



**JW** MARRIOTT  
JAKARTA

# SPA by JW

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# OUR CONCEPT

Welcome to Spa by JW, an experience that favors simplicity over complexity, clarity over mystery. Knowing your time is valuable, we offer express spa treatments as a simple indulgence. And our inviting spa lounge is the perfect place to gather with a group or simply unwind and take a moment.

Spa by JW delivers experiential retail and treatments that are tailored to your exact needs and focused on delivering four distinctive benefits — **Calm, Indulge, Invigorate** and **Renew**. Whether you're fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalized spa experience that is as effortless as it is rewarding. Begin your journey with your desired results in mind.

## CALM

Reset for a moment of serenity. Find your center by slowing down time, so you're ready to take on whatever comes next.

## INDULGE

You deserve the best. For all that you do, take time for some special nourishment. After all, life's simplest pleasures should not be forgotten.

## INVIGORATE

Stress takes its toll. Embrace your own vitality by replacing what's been lost, enlivening your body and clarifying your mind.

## RENEW

Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.

# CALM

So much is expected of us — to be brilliant, be ready, be connected.

Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.

## MASSAGE

### HERITAGE SIGNATURE MASSAGE (Ayurvedic+Dhara)

(90 or 120 Minutes)

Our therapists offer these nuanced ancient Ayurveda healing techniques to restore the energy and balance of the body and mind, fostering a palpable sense of calm and wellness. Dhara is an important therapy in Ayurveda, providing sudden relief from chronic headaches, insomnia, and mental tension. Additionally, we offer a hair spa lasting 120 minutes.

### STRESS RELIEF MASSAGE (Lomi-Lomi)

(90 or 120 Minutes)

Experience the subtle difference between being relaxed and being restored with this profoundly healing massage designed to dissolve stress and tension.

## FACIAL

### SOOTHING

(60 Minutes)

Revel in the harmonious restoration of your skin's balance and radiant glow, as the gentle caress of our naturally healing aromatherapy oils envelops you in a soothing embrace, expertly crafted to alleviate redness and irritation.

### EXPRESS CALM FACIAL

(30 Minutes)

Indulge in skincare luxury with our signature classic facial. Experience deep cleansing, toning, exfoliation, and a nourishing masque for remarkable results. Feel pampered, hydrated, and tranquil.

## BODY

### RELAXING SCALP MASSAGE & HAIR DRY

(45 Minutes)

Embark on a journey of profound clarity as you gracefully surrender to the art of letting go. Unearth a serene oasis within by embracing a blissful moment of release and self-discovery.

### TENSE SHOULDERS MASSAGE

(30 Minutes)

Embrace the liberating art of releasing tension, and behold how serenity gracefully envelops your body, paving the way for your mind to effortlessly follow suit.

### GREEN TEA BODY POLISH

(30 Minutes)

Experience the enchanting touch of green tea's caffeine as it invigorates your skin, promoting gentle cell shedding for a radiant complexion. Feel truly refreshed and rejuvenated, basking in your natural beauty.

## SPARADISE EXPERIENCE

(120 Minutes, Single/Couple)

Embark on a celestial journey with our heavenly trio: Green Tea body polish for gentle nourishment and exfoliation, the enchanting Heritage Signature massage for pure bliss, and the exquisite Facial for a radiant glow.

# INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.

## MASSAGE

### ULTIMATE AROMATHERAPY MASSAGE (Aroma+Ayurvedic)

(60 or 90 Minutes)

Indulge in a truly pampering experience with this soothing head-to-toe aromatherapy massage, which incorporates a personalized blend of powerful therapeutic essential oils and the healing techniques of Ayurveda.

### CLEAR YOUR MIND MASSAGE (Hot Stone)

(60 or 90 Minutes)

Unwind and refocus your senses with this aromatherapy body and hot stone massage, easing your muscles and enjoying a face and scalp massage, all while breathing in the soothing aromas of chamomile, petitgrain, and rosemary.

## FACIAL

### ANTI-AGING FACIAL

(60 Minutes)

Recapture a youthful complexion through a precise combination of exceptional skincare, telomere technology, and the healing power of rose and plant stem cells, which work together to regenerate the skin.

### EYE LIFT MASSAGE

(30 Minutes)

Enhance the eyes with micro-currents that lift and firm, while revitalizing products reduce redness and dark circles, leaving the eyes fresh, bright, and youthful.

## BODY

### COCO-STRAWBERRY BODY POLISH

(30 Minutes)

It is marrying the fresh, sweet smell of strawberries with the tang of coconut, and it is a winning combination. A divine treat for sensitive skin.

### INTENSE NOURISHMENT BODY COCOON

(60 Minutes)

The sunburn body wrap treatment is pure bliss—a restorative rescue designed to combat the aftereffects of the sun. The treatment set also includes an amazing head and face massage.

### COCO-DHARA AND MILK BODY BATH

90 Minutes)

Coco-dhara therapy induces a relaxed state in both the mind and the body. Focusing on the third eye with closed eyes during meditation leads to psychosomatic harmony. Afterward, you can continue with a milk bath, an Ayurvedic ritual that cleanses the body, pampers the skin, and calms the senses.

## ROMANTIC INDULGENCE EXPERIENCE

(120 Minutes, Single/Couple)

Ritual Ayurvedic therapies, including body polish, Aromatherapy massage, facial, and a pampering Milk body bath.

# INVIGORATE

The stresses of travel and everyday life all take a toll, making energy elusive. Replace what's been lost with treatments designed to focus on your body's less obvious engines and enliven every facet of your being. At Spa by JW, find balance and energy on your way to a new vitality.

## MASSAGE

### RE-ENERGIZE MASSAGE (Balinese+Thai)

(60 or 90 Minutes)

Feel newly energized with a restorative massage that breathes life back into tired muscles. Indulge in the artful combination of ancient Thai massage and the deep soothing of Balinese techniques.

### JET LAG CURE MASSAGE (Swedish)

(60 or 90 Minutes)

Recover from the long journey with this profoundly therapeutic massage that blends and integrates essential oils to revive the senses.

## FACIAL

### RADIANCE FACIAL

(60 Minutes)

Stimulate cell renewal, provide deep hydration, and achieve softening effects for all skin types with expertly massaged aromatherapy ingredients.

### EXPRESS INVIGORATE FACIAL

(60 Minutes)

This express facial includes deep cleansing, toning, exfoliation, and a masque, giving you immediate results for softening all skin types.

## BODY

### ACHING FEET MASSAGE

(30 Minutes)

Treat your hard-working extremities to a refreshing and restorative massage, revitalizing tired feet with utmost care and pampering.

### HIMALAYAN ROCK BODY POLISH

(30 Minutes)

Exfoliating with Himalayan Salts can improve the texture, tone, and appearance of your skin, reduce the appearance of acne/blemishes, combat water retention, help reduce the appearance of cellulite, blackheads, and wrinkles.

### LAVENDER BODY POLISH

(30 Minutes)

The Lavender body polish offers numerous physical and mental benefits, promoting mood improvements while reducing skin inflammations and irritations.

### RECONNECT & RE-ENERGIZE EXPERIENCE

(120 Minutes, Single/Couple)

Reconnect, recharge, revitalize, and re-energize at Absolute Sanctuary with our Lavender body polish, followed by a rejuvenating body massage and an invigorating facial.

# RENEW

What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from center. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalized treatment feeling refreshed and rejuvenated.

## MASSAGE

### INTENSE MUSCLE RELEASE (Hot Stone + Coco Dhara)

(90 Minutes)

Indulge in a welcome sense of renewal for sore muscles with this intensely satisfying and powerful massage that reaches the deeper structures of the body.

### RE-BORN EXPERIENCE

(150 Minutes, Single/Couple)

Feel revived. Awaken tired muscles with a revitalizing massage that rejuvenates both the mind and body, leaving you relaxed and naturally recharged.

# ESSENTIALS

## **NAILS**

EXPRESS MANICURE

EXPRESS PEDICURE

LUXURY MANICURE – NAIL GEL

LUXURY PEDICURE – NAIL GEL

## **HAIR**

HAIR SPA LADIES

HAIR SPA GENTLEMEN

HAIR SPA LADIES + INDIAN HEAD & SHOULDER MASSAGE

HAIR SPA GENTLEMEN + INDIAN HEAD & SHOULDER MASSAGE

## **LASH**

SINGLE LASH

VOLUME LASH

## **WAXING**

EYEBROW

UPPER LIPS

UNDERARMS

FULL ARMS

HALF ARMS

FULL LEGS

HALF LEGS

# PRICELIST

## CALM

### MASSAGE

#### HERITAGE SIGNATURE MASSAGE

Ayurvedic+Dhara

1,299 (90min) / 1,599 (120min)

#### STRESS RELIEF MASSAGE

Lomi-Lomi

1,099 (60min) / 1,299 (90min)

### FACIAL

#### SOOTHING

1,099 (60min)

#### EXPRESS CALM FACIAL

799 (30min)

### BODY

#### RELAXING SCALP MASSAGE

& HAIR DRY

899 (45min)

#### TENSE SHOULDERS MASSAGE

799 (30min)

#### GREEN TEA BODY POLISH

799 (30min)

#### SPARADISE EXPERIENCE

1,699 (120min - Single)

2,999 (120min - Couple)

## INDULGE

### MASSAGE

#### ULTIMATE AROMATHERAPY MASSAGE

Aroma+Ayurvedic

1,099 (60min) / 1,299 (90min)

#### CLEAR YOUR MIND MASSAGE

Bamboo Massage

1,099 (60min) / 1,299 (90min)

### FACIAL

#### ANTI-AGING FACIAL

1,099 (60min)

#### EYE LIFT MASSAGE

799 (30min)

### BODY

#### COCO-STRAWBERRY

BODY POLISH

799 (30min)

#### INTENSE NOURISHMENT

BODY COCOON

1,099 (60min)

#### COCO-DHARA AND

MILK BODY BATH

1,299 (90min)

#### ROMANTIC INDULGENCE EXPERIENCE

1,899 (150min - Single)

3,199 (150min - Couple)



# PRICELIST

## INVIGORATE

### MASSAGE

RE-ENERGIZE MASSAGE Balinese+Thai  
1,099 (60min) / 1,299 (90min)

JET LAG CURE MASSAGE Swedish  
1,099 (60min) / 1,299 (90min)

### FACIAL

RADIANCE FACIAL  
1,099 (60min)

EXPRESS INVIGORATE FACIAL  
799 (30min)

### BODY

ACHING FEET MASSAGE  
799 (30min)

HIMALAYAN ROCK BODY POLISH  
799 (30min)

LAVENDER BODY POLISH  
799 (30min)

RECONNECT & RE-ENERGIZE EXPERIENCE  
1,699 (120min - Single)  
2,999 (120min - Couple)

## RENEW

### MASSAGE

INTENSE MUSCLE RELEASE  
Bamboo Massage + Coco Dhara  
1,299 (90min)

RE-BORN EXPERIENCE  
1,899 (150min - Single)  
3,199 (150min - Couple)

## ESSENTIALS

### NAILS

Express Manicure	499
Express Pedicure	599
Luxury Manicure - Nail Gel	799
Luxury Pedicure - Nail Gel	899

### HAIR

Hair Spa Ladies	899
Hair Spa Gentlemen	799
Hair Spa Ladies + Indian Head & Shoulder Massage	1,099
Hair Spa Gentlemen + Indian Head & Shoulder Massage	999

### LASH

Single Lash	499
Volume Lash	599

# ESSENTIAL SPA GUIDE

## SCHEDULING AN APPOINTMENT

Hotel guests can simply dial the hotel operator to schedule an appointment with Spa by JW, and our dedicated Spa specialists will be happy to assist you with your needs and preferences. For requests outside of the hotel, please call 0811 980 8170 ext. 3580. To ensure availability of your preferred time and selected treatments, we recommend making your reservation at least 1-2 days in advance.

## SPA ETIQUETTE

In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using a mobile device or pager. The Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age of 16 is required for access to the spa areas.

## EXPRESS TREATMENTS / ESSENTIALS

Guests who schedule appointments for Express Treatments or Essential services have access to the Express Treatment Suites area only.

## HEALTH CONDITIONS

When making your Spa by JW reservation, please advise us of any health conditions, allergies or injuries that could affect your experience.

## PREGNANCY

Please allow our Spa team to recommend suitable treatments for you during this special time.

## CANCELLATION POLICY

A 50% cancellation fee will be incurred for any treatment canceled less than 24 hours prior to appointment. Cancellation within 12 hours will be charged the full price of the service.