

our green roots are showing.

Green isn't a new color for Residence Inn by Marriott Capitol. We've been working on ways to minimize our environmental impact since the hotel opened in 2005. That's why we're proud to show our "green roots."

Take a look at the initiatives we have already launched along with others we hope to put in place soon. We invite your feedback, comments, and suggestions: please leave us a message at extension 7104 or send an email to ri.wascp.gm@marriott.com.

in place

- ↑ We purchase 50% of our electricity from renewable energy sources!
- ↑ You can participate in our **green your stay** package: Your contribution of \$5 per night goes toward the purchase of "green tags," allowing the hotel to purchase more renewable energy, neutralizing the carbon impact of your hotel stay. Contact the Front Desk for more information.
- ↑ Bed linen changed twice weekly in stay-over rooms.
- ↑ Replacement of towels upon guest request.
- ↑ Water-saving laundry processes with fewer chemicals: Ecolab "formula one" chemicals and our one-step ozone/active air process require fewer, smaller rinse cycles, using cold water.
- ↑ In-hotel recycling program for operations and guests: We invite guests to separate bottles/cans/paper and bring to recycling areas in the lobby and on the 2nd floor.
- ↑ 99% fluorescent lighting in the hotel.
- ↑ Fully automated HVAC temperature control for all public spaces.
- ↑ Digital motion-sensing HVAC systems in each guest suite: HVAC units only work when the suite is occupied to further save on energy costs.
- ↑ Water-saving shower heads, toilets, and sink aerators throughout the hotel.
- ↑ Quadruple pane sound and energy efficient windows around three-quarters of the building. The remaining windows and balconies are double pane glass.
- ↑ Use of a hybrid "Flexcar" as an alternative for long-term guests to use as a rental on an hourly basis.
- ↑ Proximity to public transportation allowing guests to easily take the Metro and avoid driving.
- ↑ A bike rack in the garage for guest and employee use.
- ↑ Battery and fluorescent light recycling.
- ↑ No styrofoam.

growing "greener"

- ↑ Solar panels on the roof to power hot water heaters.
- ↑ Marriott® Green Hotel certification.
- ↑ Energy Star® certification



Capitol

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environmental benefits

We purchase 1,300,000 kWh in renewable energy credits (RECs) per year.

- ↑ This **avoids 1,809,600 lbs of CO₂** being produced by the hotel in a year
- ↑ This takes **178 cars off the road** for a year
- ↑ This saves the annual electricity use of **105 households**
- ↑ This stops **684 acres of pine & fir trees** from storing carbon for a year
- ↑ This compares to **276 tons of waste recycled** vs. landfilled in a year

