

SPA BROCHURE

Spa Esthederm by Renaissance Aix-en-Provence

Welcome to the Spa Esthederm by Renaissance. Our exclusive spa offerings have been created with your well-being and relaxation in mind.

These bespoke treatments are designed to re-balance and revitalise body and soul, using only the best of our cosmetic range.

Take some well-deserved time out and surrender to the ultimate wellbeing experience.

DISCOVER YOURSELF !

FACE TREATMENT BY INSTITUT ESTHEDERM

Ecobiology is at the heart of the **Esthederm** approach, to better preserve the **skin's ecosystem** and reinforce its **natural mechanisms**.

ALL OUR TREATMENTS ARE TAILOR MADE

FUNDAMENTAL

BOOSTER A real boost of hydration, purity, and vitality for a relaxed and comfortable skin. Ideal for tired and dry skin. 60 min - 125€

MULTIPEEL

BESPOKE FACIAL Your skin will be visibly plumped up, purified, and brightened. 75 min - 145€

ESTHELIFT

A MANUAL FACELIFT

A sculpting massage that redefines the contours of your face and plumps your skin from within. 90 min - 180€

EXCELLAGE A YOUTHEUL SIGNATURE

Your skin is energized, toned and deeply hydrated. 90 min - 180€

OSMOCLEAN - 30 min - 70€

«Express» deep cleansing Facial, for a purified and revitalised skin..

SPARKLING LOOK - 30 min - 70€

Treatment to moisturise and tone the delicate area around the eyes and eyelids.

VELVET HANDS - 20 min - 40€

This soothing hand treatment, will leave the skin of your hands smooth and firm with an exceptional shine.

RENAISSANCE

Discover our Signature Ritual and escape into a two hour extraordinary journey. Imagine a fresh body scrub to exfoliate and hydrate your skin quite smoothly, followed by a relaxing and soothing complete body massage to release all the tensions and get you into a deep relaxation. Finally, enjoy a moisturizing and revitalising facial treatment. A real rebirth of the body and the spirit.

90 min - 185€ 120 min - 225€

This soothing ritual, begins with our «home-made» Mediterranean scrub prepared with olive oil, honey and sugar followed by a relaxing hot lavender treatment, inspired by the Traditional Thai massage.

Warm herbal pouches filled with locally grown organic lavender and expertly applied to specific areas of the body, to soothe away any aches and pains whilst releasing toxins from the body and strengthening the immune system.

90 min with scrub - 180€

OUR BODY TREATMENTS SIGNED BY RENAISSANCE

ALL OUR TREATMENTS ARE TAILOR-MADE

COCOON

Explore deep relaxation with this unique, delicate, and soothing massage. 30 min $65 \in -45 \text{ min } 95 \in 60 \text{ min } 120 \in -90 \text{ min } 175 \in 60 \text{ min } 120 \in -90 \text{ min } 175 \in 60 \text{ min } 120 \in -90 \text{ min } 175 \in 60 \text{ min } 120 \in -90 \text{ min } 175 \in 60 \text{ min } 120 \in -90 \text{ min } 175 \in 60 \text{ min } 120 \in -90 \text{ min } 175 \in 60 \text{ min } 120 \in -90 \text{ min } 120 \oplus -90 \text{ mi$

BALINAIS

Both gentle and energising, it will allow you to find a perfect harmony in your body and mind. A real letting-go. 60 min - 130€

ENERGISER

Find balance and serenity with this stimulating massage. 60 min - 130€ 90 min - 180€

SWEDISH MASSAGE

A deep and strong massage, for the relaxation of muscles and joints. You will regain flexibility and vitality ! 60 min - 130€

HOT STONES

Let yourself be carried away by the softness and warmth of heated Himalayan salt stones, with their detoxifying and rejuvenating properties.

60 min - 130€ 90 min - 180€

HERBAL POUCHES

Enjoy this warm lavender pouch massage. The relaxing and soothing benefits of the flowers combined with heat, dissipate tension, and help relieve joint pain. 60 min - 130€

BODY SCRUB Enjoy a gentle and generous full body treatment. 30 MIN - 70€

DAZZLING

Enjoy an exceptional moment of relaxation with a face and scalp massage, for a renewed balance and harmony. 30 min - 65€

CONDITIONER

Experience foot reflexology to rebalance energy and vitality. 45 min - 100€

MOTHERS TO BE

Walk with serenity on the path to motherhood. Treatment available from 3 months of pregnancy. 60 min - 130€

SPA BY RENAISSANCE

SCRUB + RELAXING MASSAGE 90 min - 180€

SCRUB + RELAXING MASSAGE 60 min - 125€

LUNCH & SPA*

LUNCH + RELAXING MASSAGE OF 30 min - 85€ LUNCH + RELAXING MASSAGE OF 60 min - 135€

From monday to saturday, enjoy your lunch at the Atmosph'R restaurant, an amazing massage and a Spa access for 1h30. *Depending on the availability of the restaurant, on the daily menu.

BRUNCH & SPA*

BRUNCH + RELAXING MASSAGE OF 30 min - 110€ BRUNCH + RELAXING MASSAGE OF 60 min - 160€

On Sundays, enjoy your brunch at the Atmosph'R restaurant, an amazing massage and a Spa access. *See brunch conditions with the restaurant. Subject to availability.

SUN & SPA*

SUNBATH + RELAXING MASSAGE OF 30 MIN - 100€ SUNBATH + RELAXING MASSAGE OF 60 MIN - 140€

This summer, enjoy a moment of relaxation with a 30 or 60 minutes massage and sunbathing by the Palm's Pool ! *Only seasonal, reserve your deck chair for the day. Drinks and food only on site

* Facial treatment supplement - 10€ (60min packages only)

Note: "Mothers to be" is not included in the formulas.

SPA/FITNESS

SPA ACCESS & FITNESS

Heated indoor pool Relaxation area Hammam

Monday to Friday 2H - **25€**

Saturday and Sunday 2H - **30€**

Memberships available. Please contact the Spa for more informations * Access forbidden -16 years old .

SPA SCHEDULES

Hotel residents Our Spa welcomes you everyday from 7am to 9.30pm.* Free Spa access for hotel residents.

Spa access for children

We will have the pleasure to welcome under 16 years old from September to June from 7am to 1pm and 7pm to 9.30pm.*

Guests

Our Spa welcomes you everyday from 9 am to 8 pm.* Children under 16 can not access the Spa.

Access to the Spa (heated pool, hammam, fitness center) is offered from 45minutes of treatment.

FITNESS ZONE

Fitness zone is open 24h/24 for hotel residents.

SPA RECEPTION

Our team welcomes you everyday from 9am to 8pm* in order to give our best tips to suit your needs.

For any care request outside of these hours, we invite you to contact the Spa directly. For any group request (C.E, Bachelor Party, Baby Shower, etc.), please contact the Spa team.

Private paid parking

CONTACT 04.86.91.53.60 spa@renaissance-aix.com

*Seasonally variable

• A deposit will be required upon booking your appointment.

Cancellations:

Please call or email the Spa in case of cancellation.Please note that a 100% charge will be incurred for any treatment not cancelled at least 24 hours prior to your scheduled time.

• For any purchased service or gift voucher, no refund can be requested. A credit note will be given to you, with a three-month validity, to be used on a next service.

• In case of lateness, please note that the treatment will be shortened in order not to disturb

the other customers. You will be charged for the entire treatment. The Spa has the right to cancel the appointment completely, if the delay is considered too long.

• The Spa advises you to arrive 15 minutes before the start of your treatment.

• The services provided have **no therapeutic purpose** and because of their nature they are not similar to any manipulation, medical or paramedical practice, or physical therapy. **The only purpose of the treatments is wellness.**

• For pregnant women, massages are performed starting from 3 months of pregnancy.

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#renaissanceaixenprovence