

Handhelds

All handhelds are served with fries or a garden salad.
Substitute for: Sweet potato fries 4 Caesar salad 4

Classic Lobster Roll 29

Loads of PEI lobster, celery, dill, mayo and lemon juice on a toasted bun served with coleslaw

Warm Lobster Roll 29

Loads of PEI lobster, garlic butter and spring onion on a toasted bun served with coleslaw

Halibut Tacos 28

Fresh ale-battered halibut, mango salsa, sriracha crema, avocado, lime slaw, pickled onion

Cauliflower Tacos 18

Roasted cauliflower, mango salsa, sriracha crema, avocado, lime slaw, pickled onion

Smash Burger 22

6oz of Island beef, bacon, smoked cheddar, iceberg lettuce, pickles, caramelized onion, house aioli, brioche bun

Proudly donating \$1 for every burger sold to Children’s Miracle Network.

Buttermilk Fried Chicken Burger 23

House-made buttermilk fried chicken breast, iceberg lettuce, pickles, tomato, Cajun chipotle mayo, brioche bun

Reuben 22

Corned beef, sauerkraut, Swiss cheese, thousand island spread, rye bread

Bao Buns 22

Slow-cooked pork belly, cucumber, spring onion, pickled carrot, sprouts, sesame glaze

Land & Garden

Hummus 15

Charred butternut squash, dill tzatziki, spicy kalamata olives, naan

Caesar Salad 15

Romaine, pork belly lardons, parmesan, house Caesar dressing, ciabatta croutons
Add chicken 7 Add salmon 15

Heirloom Beet Salad 16

Roasted beets, baby spinach, honey crisp apple, goat cheese, pepitas, pecans, balsamic vinaigrette
Add chicken 7 Add salmon 15

Soup of the Day 14

Rotates daily

Nachos 22

Corn tortillas, cheddar and Monterey Jack cheese, tomatoes, olives, spring onion and jalapenos, served with salsa, sour cream and queso
Add guacamole 5 Add chicken 7 Add taco beef 5

Chicken Wings 18

Breaded chicken wings, choice of Korean BBQ, spicy buffalo or salt & pepper

A Toast to the Sea

Tuna Tataki 22

Yellowfin tuna, sesame, togarashi, ponzu, crunchy slaw, crostini

Crispy Calamari 19

House tartar sauce, jalapeno

Crispy Shrimp 15

Vermicelli-crusted shrimp, sweet chili aioli

Crab Dip 19

PEI rock crab, shallots, cream cheese, parmesan, cauliflower crisps

Mussels 22

1 lb. of Island blue mussels, choice of garlic and white wine or bouillabaisse broth, served with grilled baguette

Seafood Chowder 21

Haddock, shrimp, scallops and mussels in a creamy broth, served with a buttered biscuit

From the Market

Poke Bowl 29

Yellowfin tuna, sticky rice, avocado, cucumber, carrot, ponzu, edamame, sesame, baby sprouts, aji Amarillo aioli

Fish and Chips 23

Beer-battered Atlantic haddock, lemon, house tartar sauce, served with fries and coleslaw

Salmon 34

Seared Atlantic salmon, baby red potatoes, broccoli, tarragon beurre blanc

Surf & Turf 52

7oz tenderloin, seared scallops, creamy mashed potatoes, buttered vegetables, bone marrow jus

Ribeye 52

12oz ribeye, creamy mashed potatoes, buttered vegetables, served with choice of mushroom sauce, peppercorn sauce or red wine jus

Lamb Shank 35

Maple-braised lamb shank, mashed potato, glazed carrot, lamb jus

Tagliatelle ai Frutti di Mare 32

Mussels, scallops, shrimp, squid, parmesan, white wine rosé sauce

LOBSTER DINNER MKT

1.25 lb. Island lobster, melted butter, lemon, baby red potatoes, coleslaw

SCALLOP RISOTTO 29

Seared scallops, arborio rice, wild mushrooms, green peas, baby shoots

DESSERTS

all 10

Tiramisu

Mascarpone, espresso, cocoa

Apple Crisp

Vanilla ice cream, salted caramel sauce

Chocolate Torte

Berry coulis, whipped cream

Cows Ice Cream

Two scoops of COWS ice cream. Ask about our flavours!