



Spa

AT DELTA
GRAND OKANAGAN

Spa Etiquette

PLEASE ARRIVE EARLY

Arriving 20 minutes prior to your scheduled appointment allows time for you to relax and unwind before your treatment.

SPA AMENITIES

All Spa guests are invited to enjoy complimentary use of the Fitness Facility, Swimming Pool, Sauna, Steam Room and Hot Tubs.

CANCELLATIONS & LATE ARRIVAL

We will be happy to reschedule or cancel your appointment with a minimum of 24 hours notice. On booked packages, we require 48 hours notice. Please understand missed appointments will be charged 100% of service fee. If you arrive late we can offer you the remaining time on your treatment, so as not to interfere with the next guest's treatment. All appointments are secured with a credit card or gift card when booking.

GROUP BOOKINGS

We can cater to larger groups, such as bridal parties, corporate events, bachelorette & birthday parties. Please note that an automatic 15% gratuity will be applied to groups over 5 people.

GIFT CERTIFICATES

Gift certificates can be purchased in person for any service, package or dollar amount.

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Booking Contact Information

PHONE **250.868.5629**

IN-HOUSE EXTENSION **5629**

E-MAIL **dgo.spa@deltahotels.com**

WEBSITE **www.spadeltagrand.com**



Signature Packages

JUST THE TWO OF US

Share your day with your friend or loved one. Allow the comfort and warmth of healing hands to melt away your daily stresses with a 60 Minute Relaxation Massage followed by our Classic Facial and Bright Eyes Treatment. Complete your day with a Classic Spa Pedicure to revitalize your feet. Includes a healthy lunch in our Relaxation Lounge.

Approx. 4 hours \$560

PURE HEAVEN

Experience two amazing treatments while nourishing and hydrating your face, body and soul. Enjoy an Aroma Nourishing Wrap followed by a Signature Grand Premier Facial. Includes a healthy lunch in our relaxation lounge.

Approx. 3.5 hours \$265

HEAD TO TOE

This decadent package includes treatments for your face, hands and feet. Our Classic Facial will leave your skin glowing. To complete the day enjoy a Classic Pedicure and a deluxe Grand Premier Manicure. Includes a spa lunch in our Relaxation Lounge.

Approx. 4 hours \$225

OKANAGAN SERENITY

Relax with a 60 Minute Relaxation Massage infused with one of our beautiful Aromatherapy Blends, followed by a deluxe Grand Premier Pedicure.

Approx. 2.5 hours \$170

BRIDAL BLISS

Prior to your special day, enjoy a Classic Manicure, Classic Pedicure and a soothing 60 Minute Relaxation Massage.

Approx. 3 hours \$205

Facials

Eminence Skin Care will take your skin to the next level, using high performance, certified organic ingredients that will help minimize signs of aging and other skin damage. Our skin care professional will provide a skin analysis and recommendation card for proper home care advice to better protect your skin at home.

SIGNATURE GRAND PREMIER FACIAL

Decadent and effective ingredients leave you looking and feeling renewed. Our most luxurious facial will be customized to the specific needs of your skin, and includes not one but two organic maskings with our Bright Eyes and Luscious Lips treatments. Unwind as you receive full hand and arm exfoliation followed by a relaxing massage to round out this wonderful facial.

90 minutes \$155

AGE CORRECTIVE FACIAL

Leave your skin nourished and firm. A luscious combination of bamboo, monoi, coconut and neroli will infuse the skin with nourishing properties, while Natural Retinol Alternative and Swiss Green Apple Stem Cell Technology repair the signs of aging.

75 minutes \$125

CLASSIC FACIAL

Customised to suit your personal skin care needs, this Classic Facial has been designed to leave you feeling relaxed and renewed. Our skin care professional will conduct a skin analysis before customizing and cocktailing your treatment to include a cleansing, toning and masking. A hand and arm massage will melt away any stress, while our sun defence minerals will protect and heal your skin.

60 minutes \$105



REFINING PUMPKIN PEEL

Transform your skin with this quick high performance treatment to re-surface and reclaim younger looking skin. Full of vitamins, beta carotene and anti-oxidants, this peel loosens dead skin cells and encourages healthy cell turnover while helping to erase sun damage, pigmentation and fine lines. (Not recommended for sunburned skin or if you plan to spend time in the sun.)

30 minutes \$60

GENTLEMEN'S FACIAL

Leave your skin feeling fresh and revitalized, with this customized facial catered specifically for the needs of men's skin. A face, neck and shoulder massage is performed, making this a traditional barber experience (without the shave). To complete this treatment, enjoy a hand and arm massage before continuing with your day.

60 minutes \$105

ADD-IN FACIAL ENHANCEMENTS:

Bright Eyes \$30

Target all eye concerns: dark circles, fatigue, puffiness and lack of elasticity with this results-oriented treatment. Active organic ingredients such as Gota Kola, Eye Bright, iron-rich Wild Plum and Vitamin K, give you the latest in eye brightening technology to reduce the look of fine lines and wrinkles. Includes a gentle exfoliation, eye mask and treatment cream.

Luscious Lips \$25

Treat your lips to a naturally effective three step treatment. Gentle fruit enzymes refine the lip area, followed by a rich masque and hydrating balm to help stimulate lip plumping collagen.

CLARIFYING BACK TREATMENT

Detoxify and treat this often neglected area of the body with rejuvenating organic ingredients. An exfoliation, massage and masque will leave your back feeling smooth and touchably soft.

45 minutes \$85

Massages

***Please request at time of booking if you require a receipt for benefits (RMT receipt).*

THERAPEUTIC MASSAGE

(With a BC Registered Massage Therapist)

Tailored to your specific needs and infused with a beautiful Aromatherapy Blend.

90 minutes\$155
60 minutes\$115
45 minutes\$95
30 minutes\$75

DEEP TISSUE MASSAGE

Deep muscle work combined with stretching helps release chronic tension.

90 minutes\$145
60 minutes\$105
45 minutes\$85
30 minutes\$65

RELAXATION MASSAGE

Swedish relaxation massage techniques are customized to relax and relieve tired aching muscles and restore balance. Calm the senses with a relaxing Aromatherapy Blend.

90 minutes\$135
60 minutes\$95
45 minutes\$80
30 minutes\$65

MOTHER TO BE MASSAGE

Customized massage on a pregnancy pillow to conform and cradle the belly, creating a sense of well-being and relief of prenatal aches and pains.

90 minutes\$145
60 minutes\$105



SIDE BY SIDE COUPLES MASSAGE

(Choose from Relaxation or Deep Tissue)

A relaxing experience to enjoy with your partner or friend.

90 minutes \$299

60 minutes \$215

HEAD NECK & SHOULDER MASSAGE

Relieve tension headaches, stimulate the scalp and reduce stress.

30 minutes \$65

GRAND PREMIER HOT STONE MASSAGE

Experience massage with the use of heated basalt stones. The heat from the stones works its way into tired and stressed muscles, creating deep relaxation. This is a beautifully calming treatment for the body, mind and soul.

75 minutes \$120

THAI MASSAGE

Thai yoga massage is an ancient healing art that evolved in Thailand more than 2500 years ago. It blends Chinese meridian acupressure and Ayurvedic yoga stretching. This relaxing and therapeutic treatment is performed on a padded mat on the floor using pillows and bolsters when needed. Please wear comfortable and stretchable clothing.

90 minutes \$140



Body Treatments

EXFOLIATING BODY GLOW

Experience deep exfoliation with this Exfoliating Body Glow and receive incredibly hydrated and soft skin. Includes a full body exfoliation and luxurious lotion application.

45 minutes \$85

AROMA NOURISHING WRAP

Indulge in a full body exfoliation, nourishing body wrap, scalp massage and finishing treatment cream. Provides effective exfoliation and deep hydration for anti-oxidant and anti-aging benefits.

60 minutes \$120

(Please inquire about our seasonal wrap options)

ADD- ON BODY TREATMENT ENHANCEMENTS:

25 Minute Relaxation Massage

25 minutes \$55

Stimulating Hungarian Cellulite Treatment

15 minutes \$25

Face Refresher (Cleanse, Tone, Hydrate)

15 minutes \$35

For stubborn cellulite we recommend the Eminence Cinnamon Paprika Body Lotion for Home Care use.



Hand & Foot Care

THE GRAND PREMIER HANDS AND FEET PACKAGE

Experience luxury for the hands and feet. Package includes a Grand Premier Manicure followed by a Grand Premier Pedicure.

2.5 hours \$145

SPORTS MANICURE OR PEDICURE

Includes professional grooming of the hands or feet, nails and cuticles, finishing with a lotion application to send you on your way. (No polish applied)

45 minutes \$50/\$65

CLASSIC PEDICURE

Includes cuticle, nail and callus care finishing with a relaxing foot and leg massage. Toes are topped off with your choice of OPI polish.

60 minutes \$70

THE GRAND PREMIER PEDICURE

Revitalize feet in a sea salt foot soak, infused with herbal tea. Our Grand Premier pedicure includes professional grooming of the feet, nails and cuticles as well as an exfoliating scrub and a hydrating organic mask to relieve dry, cracked skin.

75 minutes \$85

CLASSIC MANICURE

Includes cuticle and nail care finishing with a relaxing hand and arm massage. Nails are completed with your choice of OPI polish.

60 minutes \$55

THE GRAND PREMIER MANICURE

Soften and renew hands with an invigorating sugar scrub and hydrating mask. Nails and cuticles transformed, experience a relaxing hand and arm massage that will de-stress any overworked hand.

*** Shellac polish available upon request at time of booking. 15 minutes will be added to treatment time.*

Manicure or Pedicure Enhancements:

- Exfoliating sugar scrub \$10
- Hydrating Mask \$10
- French Polish 15 minutes | \$10
- Shellac Polish 15 minutes | \$20
- Shellac Soak Off 15 minutes | \$20

Beauty



ÉMINENCE HOMEMADE ORGANIC SKIN CARE

ÉMINENCE Organic Skin Care is one of the most unique and effective lines of skin care on the market today. Éminence provides a wide variety of deliciously natural treatments and products which will help you achieve and maintain your best skin condition, one that glows with health and vitality. Éminence is truly a treat for all your senses. Suitable for all skin types.

JANE IREDALE THE SKIN CARE MAKE-UP

This mineral makeup provides a beautiful yet natural look for your skin. The coverage will disguise almost any imperfection, yet allows the skin to continue to breathe and function normally. Dermatologists, Plastic Surgeons, and the Skin Cancer Foundation recognize the mineral's ability to help heal and protect the skin. Does not contain talc or parabens.

Professional Make-up Application	\$45
Personal Make-up Lesson	\$60
Bridal Make-up.	\$75
Bridal Make-up Trial.	\$37 ⁵⁰

LASH & BROW TINTING

Lash & Brow Tint, Brow Shape	\$58
Lash & Brow Tint.	\$40
Brow Shape & Tint	\$35
Lashes	\$25
Brows	\$20



Hair Removal

WAXING FOR LADIES

(Minimum ¼" of hair required)

Brow shape	\$20
Lip, Chin.	\$15
Full face without brows	\$40
Under arm	\$20
Bikini line.	\$30 - \$50
Full Legs.	\$70
Full Leg & Bikini	\$80
Half Legs	\$40
Half Leg & Bikini.	\$60
Full Arms	\$35
Half Arms	\$25

WAXING FOR MEN

Brows	\$20
Chest/Back – Full	\$50
Chest/Back – Partial.	\$30
Arms	\$35
Neck	\$18
Stomach.	\$25

Prices may vary according to length of time required.



Our commitment to service excellence

We endeavor to provide you with a truly memorable and exceptional experience and that is why we are committed to deliver:

- friendly staff
- comfortable ambiance
- clean and sanitized environment
- highly skilled team of therapists
- professional consultation
- analysis and assessment
- pleasurable and effective service
- recommendations for proper skin care
- your complete satisfaction

An oasis of serenity



DELTA

GRAND OKANAGAN
RESORT AND CONFERENCE CENTRE

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