



Classics

- OATMEAL** **V|N|GF** \$15
rolled oats, Quebec maple syrup, raisins, almonds
- A&O HOUSE MUESLI** **V|D|GF** \$17
creamy rolled oats, pumpkin seeds, milk, Greek yogurt, natural honey, orange zest, shredded apple, coconut, fresh berries
- BONVOY CONTINENTAL** **V|D|N** \$17
freshly cut fruit, fruit yogurt, natural honey, granola, homemade berry compote, choice of croissant or muffin coffee, tea or juice
- MINER'S BREAKFAST** **D** \$19
two cage-free eggs any style, breakfast potatoes, toast, choice of bacon, ham or breakfast pork sausage
- A&O LOX AND BAGEL** **D|F** \$24
everything bagel, lemon and dill cream cheese, smoked salmon, arugula, cherry tomatoes, red onions, capers, served with a side of fruit
- THREE CAGE-FREE EGGS OMELET** **D** \$19
(Whole or egg white), breakfast potatoes, toast and your choice of: tomato, onion, peppers, spinach, mushroom, ham, bacon, Swiss or cheddar cheese
- EGGS BENEDICT** **D**  \$18
two poached cage-free eggs, English muffin, hollandaise sauce, breakfast potatoes
sautéed spinach **+\$2**
peameal bacon **+\$3**
smoked salmon **+\$6**
Hotel will donate \$1 for every purchase

*Gluten-free options available on request ***GF**

Signature

- SUPERIOR STACK** **N|D** \$19
banana dulce de leche pancakes with cinnamon and hazelnut whipped cream and blueberries
- A&O SKILLET** **D** \$23
two cage-free eggs, breakfast potatoes sautéed peppers, mushrooms, onions, pico de gallo, mixed cheese, lardons
- AVOCADO TOAST** **V|D** \$23
three poached eggs on multigrain bread, smashed avocado, sundried tomato, shredded thunder oak gouda, balsamic glaze, sunflower seeds
- MEDITERRANEAN BAKED EGGS** **D** \$22
two cage-free eggs baked in a rich tomato sauce, peppers, onions, garlic, oregano and chorizo sausage, with multigrain toast

SIDES

- Smoked Canadian Bacon **\$7** | Pork Sausage **\$7** | Breakfast Ham **\$7** |
Atlantic Smoked Salmon (3 oz) **\$12 F**
Avocado **V|GF \$7**
Cold Cereal **\$6**
Fresh Fruit Bowl **V|GF \$7**

ALLERGENS:

GF - GLUTEN FREE / **DF** - DAIRY FREE / **V** - VEGETARIAN /
F - CONTAINS FISH / **G** - CONTAINS GLUTEN /
D - CONTAINS DAIRY / **N** - CONTAINS NUTS

IF YOU HAVE ANY CONCERNS ABOUT FOOD ALLERGIES, PLEASE ALERT
YOUR SERVER PRIOR TO ORDERING.

TAXES & GRATUITIES ARE NOT INCLUDED.

15% GRATUITY WILL BE ADDED TO A GROUP OF 8 OR MORE

**DELTA HOTELS BY MARRIOTT THUNDER BAY, 2240 SLEEPING GIANT PARKWAY,
THUNDER BAY ON P7A 0E7, 807-344-0777**