

# Marriott®

## TORONTO BLOOR YORKVILLE

NEWLY RENOVATED AND NEW STATE OF THE ART EQUIPMENT

### Fitness Centre Equipment and Amenities:

#### Cardio Equipment:

- **1 Recumbent Cycle**  
(Screen/USB/ IPOD outlet)
  - Workout Tracking
- **1 Upright Cycle**  
(Screen/USB/ IPOD outlet)
  - Workout Landscapes
- **3 Elliptical Trainers**  
(Screen/USB/ IPOD outlet)
  - Speed and Distance Feedback
- **5 Treadmills**  
(Screen/USB/ IPOD outlet)
  - Virtual Trainer

#### Stationary Weight Machines:

- Leg Extensions
- Leg Curl

- Chest Press
- Pull Down
- Dual Adjustable Pulley

#### Fitness Accessories:

- Mats
- Medicine Balls:  
55cm 65cm
- Bench
- AB Crunch Bench
  - Integrated Weight Horn
- Body Wedge
- Free weights

#### Other Amenities:

- Water
- Towels

- 2 TVs
- Phone
- Newspapers
- Magazines
- Complimentary Ear Phones
- Vending Machine
- Seating Area
- Male & female change rooms both equipped with saunas/shower
- [Wheelchair Accessible](#)

#### Self Laundry:

- \$2.25/Washing Load
- \$2.00/Drying Load
- \$1.00/Detergeant or fabric softener