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Courtyard by Marriott St. John's

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## Welcome to a Refreshing Approach to Events

Whether you're organizing a business meeting or planning a special occasion for friends and family, no hotel makes it easier or more convenient to get things done on your terms than the Courtyard by Marriott. With flexible meeting spaces, fresh and innovative catering, and state-of-the-art audio-visual services, you can count on having all of the choices and options to make the most of your event. You can also count on our dedicated staff of hospitality professionals to take care of the details from start to finish.

We have enclosed sample menus, pricing and space plans to help you get started. If you are looking for something special, please do not hesitate to ask. Our team will do everything to help you design an event that exceeds your attendees' expectations.

Looking forward to serving you soon,

The Courtyard Events Team

Courtyard by Marriott St. John's



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**breakfast**



**Courtyard Continental Breakfast Buffet | \$13.49**

A selection of freshly baked Danish pastries and Croissants as well as Blueberry, Bran, Carrot and Orange Muffins served with an assortment of butter, jams and marmalade  
 Fresh whole fruit including Bananas, Apples and Oranges  
 Fresh Apple, Orange and Cranberry Juices  
 Freshly Brewed Coffee, Decaffeinated Coffee and Tea

**Portside Breakfast Buffet | \$20.99**

Bologna, Baked Beans, Fish Cakes  
 Bacon, Ham and Sausage  
 French Toast  
 Scrambled Eggs  
 Home Fried Potatoes  
 Toast & Preserves  
 Fresh Apple, Orange and Cranberry Juices  
 Freshly Brewed Coffee, Decaffeinated Coffee and Tea

**Rise and Shine**

Scrambled Eggs  
 Choice of Sausage, Bacon, Bologna or Ham  
 Choice of White or Whole Wheat Toast  
 Home Fried Potatoes  
 Freshly Brewed Coffee, Decaffeinated Coffee and Tea

Buffet: \$14.99

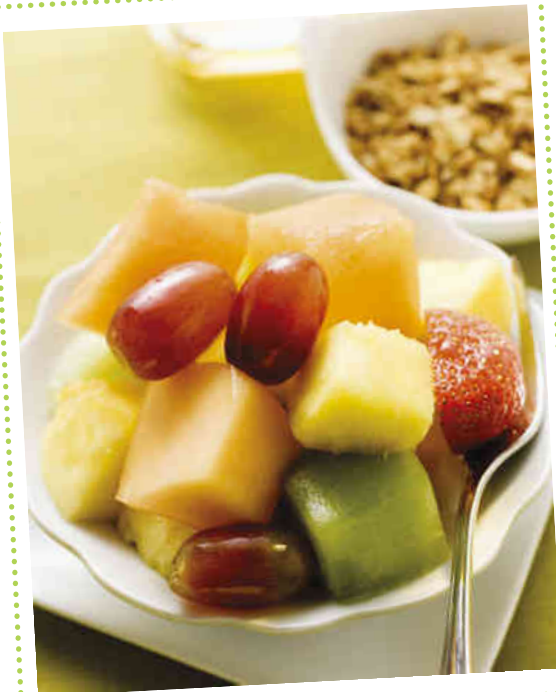
Plated: \$12.99



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## breakfast

Lifestyle Breakfast Buffet | \$12.49

Fresh Fruit Salad

Yogurt

Selection of Cold Cereals

Multi-grain Bagels

Multi-grain Pancakes

Egg Beaters

Freshly Brewed Coffee, Decaffeinated Coffee and Tea

Newfoundland Specialties Breakfast | \$13.99

Scrambled Eggs

Fish Cake, Bologna and Baked Beans

Freshly made Touton

Freshly Brewed Coffee, Decaffeinated Coffee and Tea

Eggs Benedict | \$11.99

Two poached eggs with two slices of Canadian back bacon and creamy hollandaise sauce on a grilled English muffin.

Served with your choice of a fruit cup or hash browns.

Breakfast Burrito | \$10.99

Scrambled eggs with green onion, ham and cheddar cheese wrapped in a whole wheat tortilla. Served with a fruit cup.



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## breaks

Marriott Caffeine Fix | \$6.49

A selection of Danish Pastries  
Blueberry, Bran, Carrot and Orange Muffins  
Freshly Brewed Coffee, Decaffeinated Coffee  
and Tea

Cookie Monster | \$4.99

Freshly baked Double Chocolate, White  
Chocolate Macaroon, Chocolate Chip and  
Oatmeal Raisin Cookies  
Freshly Brewed Coffee, Decaffeinated Coffee  
and Tea

Afternoon Booster | \$6.99

Fruit & Yogurt Parfait  
Granola Bar

Freshly Baked Cookies | \$19.99 per dozen

Dessert Squares | \$19.99 per dozen

Assorted Danish Pastries and Croissants |  
\$24.99 per dozen

Fruit & Yogurt Parfait | \$4.99 per person

Sliced Seasonal Fresh Fruit | \$6.99 per person



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## **lunch**

Deluxe Sandwich Platter | \$13.99  
Choice of Garden Salad or Freshly Made Soup  
of the Day

Assorted Sandwiches & Wraps including: Egg,  
tuna, black forest ham, shaved roast beef and  
turkey breast served on white and whole wheat  
breads

Freshly Brewed Coffee, Decaffeinated Coffee  
and Tea

Homemade Pot Pies | \$15.99  
Assortment of Turkey and Beef Pot Pies  
Garden Salad

Freshly Brewed Coffee, Decaffeinated Coffee  
and Tea

Italian Lunch | \$16.99  
Freshly Baked Lasagna  
Caesar Salad  
Garlic Bread

Freshly Brewed Coffee, Decaffeinated Coffee  
and Tea

Baked Stuffed Cod | \$16.99  
Baked Cod Stuffed with Traditional Savoury  
Dressing  
Garden Salad

Freshly Brewed Coffee, Decaffeinated Coffee  
and Tea



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## lunch

Shepherd's Pie | \$15.99

Traditional Shepherd's Pie in a rich gravy topped with creamy mashed potatoes

Garden Salad

Freshly Brewed Coffee, Decaffeinated Coffee and Tea

Vegetable Stir-fry | \$13.99

Fresh Mixed Vegetables served over a bed of Whole Grain Rice with your choice of Teriyaki or Sweet and Sour Sauce

Garlic Bread

Freshly Brewed Coffee, Decaffeinated Coffee and Tea

Add Chicken: \$2.99

Add Shrimp: \$3.99

Build your own Sandwich | \$18.99

Freshly Made Soup of the Day

Choice of two of the following: Garden, Caesar, Pasta or Potato Salad

Assorted Breads and Croissants

Selection of Beef, Turkey, Ham, Bologna and Tuna Salad

Cheddar, Mozzarella and Swiss Cheeses

Platter of Green and Red Peppers, Lettuce, Onion, Olives, Hot Peppers and Dill Pickles,

Mayo and Mustard

Freshly Brewed Coffee, Decaffeinated Coffee or Tea

This option requires a minimum of 15 people



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## lunch

### Philly Cheese Melt | \$12.99

Roast beef, grilled onions, green peppers and mushrooms topped with our three-cheese blend, served on Vienna bun. Served with your choice of mashed potatoes or fries

### Chicken Quesadilla | \$12.99

Our grilled soft taco filled with sliced chicken, cheddar cheese, tomatoes and green onion. Served with garden salad and accompanied by salsa and sour cream

### Pan Fried Cod | \$14.99

Pan fried golden brown served with your choice of mashed potatoes or fries

### Grilled Salmon Fillet | \$14.99

Salmon fillet grilled to perfection drizzled with a garlic dill sauce and served with whole grain rice and vegetable medley



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## **lunch**

Enhancements | \$4.99

Soup of the Day

Garden Salad

Caesar Salad

Dessert | \$3.99

Add one of our delicious desserts to any lunch.

Strawberry Rhubarb Pie

Apple Pie

Lemon Meringue Pie

Brownie Obsession

New York Style Cheesecake with Berry Sauce

Freshly Brewed Coffee, Decaffeinated Coffee  
or Tea | \$2.99 per person

Individual Bottled Juice | \$3.99

Pepsi Products (355ml) | \$2.99

Bottled Water | \$2.99



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## considerations

### Food and Beverage

Courtyard by Marriott St. John's has the exclusive right to serve all food and beverage within the premises.

### Event Guarantees

We ask that you advise the hotel of your menu selections 7 days prior to your function date. The hotel requires a guaranteed number of guests attending the function 72 hours prior to the event. Charges will be made based on the guaranteed number or the actual number of people served, whichever is greater.

### Cancellation

Cancellation of a meeting up to 30 days prior will be charged 50% of meeting room rental; cancellation within 14 days will be charged 100% of meeting room rental. Cancellation of food and beverage within 14 days of a function will result in a cancellation charge of 50% of the anticipated food and beverage costs for the particular meal period. Cancellation of food and beverage within 7 days of a function will result in a cancellation charge of 100% of the anticipated food and beverage costs for the particular meal period. All cancellations must be received in writing.

### Taxes and Services Charges

All prices are exclusive of applicable taxes and services charges. The following charges will be added to the bill:

Food & Beverage	13% HST; 15% Service Charge
Meeting Room Rentals	13% HST
Audiovisual Equipment	13% HST

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