

WELLNESS AND RECOVERY PROGRAM

THE PRIVATE RESET

AN IN-ROOM WELLNESS
AND RECOVERY PROGRAM

SPA
EDITION



THE ABU DHABI EDITION
AL BATEEN MARINA, ABU DHABI, UNITED ARAB EMIRATES
+971 2 203 0233 | SPA: AUH@EDITIONHOTELS.COM

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Unwind on your own schedule. Let our private trainer bring a tailored fitness experience and targeted recovery straight to your room—featuring the PENT. SOPHIA™ mobile gym, Theragun therapy and JetBoots.

AED 1,500 per day.

Available exclusively for in-house guests upon request.

Private Wellness Policy: 48-hour advance booking and 24-hour cancellation notice required.

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PENT. SOPHIA™ MOBILE GYM

Available upon request in the guest room
with one complimentary Personal Training session.

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THERAGUN THERAPY

AVAILABLE ON REQUEST IN THE GUEST ROOM.

Experience professional-grade muscle therapy with the Theragun PRO! The Theragun PRO is a powerful percussion massage device designed to target deep muscle tissue, relieve pain, and accelerate recovery after intense workouts.

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RECOVERY AIR JETBOOTS

AVAILABLE ON REQUEST IN THE GUEST ROOM.

Enhance your post-workout recovery with our JetBoots!

JetBoots is an advanced compression therapy device designed to improve circulation, reduce muscle fatigue, and speed up recovery by applying rhythmic pressure to your legs.



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