





# **BREAKFAST**



## **OATMEAL BAR**

Oatmeal Bananas Maple Drizzle Candied Walnuts Starbucks® Infused Vanilla

## **YOGURT BAR**

Greek Plain Yogurt Honey Granola Fresh Blueberries Fresh Strawberries

# **BREAKFAST SANDWICHES**

Cage-free scrambled eggs, applewood-smoked bacon aged white cheddar, arugula + avocado on a brioche roll OR Scrambled cage-free egg whites, turkey breast with arugula roasted green chiles + cheddar on english muffin

### **CONTINENTAL BREAKFAST BAR**

Assorted Bagels & Pastries, Butter, Cream Cheese & Preserves Mixed Fruit, Assorted Yogurts with Granola

Served with assorted juices, freshly brewed Starbucks  $\!\!^{\text{@}}$  coffee, and Tazo teas

# **HOT BREAKFAST TABLE**

Scrambled Eggs, Bacon or Sausage, Breakfast Potatoes Assorted Bagels & Pastries, Butter, Cream Cheese & Preserves Mixed fruit and yogurts

Served with assorted juices, freshly brewed Starbucks® coffee, and Tazo teas

\*Due to state and local ordinances, a food and beverage attendant may be required for an additional fee

600 East Michigan Ave Lansing, MI 48912 T 517.367.6677 |

Courtyard by Marriott Lansing Downtown

<sup>\*</sup>Consuming raw or undercooked meats, poultry, seafood, shellfish or any eggs may increase your risk of foodborne illness.



# **BREAKFAST**



### **HEALTHY MORNING BREAK**

Assorted granola bars, individual yogurts Individual fruits, berry bowl Served with assorted juices & bottled water

## **BREAKFAST ENHANCEMENTS**

Banana bread french toast Lemon blueberry ricotta pancakes

# **BREAKFAST ADD-ONS**

Assorted cereals Breakfast breads Assorted breakfast bars Whole fruit

## **COFFEE STATION**

Regular, Decaf, Hot water + Tazo Teas

# **UPGRADED COFFEE STATION**

Upgraded coffee station with two syrups

## ALL DAY BEVERAGE SERVICE

Freshly brewed Starbucks $^{\!\scriptscriptstyle \otimes}$  coffee, Tazo teas, sodas and bottled water

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# LUNCH



#### **COURTYARD BISTRO LUNCH**

Perfect for groups of 12 or less; menu provided to guests in the morning and picked up two hours prior to lunch

**ENTRÉE SELECTIONS:** Caesar Wrap (with or without chicken) Green Goddess Chicken Avocado BLT on Multigrain Bread Grilled

Cheese & Tomato Soup Modern Cobb Salad

Served With Choice Of: Chips OR Fruit Bottled Water OR Bottled Pepsi Products Chef's Choice Dessert

#### **DELI MARKET TABLE**

Soup Du'Jour Grilled Three Cheese Sandwich Roasted Turkey BLT on Rustic Bread Caesar Wrap with Chicken Pasta Salad Chef's Choice Dessert Assorted Pepsi Soft Drinks and Water Service

#### **PASTA TABLE**

Choice of two noodles (Linguine, angel hair, penne, ravioli) Choice of two sauces (tomato basil, alfredo, meat, oil and garlic) Grilled Chicken or Meatballs Salad

Breadsticks

Chef's choice dessert

Assorted Pepsi soft drinks and water service

## **FIESTA TABLE**

Warm tortilla shells Refried beans + Spanish rice Seasoned chicken and beef Accompanied with tomatoes, lettuce, onion, cheddar cheese, Sour cream, and chips & salsa Chef's choice dessert Assorted Pepsi soft drinks and water service

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# DINNER



#### **BISTRO DINNER TABLE**

Warm dinner rolls & Freshly brewed Starbucks® coffee and Tazo teas (1) Salad, (2) Entrees, (1) Vegetable, (1) Starch, (2) Desserts

SALAD OPTION: Garden Salad of Caesar Salad

VEGETABLE SELECTION:

Broccolini

Brussel Sprouts

Roasted Glazed Baby Carrots

ENTRÉE SELECTION:

Roast Beef Au Jus

Vegetable Baked Pasta

Bistro Burgers

Roasted Herb Chicken Breast

STARCH SELECTION:

Rice Pilaf

Roasted Red Skin Potatoes

Mashed Potatoes With Chives

Chef's choice of dessert

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## **TASTE OF ITALY**

Dinner includes: warm dinner rolls with butter, mixed green salad with your choice of Italian or Red Wine Vinaigrette dressing, and freshly brewed Starbucks® coffee & Tazo teas

SELECT 2 PASTA:

Fettuccine Alfredo

Baked Vegetable Pasta

Penne Pasta w/ Marinara Sauce

SELECT 2 PROTEIN:

Meatballs

Grilled Chicken

Seasoned Beef

DESSERT SELECTION: Chef's choice of dessert

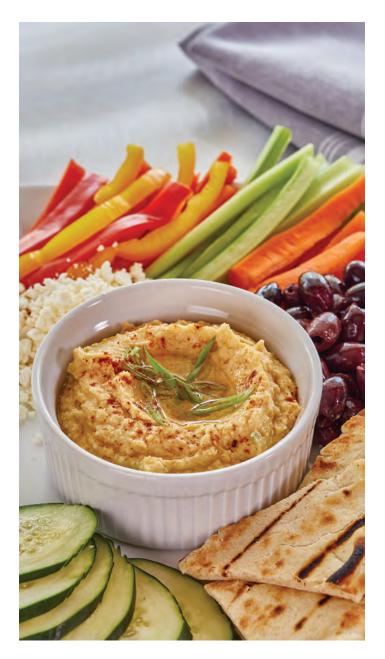
## **SHAREABLES**

Caprese skewers
Cheese and cracker display
Vegetable tray with hummus and dip
Chicken wings
Margherita flatbread
Crispy brussels sprouts
Fresh fruit tray

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# **DINNER**



# **CHOCOLATE BREAK**

Freshly baked cookies, chocolate chunk brownies, Starbucks coffee, tea service and bottled water

# **MORNING REFRESH**

Assorted while fruit and individual yogurts, freshly brewed Starbucks coffee, hot teas, and water service

#### **GRAB N' GO**

Assorted granola bars, whole fruits, bottled waters and Pepsi products

## **AFTERNOON SNACK**

Pretzels, assorted chips, whole fruit, chocolate chunk cookies, bottled water and Pepsi products

## **AFTERNOON REFRESH**

Assorted vegetables, pita chips, hummus, and fruit kebabs. Served with freshly brewed ice tea & bottled water

# **BEVERAGE BREAK**

Freshly brewed Starbucks® coffee, Tazo teas, sodas and bottled water