Enliven Spa and Salon
JW Marriott Marquis, Miami
255 Biscayne Boulevard Way, Miami, Florida 33131
t. 305.421.8770 | enliven@enlivenspaandsalon.com
Spa and Salon Hours: 9am–7pm daily

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Enliven means to renew, rejuvenate, purify,
and bring new life to something.

Symbolized by the lotus flower, it is the timeless
and continual process of birth and rebirth.

Spa and salon treatments performed by our staff
of expert therapists bring purity and new life to
your mind, body, and soul.

Enliven here.

Detox Body Treatment

Let the invigoration of a natural salt scrub awaken the skin in preparation for the application of a detoxifying mask. While the body absorbs the mask, indulge in a scalp massage. Finally, an application of a decadent body cream leaves the skin hydrated and firm. **80 min | $ 199**

Body Polish Treatment

Combine the antioxidant powers of fruit oils with the exfoliating nature of natural scrub and your skin will feel velvety smooth with an irresistible glow. This treatment concludes with the application of an aromatic cream. **80 min | $189**

Firming Body Treatment This treatment is designed to reduce the signs of cellulite while improving the tone of the skin. It starts with a stimulating scrub, followed by a mask and wrap. While wrapped, you'll enjoy a scalp massage. The final step is a firming moisturizer. **80 min | $ 189**

Aromatherapy Facial

More than just a facial... the perfect balance between total relaxation and results. Our expert estheticians thoughtfully address your skin's needs while crafting an atmosphere of total relaxation with aromatherapy, allowing you to oat away with relaxing scents and oils.

80 min | $209

Custom Organic Facial

This European deep cleansing facial is crafted to impart health and beauty to the skin, addressing a variety of concerns such as dehydration, acne, and skin sensitivity all without harsh chemicals!

80 min | $199

Skin Firming Facial

Brighten and lighten an uneven complexion with refreshing stonecrop, licorice root, bearberry, and Gigawhite. This treatment will fade age spots and hyperpigmentation, leaving the skin looking, and feeling firm and luminous. **80 min | $219**

Ultimate Hydrating Facial

Experience a hydrating treatment like no other! This replenishing facial refresh, renews, and revitalizes all skin types with the quick use of a cleanser and buffer to prepare the way for optimal hydration. The natural benefits of the stonecrop plant also rejuvenate the skin and bring out a radiant glow that is sure to last.

80 min | $199

The Enliven Signature Massage This refreshing full-body massage begins at the toes and ends at the fingertips. Warm towels gently soften the skin of the hands and feet in preparation for a natural scrub application to help with circulation, and a replenishing mask deliver a soothing sensation that will leave them feeling brand new! Our signature treatment ends with a scalp massage, the perfect way to ease away the tension of the day and return to a state of relaxation.
80 min | $259

Swedish Massage

A favorite of those new to receiving massage, as well as those seeking pure relaxation, Swedish Massage uses long, gliding strokes and light to medium pressure to ease the body and mind. min
50 min| $159 **80 min | $209**

Aromatherapy Massage

This full-body massage features an aromatic relaxation experience utilizing light pressure designed to ease sore muscles and relieve stress and tension from the body. Let the soothing aromas and nourishing oils melt your stress away. Customized natural oils of your choice are included with this service.

50 min | $169 **80 min | $219**

Deep Tissue Massage

This corrective and therapeutic massage uses expert application of deep pressure to focus on deeper layers of muscle tissue and “knots” perfect for those with chronic muscle tension. This treatment will help release deep aches, muscle pains and soreness, freeing the body of deep-seated tension and tightness.

50 min | $189 **80 min | $249**

Warm Stone Massage

This classic technique uses the penetrating energy of warm stones to dissolve stress through its placement on select chakra points. This treatment increases energy levels and will leave you feeling relaxed and rejuvenated.

50 min | $199 80 min | $249

Mom to Be Massage

Indulge in some prenatal pampering with gentle bodywork for expectant mothers past the first trimester. This full-body side-lying massage uses techniques to help soothe aches and pains. It includes reflexology, foot scrub, and massage customization to treat specific areas according to individual needs.

80 min | $259

The Foot Reviver

A revitalizing foot massage and nourishing scrub to release tension for our most treasured support system, our feet! This specialty service targets all those aching points so you can feel light and refreshed.

$49

Signature add-ons | $25 (each)

CBD Oil | Himalayan Salt Stones |
Scalp Massage

Aromatherapy | $15

Met2Fitness Membership •Access to fitness center Daily from 5:00am-9:00pm •Swimming pool access 19th floor | 6:30am-9:00pm

•Access to the dry sauna

•Fitness On Demand access in the yoga room. Please see an attendant for availability.

•10% discount on full-price spa services •10% off full-price spa retail products •Special valet parking rate. See attendant for parking validation.

$89/month

Personal Training

Whether you're looking to lose weight, maximize athletic performance, rehabilitate an injury, or just get in better shape, we are dedicated to helping you achieve your goals and realize your full potential. Our personal trainers are on call and equipped with all the tools necessary to take your fitness to the next level. Book a session today and get started on a path to more energy, strength, and vitality.

60- min session | $125

HOURS OF OPERATION: Daily from 9:00am to 7:00pm.
Holidays may affect these hours.

RESERVATIONS: To schedule spa or salon services, you may call our spa directly from a hotel phone by dialing extension 8770 or call 305-421-8770 from outside. A credit card will be required upon booking. Reservations are required.

ARRIVAL: Please arrive at least 30 minutes prior to your scheduled appointment to allow for a leisurely check-in experience and so you can relax and make full use of the spa facilities. To maintain the serenity of the spa, we ask you turn off your mobile phone and electronic devices upon arrival. If you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next guest. Swimsuits are optional in our sauna and locker facilities.

CANCELLATION POLICY: Should you need to cancel your appointment, a 24-hours advance notification is required. Cancellations received within the 24-hours will be subject to a cancellation fee of $25 charged to the credit card provided during booking. Although we do our best to accommodate all guests, if you are late for an appointment, we may have to shorten your service time to avoid inconveniencing other guests. Full rates would still apply.

MINIMUM AGE REQUIREMENTS:

Spa guests are required to be 18 years or older to receive treatments or utilize the facilities.

Guests under 18 receiving a salon service must be accompanied by a parent or guardian for all services.

PURCHASE POLICY:

Unopened products may be exchanged within 14 days of purchase if you have the original receipt. We cannot exchange opened products. All sales final on promotional and discounted products.

SERVICE CHARGE AND PRICES:

For your convenience, a 20% service charge will be automatically applied to the final bill. Should you wish to increase or reduce this amount based on your service satisfaction, please notify the spa agent upon check-out. Prices and services are subject to change without notice.

VALUABLES:

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The Enliven Spa & Salon is not responsible for lost or stolen items.

UNWIND

All our treatments include access to our relaxation lounge, sauna, lockers, and sky pool on the day of your service.

*Please note pool access might be limited due to weather conditions or special events. See the spa attendant for more information.

THE ENLIVEN GIFT CERTIFICATE

Give the gift of relaxation.
Gift cards are available in any dollar amount and will be packaged in an attractive envelope ready for presentation.

NAIL SERVICES

Classic Manicure | Pedicure Our timeless guest treatment will exfoliate, massage, and smooth heals and hands, before buffing and polishing nails to perfection.
Manicure $45 | Pedicure $55

Express Manicure | Pedicure Need a quick fix-up? This express treatment will have hands and feet ready for the pool in no time. A cut, clean, shape, and polish covers all the essentials.
Manicure $30 | Pedicure $40

Gel Polish Manicure | Pedicure Enhance the benefits of the classic manicure with long-lasting gel polish.

Manicure $55 | Pedicure $65

French Upgrade $15 Gel Removal $20

HAIR SERVICES

Men's Cut **| $55+**
Ladies Cut & Blow **| $125+**
Blowout **| $65+**
Blowout w/Extensions **| $95+**
Flat or Curling Iron **| $25+**
Updo **| $125+**
Bang Trim **| $25+**
Deep Conditioning Treatment **| $25+**
Women's Wash & Cut ONLY
Short **| $35**
Medium **| $45**
Long **| $55**

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