BISTRO RESTAURANT & BAR

BREAKFAST

35 Shubie Dr, Dartmouth, NS, B3B 0N4 (902) 406-3000 www.courtyarddartmouth.com

COURTYARD

FRUITS & GRAINS

Steel Cut Classic Oatmeal (VG)

maple syrup, blueberries \$8.50

Classic Fruit & Yogurt Cup (VG)

yogurt, fresh berries, granola & honey \$8.50

Classic Continental (VG)

yogurt, blueberry muffin, banana & choice of tall brewed coffee, hot tea, milk or juice \$14.50

> Fruit & Berry Cup (VG, GF) \$7

BREAKFAST BOARDS

Bagel: Plain or Everything (VG)

choice of plain cream cheese and jelly or herbed cream cheese \$5

Avocado Toast

multigrain toast with roasted tomatoes, hard-cooked egg, lemon-dressed arugula \$14

Breakfast Flatbread

scrambled cage-free eggs, herbed cream cheese, cheddar cheese, green onions, bacon, avocado mash, salsa \$14

GRIDDLED

French Toast w/ Strawberries

dipped in cinnamon-vanilla custard and griddled, topped with powdered sugar, fresh strawberries, maple syrup \$15.5

EGGS

Eggs Your Way

choice of whole cage-free eggs, applewoodsmoked bacon or pork sausage with breakfast potatoes or tomatoes and multigrain / white / wheat toast \$16.50

Farm Stand Breakfast Bowl

choice of quinoa and brown rice blend or breakfast potatoes, oven roasted tomatoes, seasoned baby kale, avocado mash, topped with two cage-free eggs your way, parmesan cheese \$16.50

Loaded Breakfast Tots

tater tots, chili-lime seasoning, cheddar cheese, green onions, bacon, buffalo ranch dressing \$\$9 <u>add scrambled eggs (GF)- \$2</u>

Breakfast Burrito

cage-free scrambled eggs, applewoodsmoked bacon, green onions, breakfast potatoes and cheddar in a tortilla with tomato salsa and avocado mash \$13

Bistro Breakfast Sandwich

cage-free fried egg, applewood-smoked bacon, aged white cheddar, arugula and avocado mash on a brioche bun \$12

> VG - Vegetarian GF - Gluten Friendly

RESTAURANT

Breakfast

630am - 10am Weekdays

7am - 1030am Weekends

BISTRO RESTAURANT & BAR

LUNCH & DINNER

SOCIAL SNACKS

Hummus (VG)

oven roasted tomatoes, crisp vegetables, flatbread \$10.5

French Fries & Dip Duo

garlic aioli, green goddess dressing \$10.5

Skillet Meatballs

pomodoro sauce, parmesan, multigrain toast \$11.5

Loaded Tot - Chos

tater tots, jack cheese, chili-lime seasoning, buffalo ranch, green goddess dressing, green onion, bacon \$11.5

Classic Chicken Wings (GF)

buffalo with blue cheese dressing, chili-lime, with green goddess dressing \$15.5

Margherita Flatbread (VG)

roasted tomatoes, basil, black olives, cheese \$14.5

Pepperoni Flatbread Arugula \$14.5

Grilled Chicken & Bacon Quesadilla

tomato salsa, avocado mash \$13.5

Caesar Chicken Wrap

parmesan, romaine, fried chicken tenders, bacon, caesar dressing \$13.5

GREENS & GRAINS

Caesar Salad

parmesan, olive oil, croutons full \$12.5 / half \$6.5

Modern Cobb Salad

grilled chicken, applewood-bacon, hard cooked egg, grape tomatoes, avocado mash, gorgonzola, green goddess dressing \$17.5

Mediterranean Grain Bowl (VG)

quinoa & brown rice blend, kale, arugula, oven roasted tomatoes, parmesan, vinaigrette dressing \$17.5 <u>add chicken - \$6</u>

BISTRO CLASSICS -

Turkey Avocado BLT

applewood-smoked bacon, romaine, tomato, roasted garlic aioli on Texas toast bread, with fries or arugula salad \$14.5

Three - Cheese Grilled Cheese & Tomato Soup

white cheddar, jack cheese & parmesan on multigrain bread, classic tomato soup \$14

The Bistro Burger

white cheddar, lettuce, tomato & garlic aioli on brioche roll with fries or arugula salad \$17

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Lunch & Dinner

11am - 10pm

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COURTYARD



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LUNCH & DINNER

BISTRO CLASSICS —

Grilled Chicken Sandwich

white cheddar, lettuce, tomato & garlic aioli on brioche roll with fries or arugula salad \$14.5

Buffalo Fried Chicken Sandwich

gorgonzola crumbles, coleslaw on brioche roll, with fries or arugula salad \$15

Add On:

fries - \$5 caesar Salad - \$5 side Gravy - \$2

CHEF'S SUPREME FEATURES —

Philly Steak Poutine

diced beef, seashore fries, gravy / potato starch \$15

Pulled Pork Poutine

pulled pork, seashore fries, bbq sauce & gravy \$15

Clubhouse Sandwich

texas toast, chicken & bacon, fries or salad \$15

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