Spa Waterside

MASSAGE

We offer 25, 50 and 80-minute massages.

Relaxation Massage — $50, $90, $130

Lie back, relax and allow one of our talented spa therapists to send you to tranquility. This massage is designed with the busy traveler in mind.

Combination Massage — $60, $95, $140

Combining deep pressure to relieve tight muscles and Swedish techniques are used for full relaxation.

Deep Tissue Massage — $60, $95, $140

A deeper tissue massage designed for individuals wanting a more detailed and specific muscle massage.

Waterside Signature Massage — 50 mins. $100, 80 mins. $145

Indulge in this one of a kind relaxation massage incorporating hot stones and warm bamboo tools.

Stone Therapy Massage — 50 mins. $105, 80 mins. $150

Warm stones are used to massage the body, bringing balance to your center of energy, loosening tight muscles, relieving stress and easing tension, creating total relaxation.

Bamboo Massage — 50 mins. $105, 80 mins. $150

An exotic and new full-body massage treatment that utilizes beautifully handcrafted, warm bamboo shoots and rattan tools of different sizes. This luxurious treatment involving long, soothing rhythmical strokes is sure to melt your cares away.

Pre-Natal Massage — 50 mins. $90

This is a relaxation massage for the mother-to-be. Designed to alleviate leg, hip and lower back pressure caused by the body's normal adjustments to pregnancy. This massage is available during the 2nd and 3rd trimesters.

Couples Massage — 50 mins. $210

Indulge in the privacy of a treatment room specifically designed for couples to receive side-by-side relaxation massages. Gratuity included.

MASSAGE (cont'd)

Therapeutic Foot Massage — 25 mins. $60

Heavenly for tired feet. This foot massage includes relaxation while relieving stress and tension.

Foot and Neck Massage — 25 mins. $65

This treatment will work those key areas that will relax the whole body.

Reflexology — 50 mins. $90

This ancient healing art uses specific pressure point technique to create a healthy balance within the body.

Massage Enhancers

Aromatherapy $10
Back Scrub $25
Foot Scrub $25
Hot Lava Shells $25

FACIALS

Deep Cleaning European Facial — 50 mins. $95

For all skin types. This classic offers exfoliation, steaming, deep pore cleansing, facial massage and a facial mask chosen by our skin care professionals.

Multi-Vitamin Power Repair Facial — 50 mins. $115

For the latest in vitamin repair and hydroxyl acid exfoliation, try this fortifying treatment. Designed to treat environmentally damaged skin, this treatment includes a non-irritating vitamin power exfoliation and a vitamin recovery masque.

Gentleman's Facial — 50 mins. $95

A deep-cleansing therapeutic facial designed specifically for the skin care needs of men. Clear skin results from pore cleansing, followed by a deeply restful massage. Specifically addressing sensitivity and razor burn. (Do not shave prior to facial.)

Absolute Pearl — 50 mins. $115

Oxygenating and whitening anti-aging treatment containing crushed pearl powder and botanical extracts such as mulberry and licorice to bestow a radiant glow.

FACIALS (cont'd)

Active Pureness 50 mins. $115

The benefit of the natural abilities of algae and clay to gently exfoliate, reduce impurities and balance every type of skin.

Chrono-Reverser Anti-Aging Skin Renewal 50 mins. $130

The combination of Vitamin C and natural fruit acids will induce cellular turnover resulting in skin renewal and rejuvenation.

Hydramemory 50 mins. $115

Deeply hydrating and restoring treatment containing desert plant extracts to promote silky skin.

Skin Resonance 50 mins. $115

Soothing and strengthening for sensitive and delicate skin. The cooling effects of this treatment will decongest, rebalance and calm reactive skin.

Dermafile Facial Treatment 50 mins. $135

This treatment will lightly polish the skin by hand, removing the top layer of dead skin cells, leaving the skin velvety smooth, fresh and rejuvenated.

Back Facial 30 mins. $60

This relaxing back facial begins with a deep cleansing of the back to remove excess oil and debris, followed by an exfoliation using Hydro-active mineral salts to polish away dullness. Lastly, a stress relieving treatment with essential oils and customized mask will make your skin radiant.

Express Facial 25 mins. $60

For those who lack time, try our express 25-minute facial. This complete treatment is a perfect blend of cleansing, a customized masque, toning and moisturizing.

Floracide Acid Peel 30 mins. $70

A unique combination of glycolic, salicylic and hibiscus flower acids gently exfoliate the skin, leaving it smooth and firm with a brighter complexion. A soothing gel mask follows the treatment to hydrate and replenish the skin.

FACIAL ENHANCERS

Add to any facial for $25.

Eye Supreme Brightening

A renewing brightening treatment to nourish the delicate eye area.

Lip Blooming

Gentle exfoliants followed with plump mask rich in apricot and olive butters.

Foot Treatment

Let us give your tired toes the royal treatment. An exfoliating foot scrub is applied, followed by a soothing application of our silky moisturizers.

WAXING

Arm	$40
Back	$50
Bikini	$40+
Brow	$18
Chin	$10
Full Leg	$70
Half Leg	$45
Lip	$10
Neck	$25
Underarm	$25
Toe	$10

PACKAGES

*Gratuities included in all packages

Day on the Bay — $325

50-minute Relaxation Massage, Deep Cleaning European Facial, Spa Manicure, Spa Pedicure and Spa Lunch.

Gentleman's Escape — $275

50-minute Deep Tissue Massage, Gentleman's Facial, Spa Manicure and Spa Lunch.

Hot Stone — $180

50-minute Stone Therapy Massage and Hot Stone Pedicure.

Waterside Experience — $175

25-minute Relaxation Massage, Express Facial and Spa Pedicure.

NAIL CARE TREATMENTS

Spa Manicure $35, French $40, Shellac $50
Includes a hand and arm massage, moisture and polish with top coat.

Spa Pedicure $55, French $60, Shellac $70
Includes a leg and foot massage, leg and foot exfoliation, and relaxing foot bath followed by a moisturizer with polish.

Hot Stone Pedicure $65
A therapeutic foot treatment that incorporates the use of hot stones and oils into your pedicure service.

Tea Time Manicure and Pedicure $100
Purifying hand and foot soak with botanical extract and tea essences. Incorporates a green tea scrub and a white mask.

Waterside Signature Mani/Pedi $100
Soothe in a relaxation soak followed by a revitalization exfoliation massage, finished with warm paraffin.

MARRIOTT SIGNATURE TREATMENTS

Double Happiness Manicure and Pedicure by June Jacobs $100
Spa Collection delivers the ultimate experience with invigorating peppermint and rejuvenating, skin-softening ingredient technology. The treatment begins with a unique 'facial' for the hands and feet, including a revitalizing massage and gentle skin resurfacing that leaves hands and feet silky smooth and utterly renewed.

Saving Face Hydrating Facial $125
Features Kerstin Florian's Natural Antioxidant Skincare Line. This customized botanical facial maximizes your skin's performance, dramatically increasing moisture, and resulting in clear, healthy and vibrant skin.

BODY TREATMENTS

Body Scrubs — 50 mins. $95

Exfoliate the entire body for healthy glowing skin.

- Chamomile Body Scrub
- Lavender Mint Salt Glow
- Monthly Special (call for details)

Body Wraps — 50 mins. $95

Submerge in a nutrient-rich cocoon to revitalize and promote relaxation throughout the entire body.

- Aromatic Moor Mud
- Seaweed
- Monticelli Mud

Waterside Signature Body Treatment — 80 mins. $140

Begin with an exfoliation of the entire body followed by massage utilizing relaxation techniques.

Tropical Escape: Crème Fraiche Wrap with Papaya-Pineapple — 65 mins. $135

Drenched with papaya and pineapple, this tropical wrap is also enriched with crème fraiche natural butter. Blended with potent anti-aging ingredients, such as collagen and elastin, this treatment leaves the skin nourished and rejuvenated. Experience a glorious sensory escape.

SPA WATERSIDE ETIQUETTE

To enjoy our entire facility, we suggest you arrive at least 20 minutes prior to your first appointment. Arriving late will shorten the precious minutes of your treatment. If you wish to use our fitness facility, we recommend you do so prior to your spa treatment. Appropriate athletic shoes are required while using any fitness equipment. If you choose to utilize our beautiful pool, please bring your bathing suit. Our Finnish saunas will allow you to unwind and relax before and after your services.

All of our therapists are sensitive to guests feeling comfortable during their treatments. We understand this, and appropriate draping practices are always observed. If you feel more comfortable, undergarments may be worn during any spa service. Tipping is appropriate for services and treatments. A general guideline would be between 15% and 20%.

At times, it may be necessary to cancel your spa or salon appointments. We ask that you notify us four hours in advance to avoid being charged. The spa is designed to be a serene, tranquil environment. Please leave personal phones and beepers in your guest room or at home. No one under the age of 16 is permitted in the spa facility.

Spa Waterside

SPA WATERSIDE
AT TAMPA MARRIOTT® WATERSIDE HOTEL & MARINA
700 South Florida Avenue
Tampa, FL 33602
MM15026
Spa Reservations 813.204.6300
Hotel Reservations 813.221.4900 | Toll-free 888.268.1616
TampaWatersideSpa.com

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