AUTOGRAPH COLLECTION

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# MASSAGES & THERAPIES CITY SPA WELL-BEING SUITE

# SPA CLASSICS



### CLASSIC DEEP-TISSUE MASSAGE

The deep tissue massage is an intensive and powerful technique that targets deeper muscle layers and connective tissues to relieve tension and alleviate pain. It is particularly beneficial for guests with chronic muscle tightness or sports injuries.

50 min. / € 150

# SPA CLASSICS

#### **AROMA OIL MASSAGE**

The aroma oil massage combines gentle massage techniques with soothing essential oils, promoting relaxation for both body and mind. The fragrances enhance well-being, release tension, and restore inner balance.

# HEAD TO SOUL REJUVENTATION

This treatment focuses on the head, neck, and back, relieving tension and calming the mind. It promotes deep relaxation and revitalizes both body and soul.

#### 50 min. / € 150

50 min. / € 150

# SPA CLASSICS

### METROPOLITAN LEG & FOOT REJUVENTATION

This treatment refreshes tired legs and feet with a revitalizing massage and special magnesium oil, helping to release tension and restore energy. Perfect after an active day in the city to bring back a feeling of lightness.

# FOOT REFLEXOLOGY MASSAGE

The foot reflexology massage applies pressure to specific areas of the feet that correspond to various organs and body regions. It supports self-healing and enhances overall well-being.

### 50 min. / € 150

50 min. / € 150

### LOMILOMINUI

The Lomi Lomi Nui massage is a traditional Hawaiian full-body massage, using flowing movements designed to deeply relax and release blockages. Warm oils and broad, rhythmic strokes bring harmony to both body and soul.

# SKYLINE REBOOT-MASSAGE

Perfect for those arriving after a long journey, this massage helps restore energy levels, relieves muscle tension, and stimulates circulation. Using customized oils, it promotes relaxation and recovery after a long flight and helps reset body and mind after jet lag.

#### 50 min. / € 180

50 min. / € 180



#### DAY SPA DETOX EXTRAVAGANCE

Check into your day use room from 11 AM and enjoy complete privacy until 6 PM. We are happy to serve you breakfast from 7 a.m. upon request, served until 10.30 AM, including special detox shots from our selection of fresh vitamin cocktails. Around midday, we invite you to indulge in a 50-minute detox massage, including a warm liver wrap. Afterwards, enjoy a full day of relaxation in our sauna area with outdoor terrace and stunning cathedral views.





€549/COUPLE



#### **OPENING HOURS**

Daily from 9 am to 10 pm

Hotel Luc, Autograph Collection Charlottenstr. 50 10117 Berlin T +49 30 5870 97710 info@hotel-luc.com