EST'D ANCHOR&ORE 2019

START HERE

BIG PLATE

SOUP OF THE DAY

chef's homemade soup served with bread rolls Add on: Caesar or House Salad +8

FARM FRESH SALAD WITH PICKLED EGGS V|D|G beet brined eggs, heritage lettuce, beetroot, grilled artisan bread, cherry tomato, mustard mayo dressing

A&O VEGAN SUPER FOOD SALAD VG|GF

fresh kale, mixed greens, chickpeas, edamame, cherry tomato, carrot, beetroot, avocado, blueberry, pumpkin seeds, orange ginger dressing

CAESAR SALAD G|D|F

romaine hearts, lemon, garlic croutons, parmesan cheese, smoked bacon, Caesar dressing

WARM BRIE HARVEST SALAD VIDIG

fried brie cheese, mixed greens, heirloom tomatoes, apple, cranberry chutney, orange ginger dressing

WARM SPINACH ARTICHOKE DIP VIDIG

spinach, artichoke, sour cream, cheddar cheese, corn chips, pita bites

BEEF & CARAMELIZED ONION FLATBREAD DIG

shredded beef chuck, garlic cream sauce, caramelized onions, shredded cheese blend, roasted red peppers, balsamic glaze

CHICKEN WINGS (10 pcs) D|G

tossed with your choice of sauce, carrot sticks and ranch dressing Choice of sauce: BBQ; buffalo; honey garlic; salt & pepper

Enhance Your Starters: shrimp 4 oz SF +10; chicken breast 6 oz DF|GF +8; falafel 3 pcs V|D|G +6

12 A&O FISH AND CHIPS FIDIG Sleeping Giant Skull Rock battered haddock, coleslaw, lemon, homemade tartar sauce, thick cut fries

19 ATLANTIC SALMON 8 oz F|D|GF pan roasted potatoes with aioli, olives capers, sautéed seasonal vegetables, crispy leeks, creamy mustard sauce

22 NORTH SHORE CHICKEN PASTA DIG

Big Lake casarecce, grilled chicken breast, parmesan cream pesto sauce, mixed peppers

PORK TENDERLOIN 10 oz D|G

19 grilled pork loin, spiced apple chutney, sautéed seasonal vegetables, mashed Yukon potatoes, thyme demi glace

BRAISED BLACK ANGUS CHUCK FLAT 10 oz DIG

26 mashed Yukon potatoes, sautéed carrots, edamame, red wine reduction

NEW YORK STEAK 12 oz D|G

19

22

peppercorn demi (Served with one starch and one side option)

Your Starch Choice: thick cut fries; sweet potato fries; breaded onion rings; mashed potatoes

24 Your Side Choice: sautéed seasonal vegetable; sautéed button mushrooms; balsamic glazed Brussel sprouts; house salad; Caesar salad

DESSERTS

NEW YORK CHEESECAKE N|D|G served with toffee sauce

LAVA CAKE N|D|G moist chocolate cake served with ice cream

CRÈME BRÛLÉE DIG

creamy custard base topped with caramelized sugar

DELTA HOTELS BY MARRIOTT THUNDER BAY, 2240 SLEEPING GIANT PARKWAY, THUNDER BAY ON P7A 0E7, 807-344-0777

HANDHELDS

28	All handhelds are served with choice of thick cut fries or house salad	
40	A&O BURGER D G local prime rib beef patty, caramelized mushrooms, smoked Thunder Oak Gouda, cabbage slaw, crispy jalapeno popper, A&O signature sauce, sesame brioche bun	25
32	VEGETARIAN BLACK BEAN BURGER V D G double bean patties, cabbage slaw, lettuce, tomato, Thunder Oak Gouda, A&O signature sauce, sesame brioche bun	22
28	HOUSE CLUB SANDWICH D G whole grain bread, crispy bacon, smoked turkey, tomato, lettuce, Thunder Oak Gouda cheese, signature A&O house sauce	24
54	FISH TACO F D G beer battered pickerel, soft tortilla, coleslaw, pico de gallo, chipotle aioli	24
58		

ALLERGENS :

GF - gluten free / DF - dairy free / VG - vegan / V - vegetarian / F - contains fish / SF - seafood / G - contains gluten/ D - contains dairy/ N - contains nuts

16

16

IF YOU HAVE ANY CONCERNS ABOUT FOOD ALLERGIES, PLEASE ALERT YOUR SERVER PRIOR TO ORDERING. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS. TAXES & GRATUITIES ARE NOT INCLUDED. 15% GRATUITY WILL BE ADDED TO A GROUP OF 8 OR MORE.

14