START HERE

FARM FRESH SALAD WITH PICKLED EGGS VIDIG

beet brined eggs, heritage lettuce, beetroot, grilled artisan bread, cherry tomato, mustard mayo dressing

A&O VEGAN SUPER FOOD SALAD VG|GF

fresh kale, mixed greens, chickpeas, edamame, cherry tomato, carrot, beetroot, avocado, blueberry, pumpkin seeds, orange ginger dressing

CAESAR SALAD GIDIF

romaine hearts, lemon, garlic croutons, parmesan cheese, smoked bacon, Caesar dressing

WARM BRIE HARVEST SALAD VIDIG

fried brie cheese, mixed greens, heirloom tomatoes, apple, cranberry chutney, orange ginger dressing

WARM SPINACH ARTICHOKE DIP VIDIG

spinach, artichoke, sour cream, cheddar cheese, corn chips, pita bites

TRADITIONAL POUTINE DIG

thick cut fries, cheese curds, gravy, green onions

LOADED NACHOS VIDIG

tri-colored corn chips, shredded cheese blend, pico de gallo, jalapenos, fire roasted salsa, sour cream, queso

BEEF & CARAMELIZED ONION FLATBREAD DIG

shredded beef chuck, garlic cream sauce, caramelized onions, shredded cheese blend, roasted red peppers, balsamic glaze

THUNDER FRIED CHICKEN Halal* DIG

house hot sauce, tangy coleslaw

CHICKEN WINGS (10 pcs) D|G

tossed with your choice of sauce, carrot sticks and ranch dressing Choice of sauce: BBQ; buffalo; honey garlic; salt & pepper

Enhance Your Starters: shrimp 5pcs 4 oz SF +10; chicken breast 6 oz DF|GF +8; falafel 3 pcs V|D|G +6

BIG PLATE

19 A&O FISH AND CHIPS FIDIG

Sleeping Giant Skull Rock battered haddock, coleslaw, lemon, homemade tartar sauce, thick cut fries

22 ATLANTIC SALMON 8 oz F|D|GF

pan roasted potatoes with aioli, olives capers, sautéed seasonal vegetables, crispy leeks, creamy mustard sauce

NORTH SHORE CHICKEN PASTA DIG

19 Big Lake casarecce, grilled chicken breast, parmesan cream pesto sauce, mixed peppers

PORK TENDERLOIN 10 oz DIG

26 grilled pork loin, spiced apple chutney, sautéed seasonal vegetables, mashed Yukon potatoes, thyme demi glace

BRAISED BLACK ANGUS CHUCK FLAT 10 oz DIG

19 mashed Yukon potatoes, sautéed carrots, edamame, red wine reduction

NEW YORK STEAK 12 oz DIG

peppercorn demi (Served with one starch and one side option)

FROM THE SMOKER

O All smoked meats are served with one starch and one side option. Includes pickles and our homemade A&O BBQ sauce

ST LOUIS RIBS 1/2 RACK DIG

24 fresh Ontario pork side rib

16

BEEF BRISKET DIG

AAA fresh, Canadian beef

Your Starch Choice: thick cut fries; sweet potato fries; breaded onion rings; mashed potatoes

Your Side Choice: sautéed seasonal vegetable; sautéed button mushrooms; balsamic glazed Brussel sprouts; house salad; Caesar salad

All smoked meats are Ontario sourced and smoked in house using combination of cherry and hickory wood.

HANDHELDS

25

22

24

24

22

12

28 All handhelds are served with choice of thick cut fries or house salad

A&O BURGER DIG

local prime rib beef patty, caramelized mushrooms, smoked

40 Thunder Oak Gouda, cabbage slaw, crispy jalapeno popper, A&O signature sauce, sesame brioche bun

VEGETARIAN BLACK BEAN BURGER VIDIG

32 double bean patties, cabbage slaw, lettuce, tomato,
Thunder Oak Gouda, A&O signature sauce, sesame brioche bun

HOUSE CLUB SANDWICH DIG

28 whole grain bread, crispy bacon, smoked turkey, tomato, lettuce, Thunder Oak Gouda cheese, signature A&O house sauce

FISH TACO FIDIG

54 beer battered pickerel, soft tortilla, coleslaw, pico de gallo, chipotle aioli

58 TOFU BARBACOA TACOS VIDFIG

marinated tofu, soft tortilla, coleslaw, pico de gallo, vegan cheese and lime wedges

ASK ABOUT OUR SOUP OF THE DAY

chef's homemade soup

29

33

ALLERGENS:

GF - gluten free / DF - dairy free / VG - vegan / V - vegetarian / F - contains fish / SF - seafood / G - contains gluten/
D - contains dairy/ N - contains nuts

IF YOU HAVE ANY CONCERNS ABOUT FOOD ALLERGIES, PLEASE ALERT YOUR SERVER PRIOR TO ORDERING. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

TAXES & GRATUITIES ARE NOT INCLUDED.

15% GRATUITY WILL BE ADDED TO A GROUP OF 8 OR MORE.

DELTA HOTELS BY MARRIOTT THUNDER BAY, 2240 SLEEPING GIANT PARKWAY, THUNDER BAY ON P7A 0E7, 807-344-0777