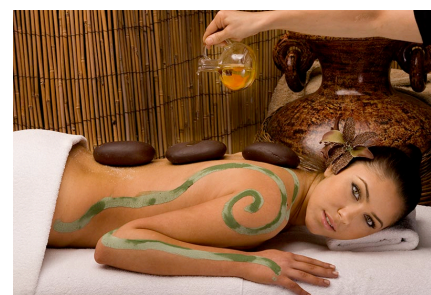
Half Set(30 lashes) - \$90, Full set(60 lashes) - \$160

Make Up

Whether you wear make-up regularly or not at all, a soft, natural look, with a hint of glamour is our Skin Care Therapist's specialty.

Day time make up 20 min - \$50

Special occasions 40 min - \$ 95



Well Deserved Day Spa Packages

Jet Lag Package

Massage(choice of Hot Stone or Relaxation) + Facial

A soothing massage for de-stressing & revitalizing together with a specially designed facial to suit your skin type 90 min - \$195 per person

Relaxation Package

Massage(choice of Hot Stone or Relaxation) + Manicure Or Pedicure

A soothing massage for de-stressing together with a Manicure or Pedicure including hand or foot treatment, nail shape, cuticle treat, massage & polish. Pedicure includes foot spa & intensive heel exfoliation 90 min- \$160 per person

The Full Body Facial Package

Mineral Salt Scrub + Enzymatic Sea Mud or Chocolate Wrap + Express Facial

Reward your skin with a highly effective full body exfoliation and wrap, counteracting the effects of jet lag and daily pressure by eliminating toxins, rebalancing inner energies and relieving stress. While your skin is soaking in nurturance, your therapist will complete the treatment with a 30 minutes hydrating facial

100 min - \$260 per person

Couples Indulgence Package

Massage(choice of Hot Stone or Relaxation) + Enzymatic Sea Mud Wrap

Soothing massage for de-stressing & revitalizing together with a rejuvenating skin body treatment which cleanses the body of toxins, tones & tightens to improve the look & texture of the skin 90 min - \$190 per person

Happy Hands and Feet

Rejuvenating hands and feet treatment that includes nail shape, cuticle treat, massage, intensive heel exfoliation & polish. Firming mask is applied to the hands and moisture is sealed in with our heated mitts that provide maximum nutrients 90 min - \$150 per person

Specialized Day Spa Packages and Gift Vouchers available.

For Bookings & Enquiries please call (02) 9252 2424

or email : info@level4healthclub.com.au

For hotel guests please dial extension 7628

Credit Card and Cancellation Policy

Credit card details are required to secure your day spa booking

We understand that sometimes you need to change your schedule. We kindly ask that you give us 24 hours notice so that someone else may visit. If less than 24 hours notice is given, a 50% cancellation fee will be charged. If you do not show for your treatment or do not give notice of your cancellation full charge is deducted from your credit card.

10% surcharge applies on public holidays on all treatments.

HOURS OF SERVICE

Monday to Friday - 10am to 6pm

Saturday - 9am to 5pm

Sunday - 9am to 1pm

Level 4 Health Club and Spa
Sydney Harbour Marriott Hotel
30 Pitt street, Circular Quay, Sydney

