Welcome to Mandara Spa at the JW Marriott Hotel Cairo

Where ancient traditions meet contemporary luxury. Our spa menu is thoughtfully curated to provide an exquisite journey of rejuvenation, inspired by the rich heritage of Egyptian wellness and the timeless beauty secrets of Asia.

From our signature Cleopatra and Nefertiti facials, which echo the beauty secrets of Egyptian royalty, to invigorating body scrubs and soothing body rubs. Additionally, our menu features a range of authentic Asian treatments, each one designed to transport you to a state of serene bliss.

Each treatment is thoughtfully curated to offer an unparalleled experience, using natural, highquality ingredients that honor the traditions of our surroundings, ensuring a spa experience like no other in the heart of Cairo.



MANDARA SPA SIGNATURE EXPERIENCES

Olive Rejuvenation Spa Journey

Embark on a journey of rejuvenation and renewal with our Olive Rejuvenation Spa Journey, where the nourishing properties of olive oil work their magic to restore balance and vitality to your skin. Surrender to the soothing touch of skilled therapists and emerge feeling refreshed, revitalized, and deeply relaxed.

Duration: 105 Mins Price: EGP 5,000

Luxurious Chocolate Indulgence

Embrace the harmony of the Chocolate Indulgence Package. Begin your journey with a relaxing full-body chocolate oil massage to ease tension and improve circulation. You'll then be cocooned in a rich, antioxidant cocoa body wrap that nourishes the skin deeply. Finally, immerse yourself in a warm chocolate milk bath that soothes the senses and leaves you feeling rejuvenated.

Duration: 135 Mins Price: EGP 6,500

Pharaonic Spa Experience

Transport yourself to the ancient world of Egypt with our Pharaonic Rejuvenation Spa Package. This enchanting package combines the exfoliating benefits of a brown sugar scrub with the therapeutic techniques of a pharaonic massage, concluding with a luxurious milk bath to leave you feeling pampered, revitalized, and deeply relaxed.

Duration: 120 Mins Price: EGP 6,300

Safaga Salt Detoxing & Purifying Experience

Embark on a journey of detoxification and purification with our Safaga Salt Treatment. Begin your journey with the sea salt scrub to exfoliate and invigorate your skin, followed by a soothing body massage to melt tension away. Finally, indulge in a luxurious sea salt bath for a cleansing and purifying experience.

Duration: 120 Mins Price: EGP 6,300

COUPLE EXPERIENCES

Mandara Bonding Experience

Experience an unforgettable journey of relaxation and connection with our blissful Bonding Package, designed to create cherished memories and deepen your bond with your loved one. This indulgent spa experience combines luxurious treatments, sensory delights, and nourishing refreshments to ensure a truly blissful experience together.

Duration: 120 Mins Price: EGP 11,800

Sultan & Sultana Hammam Experience

Experience the epitome of indulgence and rejuvenation with our Mandara Delight Package, a luxurious spa journey combining the ancient cleansing ritual of the hammam, body wrap & the soothing touch of a rejuvenating massage. Immerse yourself in a realm of pure relaxation and revitalization as you surrender to the healing powers of natural, organic ingredients.

Duration: 150 Mins Price: EGP 15,600

Mandara Couples Massage

Escape the stresses of everyday life and embark on a journey of relaxation and connection with our Couples Massage. Let our skilled therapists guide you and your partner on a blissful retreat, leaving you both feeling renewed, revitalized, and deeply connected.

Duration: 60 Mins Price: EGP 6,500
Duration: 90 Mins Price: EGP 8,250

HAMMAM EXPERIENCES

Mandara Spa Royal Hammam

Indulge in the epitome of relaxation and rejuvenation with our Ultimate Relaxation Retreat Package, combining the ancient cleansing rituals of the Hammam with the soothing techniques of a luxurious massage. This comprehensive spa experience is designed to melt away stress, soothe tired muscles, and leave you feeling utterly pampered from head to toe.

- · Moroccan Hammam Ritual
- · Soothing Massage
- · Refreshment

Duration: 120 Mins Price: EGP 6,200

Turkish Hammam Ritual

A traditional sequence of perfumed steam, kesse body exfoliation for pure shine, and a unique foam massage that softens the skin and eases muscle tension throughout the body.

- · Steam
- Kesse Exfoliation
- · Foam Bath
- · Hair Cleansing and Masque
- · Honey Body Mask
- Refreshment

Duration: 60 Mins Price: EGP 4,100

Moroccan Hammam Ritual

The quintessential Moroccan ritual is built around full-body cleansing, exfoliating, and moisturizing with black olive soap. A clay mask brings any remaining impurities to the surface for the smoothest skin imaginable.

- •Black Olive Soaping
- · Steam
- Kesse Exfoliation
- Hair cleansing and hair conditioner application
- · Clay Body and face Mask
- Body lotion application
- · Refreshment

Duration: 60 Mins Price: EGP 4,100
Duration: 90 Mins Price: EGP 5.600

FACIALS

Phytomer Youth Revealing Treatment

Advanced beauty treatment that combines biotechnological active ingredients with an exceptional youth massage for smoother, firmer skin that glows with new radiance.

Duration: 70 Mins Price: EGP 5,400

Cleopatra's Facial

This facial combines only natural organic ingredients to encourage cell renewal and oxygenation. Lapse into a state of pure relaxation with a gentle facial massage with jojoba oil and then let our nourishing mask restore the natural balance of your skin.

Duration: 60 Mins Price: EGP 3,700

Phytomer White Lumination Treatment

An immediate burst of radiance for a glowing complexion. Experience beauty with total satisfaction in terms of skin radiance, the reduction of dark spots and the brightening of the complexion.

Duration: 60 Mins Price: EGP 4,400

Phytomer Men's Skin Escape Facial

Moisturizing, wrinkle-correcting, soothing and blemish-solution treatment. A specifically adapted solution for the treatment of the male epidermis.

Duration: 60 Mins Price: EGP 4,400

Nefertiti's Facial

This facial is designed to create a well-toned and smooth face, using only natural organic ingredients to redefine the elegant lines of the face to create a youthful appearance.

Duration: 60 Mins Price: EGP 3,700

MASSAGES

Aromatic Massage

Indulge in our Aromatic Massage – a luxurious treatment that combines massage therapy with natural essential oils to soothe muscles, calm the mind, and restore balance to your body and soul.

Duration: 60 Mins Price: EGP 3,600
Duration: 90 Mins Price: EGP 4,600

Swedish Massage

Experience ultimate relaxation with our classic Swedish Massage, known for easing tension, improving circulation, and promoting overall well-being.

Duration: 60 Mins Price: EGP 3,600
Duration: 90 Mins Price: EGP 4,600

Deep Tissue Massage

Experience a transformative journey of tension relief and muscle rejuvenation with our Deep Tissue Massage, designed to target chronic muscle tension, release deep-seated knots and adhesions, and promote overall well-being.

Duration: 60 Mins Price: EGP 3,600
Duration: 90 Mins Price: EGP 4,600

Pharaonic Massage

Indulge in the ancient art of relaxation with our Pharaonic Massage, a rejuvenating experience inspired by the healing traditions of ancient Egypt. This luxurious treatment features warm herbal poultices infused with a harmonious blend of sweet basil, lemongrass, chamomile, and mint.

Duration: 60 Mins Price: EGP 4,100
Duration: 90 Mins Price: EGP 5,650

Hot Stone Massage

A unique combination of aromatherapy oils and heated volcanic stones are kneaded into the body to ease away deep muscular tension and encourage optimum circulation.

Duration: 60 Mins Price: EGP 4,100 Duration: 90 Mins Price: EGP 5,400

MASSAGES

Bamboo Signature Massage

Experience deep relaxation and rejuvenation with our Bamboo Signature Massage, harnessing bamboo's natural healing properties to soothe muscles, release tension, and restore balance to your body and mind.

Duration: 90 Mins Price: EGP 5,000

Indian Head Massage

A unique combination of aromatherapy oils and heated volcanic stones are kneaded into the body to ease away deep muscular tension and encourage optimum circulation.

Duration: 60 Mins Price: EGP 3,600

Foot Reflexology

Experience relaxation and rejuvenation with our Foot Reflexology treatment, a holistic therapy rooted in ancient healing practices. By stimulating reflex points on the feet, this treatment promotes balance and harmony within the body, offering a natural and effective way to restore vitality and enhance overall well-being.

Duration: 60 Mins Price: EGP 3,600

MANDARA SPA WELLNESS TREATMENTS

Traditional Thai Massage

Known to many as 'passive yoga', Thai massage uses specific stretching techniques, passed down through the generations, to alleviate strains and stresses, increase flexibility, and promote vitality. This is a dry massage, performed without oil, in loose clothing which is provided.

Duration: 90 Mins Price: EGP 4,700
Duration: 120 Mins Price: EGP 6,400

Thai Herbal Compress Massage

Traditional poultices made from Thai herbs and spices are heated then kneaded across the body. A full-body massage with herbal oil follows, soothing tense muscles, easing stiffness, and removing negative energy that causes sluggishness.

Duration: 90 Mins Price: EGP 4,700
Duration: 120 Mins Price: EGP 6,400

Golfer Massage

Release muscle tightness in the shoulders, upper arms, scapula, upper body sides, and lower back in a therapeutic oil massage designed especially for golfers.

Duration: 90 Mins Price: EGP 3,900

Manual Lymphatic Drainage Treatment

Indulge in a gentle and specialized massage therapy designed to support the body's lymphatic system in eliminating toxins, reducing swelling, and promoting overall wellness. This therapeutic technique utilizes light, rhythmic strokes to stimulate lymphatic circulation, facilitating the removal of waste.

Duration: 60 Mins Price: EGP 3,600

Slimming Massage

Experience the transformative effects of our Slimming Massage and take a step towards achieving your desired body goals.

Duration: 60 Mins Price: EGP 3,700

BODY TREATMENTS

Body Scrub

Intensive exfoliation that deep-cleanses and retextures for a body that's super soft and smooth with your choice of.

Duration: 30 Mins

Exfoliating Safaga red sea salt	Price: EGP 1,850
 Hydrating sugar and jojoba oil 	Price: EGP 1,850
Refreshing white coconut mint	Price: EGP 1,850
Invigorating coffee	Price: EGP 1,850
Revitalizing date and coffee	Price: EGP 2,000

Body Wrap

Indulge in the ultimate pampering experience with our luxurious body wraps. Designed to revitalize your body and nourish your skin.

Duration: 45 Mins

Nourishing coconut and milk	Price: EGP 2,650
Soothing honey & aloe vera	Price: EGP 2,650
Purifying clay	Price: EGP 2,650
Indulgent chocolate	Price: EGP 2,650
Detoxifying seaweed	Price: EGP 2,800

Bath

Experience pure tranquility with our diverse range of baths. Each offering a unique and luxurious escape for relaxation and rejuvenation.

Duration: 30 Mins

 Lavender infused Safaga red sea salt 	Price: EGP 1,900
· Rose petal infused Safaga red sea salt	Price: EGP 1,900
Rose petal milk	Price: EGP 1,900
Indulgent milk chocolate	Price: EGP 1,900

ADDITIONAL TOUCHES

Express Facial

Treat yourself to a moment of indulgence with our Express Facial and experience the instant benefits of radiant, glowing skin. This revitalizing treatment will leave you feeling refreshed, rejuvenated, and ready to take on the world.

Duration: 30 Mins Price: EGP 2,100

Head Soother

Let go of all your worries with a deeply relaxing head massage.

Duration: 30 Mins Price: EGP 2,100

Deep Relief

Let stress melt off your body with a short but effective back, neck and shoulder massage.

Duration: 30 Mins Price: EGP 2,100

Foot Joy

Put the pep back in your step with a delightful foot massage

Duration: 30 Mins Price: EGP 2,100

OPERATIONAL HOURS:

Mandara Spa is open from 10.00 am to 10.00 pm

RESERVATIONS:

- Advance booking is highly recommended to ensure availability. Please visit the spa or call us on 02.2411.5592 and one of our receptionists will gladly assist you.
- Walk-in guests are welcome, with treatments subject to availability.

SPA ADDRESS:

 JW Marriott Cairo Hotel, Ring Road, Mirage City, New Cairo, Cairo, Egypt

SPA ARRIVAL:

- You are recommended to arrive 15 to 45 minutes prior to your treatment time. This will allow for a smooth check-in and the opportunity to relax before your treatment.
- Late arrivals will be subject to reduced treatment time.
- We recommend that you do not sunbathe before and after facials.

RULES & REGULATIONS:

- We love children; however, we recommend that you avoid bringing children younger than 12 years old to the spa.
 Young guests, 12 to 15 years old, are welcome to enjoy a selection of treatments under the supervision of a guardian.
- Mobile phones and smoking, including e-cigarettes, are not permitted at the spa at any time.
- The spa environment is one of tranquility and relaxation for all our guests. It is our mission to ensure that you, as well as our other customers, reap the benefits of this peacefulness.
- To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

CANCELLATION POLICY:

 For cancellation or re-booking, we require a minimum of 4 hours' notice. Otherwise, a 50% charge will apply.