

BIG, STRONG & ACTIVE

house salad (v)

baby greens, carrot, cucumber, tomatoes,
balsamic vinaigrette

6

the “wedge”

heirloom tomato, smoked bacon,
buttermilk ranch dressing

8

ALL GROWN UP

4 oz. petite filet (gf)

mashed potatoes, grilled broccolini
(vitamin d)

19

jumbo shrimp (gf)

quinoa, cauliflower, salsa verde
(vitamin d)

16

grilled chicken breast (gf)

sautéed green beans, polenta
(potassium)

14

verlasso salmon (gf)

quinoa, cauliflower, salsa verde
(vitamin d)

17

SWEET TREATS

nutella brownie

chocolate ice cream, salted caramel

10

profiterole

french vanilla ice cream, dark chocolate,
warm caramel sauce

12

kid's sundae (gf, v)

two scoops of vanilla bean ice cream,
chocolate sauce, oreo cookie crumble

9

fresh fruit & berries (gf, v)

5

(gf) gluten-free | (v) vegetarian