# Spa Esthederm by Renaissance Aix-en-Provence

Welcome to the Spa Esthederm by Renaissance. Our exclusive spa offerings have been created with your well-being and relaxation in mind. These bespoke treatments are designed to re-balance and revitalise body and soul, using only the best of our cosmetic range. Take some well-deserved time out and surrender to the ultimate wellbeing experience.

**DISCOVER YOURSELF!** 

## **FACE TREATMENT BY INSTITUT ESTHEDERM**

Ecobiology is at the heart of the **Esthederm** approach, to better preserve the **skin's ecosystem** and reinforce its **natural mechanisms**.

## ALL OUR TREATMENTS ARE TAILOR-MADE

## **FUNDAMENTAL**

## **BOOSTER**

A real boost of hydration, purity, and vitality for a relaxed and comfortable skin. Ideal for tired and dry skin.

60 min - 125€

## **MULTIPEEL**

#### BESPOKE FACIAL

Your skin will be visibly plumped up, purified, and brightened.
75 min - 145§

## **ESTHELIFT**

#### A MANUAL FACFLIFT

A sculpting massage that redefines the contours of your face and plumps your skin from within.

90 min - 180€

## **EXCELLAGE**

## A YOUTHFUL SIGNATURE

Your skin is energized, toned and deeply hydrated. 90 min - 180€

## OSMOCLEAN - 30 min - 70€

«Express» deep cleansing Facial, for a purified and revitalised skin..

## SPARKLING LOOK - 30 min - 70€

Treatment to moisturise and tone the delicate area around the eyes and eyelids.

## VELVET HANDS - 20 min - 40€

This soothing hand treatment, will leave the skin of your hands smooth and firm with an exceptional shine.

## **RITUALS**

## **RENAISSANCE**

Discover our Signature Ritual and escape into a two hour extraordinary journey. Imagine a fresh and floral body scrub to exfoliate and hydrate your skin quite smoothly, followed by a relaxing and soothing complete body massage to release all the tensions and get you into a deep relaxation. Finally, enjoy a moisturizing and revitalising facial treatment. A real rebirth of the body and the spirit.

90 min - 185€ 120 min - 225€

## SOOTHING

This soothing ritual, begins with our «home-made» Mediterranean scrub prepared with olive oil, honey and sugar followed by a relaxing hot lavender treatment, inspired by the Traditional Thai massage.

Warm herbal pouches filled with locally grown organic lavender and expertly applied to specific areas of the body, to soothe away any aches and pains whilst releasing toxins from the body and strengthening the immune system.

90 min with scrub - 180€

## **DUO MASSAGE**

Unwind and relax in our Private Suite with someone special for a blissful moment of relaxation and escape to the daily routine.

You will be welcomed to a relaxing treatment and share an unforgettable moment together.

AVAILABLE EXCEPT SUMMER SEASON

60 min - 125€ per person

## **OUR TREATMENTS SIGNED BY RENAISSANCE**

## ALL OUR TREATMENTS ARE TAILOR-MADE

#### COCOON

Explore deep relaxation with this unique, delicate, and soothing massage.

30 min  $65 \in -45$  min  $95 \in -40$  min  $120 \in -90$  min  $175 \in -40$ 

#### BALINAIS

Both gentle and energising, it will allow you to find a perfect harmony in your body and mind. A real letting-go.

60 min - 130€

#### **ENERGISER**

Find balance and serenity with this stimulating massage. 60 min - 130€ 90 min - 180€

## SPORTS MASSAGE

A deep and strong massage, for the relaxation of muscles and joints. You will regain flexibility and vitality!
60 min - 130€

#### **HOT STONES**

Let yourself be carried away by the softness and warmth of heated Himalayan salt stones, with their detoxifying and rejuvenating properties.

60 min - 130€ 90 min - 180€

## HERBAL POUCHES

Enjoy this warm lavender pouch massage. The relaxing and soothing benefits of the flowers combined with heat, dissipate tension, and help relieve joint pain.

## ALL OUR TREATMENTS ARE TAILOR-MADE BY RENAISSANCE

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## **BODY SCRUB**

Enjoy a gentle and generous full body treatment. 30 MIN - 70€

## DAZZLING

Enjoy an exceptional moment of relaxation with a face and scalp massage, for a renewed balance and harmony. 30 min - 65€

#### **CONDITIONER**

Experience foot reflexology to rebalance energy and vitality.
45 min - 100€

#### MOTHERS TO BE

Walk with serenity on the path to motherhood. Treatment available from 3 months of pregnancy.  $60 \text{ min} - 130 \le$ 

## **SPA/FITNESS**

## **SPA ACCESS & FITNESS**

Heated indoor pool Relaxation area Hammam

Monday to Friday

2H - **25€** 

Saturday and Sunday 2H - **30**€

Memberships available.

Please contact the Spa for more informations

## THE SPA BY RENAISSANCE PACKAGES

**SCRUB + RELAXING MASSAGE** 

90 min - 180€

**SCRUB + RELAXING MASSAGE** 

60 min - 125€

## LUNCH & SPA\*

LUNCH + RELAXING MASSAGE OF 30 min - 85€
LUNCH + RELAXING MASSAGE OF 60 min - 135€

From monday to saturday, enjoy your lunch at the Atmosph'R restaurant, an amazing massage and a Spa access.

\*Depending on the availability of the restaurant, on the daily menu.

## **BRUNCH & SPA\***

BRUNCH + RELAXING MASSAGE OF 30 min - 110€
BRUNCH + RELAXING MASSAGE OF 60 min - 160€

On Sundays, enjoy your brunch at the Atmosph'R restaurant, an amazing massage and a Spa access

\*See brunch conditions with the restaurant. Subject to availability.

## SUN & SPA\*

SUNBATH + RELAXING MASSAGE OF 30 min - 100€ SUNBATH + RELAXING MASSAGE OF 60 min - 140€

This summer, enjoy a moment of relaxation with a 30 or 60 minute massage and sunbathing by the Palm's pool!
\*Only seasonal, reserve your deck chair for the day. Drinks and food only on site

Note: "Mothers to be" is not included in the formulas.

## **INFORMATIONS**

## **SCHEDULES**

#### SPA

#### Hotel residents

Our Spa welcomes you everyday from 7am to 9.30pm.\* Free Spa access for hotel residents.

**Spa access for children**: We will have the pleasure towelcome under 16 years old from September to June from 7am to 1 pm and 7pm to 9.30pm \*

Guests

Our Spa welcomes you everyday from 9 am to 8 pm.\* Children under 16 can not access the Spa.

Access to the Spa is free for treatments from 45 minutes.

## **FITNESS ZONE**

Fitness zone is open 24h/24 for hotel residents

### SPA RECEPTION

Our team welcomes you everyday from 9am to 8pm\* in order to give our best tips to suit your needs.

For any care request outside of these hours, we invite you to contact the Spa directly. For any group request (C.E., Bachelor Party, Baby Shower, etc.), please contact the Spa team.

## PARKING PRIVÉ PAYANT

Private paid parking

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CONTACT 04.86.91.53.60 spa@renaissance-aix.com

320 avenue W.A. Mozart 13100 Aix-en-Provence 04.86.91.53.60

#renaissanceaixenprovence

• A deposit will be required upon booking your appointment.

## Cancellations:

Please call or email the Spa in case of cancellation. Please note that a 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time.

- For any purchased service or gift voucher, no refund can be requested. A credit note will be given to you, with a three-month validity, to be used on a next service.
- In case of lateness, please note that the treatment will be shortened in order not to disturb the other customers. You will be charged for the entire treatment.

The Spa has the right to cancel the appointment completely, if the delay is considered too long.

- The Spa advises you to arrive 15 minutes before the start of your treatment.
- The services provided have **no therapeutic purpose** and because of their nature they are not similar to any manipulation, medical or paramedical practice, or physical therapy. The only purpose of the treatments is wellness.
- For pregnant women, massages are performed starting from 3 months of pregnancy.