

To start and share

The Daily Soup 5

Soft Lettuces blistered tomatoes, bread shards,
red wine mustard vinaigrette 5

Hummus, grilled flatbread and crisp celery for dipping
[a low cholesterol choice] 5

Chilled Shrimp, sharp horseradish cocktail sauce 11

Classic Onion Dip with house made chips 5

Jack and Cheddar Stuffed Quesadilla chicken and green onions in a large
flour tortilla 9 or, skip the chicken, just the jack and cheddar 7

Carmelized Three Onion Soup provolone and Swiss cheese crouton 6

Crispy Fried Calamari tomato dipping sauce 8

Favorites

Caesar Salad, chilled romaine tossed in traditional Caesar
dressing with parmesan cheese and crunchy croutons 7

Add herb grilled chicken 10, **lemon grilled shrimp** 13

Marriott Burger, the classic on a butter toasted sesame bun,
fresh ground angus beef, cheddar cheese, crisp bacon 10

Roast Turkey BLT, lemon pepper mayo, toasted sourdough 9

Omelet of Your Choice with a green salad and fries 12

Cobb Salad, kitchen tossed, romaine, grilled chicken, egg,
avocado, blue cheese, tomatoes and crisp bacon,
choice of dressing [a carb conscious selection] 12

Sesame Chicken Salad tossed greens, mandarin oranges, walnuts,
grilled chicken, and avocado all topped on a crisp flatbread 12

Classic Reuben French fries and Cole slaw 9

(The following entrees are served with house salad and dinner rolls)

Grilled Filet Mignon, garlic sautéed mushrooms,
crisp fries and steak butter 32 **Petit** 27

Pan Seared Salmon Fillet, warm green bean
and potato salad, mustard vinaigrette 22

Parmesan Chicken Breast, wilted arugula,
capers and tomatoes, simple mashed potatoes 21

Pot Roasted Shortrib, roasted carrots, cheddar mashed potatoes 21

Rigatoni with Sausage, spinach, tomatoes, shaved parmesan 18
Skip the sausage, add mushrooms [a low cholesterol choice] 16

Grilled NY Strip Steak, sauteed spinach and loaded baked potato 29

Grilled flat Iron Steak, cheddar mashed potatoes and sauteed
green beans 21

Dessert

Warm Apple & Walnut Cobbler, vanilla ice cream 7

Key Lime Pie, hand whipped cream 6

Jack Daniels Chocolate Chip Cake 7

Ice Cream & Sorbet, traditional and seasonal flavors 6



CONFERENCE RESORT & CONVENTION CENTER

The Meadows Restaurant

1901 MeadowView Pkwy

Kingsport, Tn. 37660

423-578-6632

Please let us know of any dietary preferences or food allergies we should be aware of in the preparation of your meal. We are happy to modify any of our dishes to your satisfaction.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.