

## The Longevity Compass

PNOE Resting Test without consultation	15 minutes	€99
PNOE Resting Test with consultation	15 minutes	€180
PNOE Resting Test & Nutrition Plan	15 minutes	€400
Heat & Ice Experience Area* with service		Complimentary
Heat & Ice Experience Area* without service for resort guests		€15
Hydrotherapy Pools* with service	75 minutes	Complimentary
Hydrotherapy Pools * without service	75 minutes	€45
Helsi Ice Plunge	10 minutes	€32
Herbal Bath*	25 minutes	€50
Ombros*	25 minutes	€75
Stimulating Jet Shower	10 minutes	€20
Lymph Drainage Face Massage	25 minutes	€80
Lymph Drainage Body Massage	50 minutes	€150
Abdominal Massage	50 minutes	€150
Pressotherapy	25 minutes	€45
Linen Glove Dry Body Scrub	25 minutes	€75

## The Messinian Healing

Olive Grove Massage*	50 minutes	€315
Oleotherapy® Rosewood & Rosemary Scrub	50 minutes	€150
Traditional Olive Nourishing Facial	80 minutes	€200
Healing Massage Remedy by Hippocrates	80 minutes	€195
Anazoe Herbal Facial	50 minutes	€150
Outdoor Anazoe Relaxation Massage*	50 minutes	€150
Anazoe Classic Massage	50 minutes	€150
	80 minutes	€195
Organic Aloe Vera Body Wrap	50 minutes	€150
Messinian Salt & Honey Scrub	50 minutes	€150
Melisseus, The Spirit of Honey	50 minutes	€150
	80 minutes	€195

## The Kinetics Flow

Physio – Power Break	25 minutes	€75
Physio – Kinesiotaping	25 minutes	€75
Physio - Deep Tissue Massage	50 minutes	€150
	80 minutes	€195
Physio – Myofascial Release Massage	50 minutes	€150
Physio – Percussion Massage	50 minutes	€150
Golfer's Body Preparation	50 minutes	€150
Dynamic Feet & Legs Massage	25 minutes	€75
Advanced Back Massage	50 minutes	€150
Back, Neck, & Shoulders Massage	25 minutes	€75

## The Radiance Lab

Nexa AI Skin Analysis	30 minutes	€80
JetPeel™ "Pure Glow"	60 minutes	€235
JetPeel™ "Pure Glow" Sessions of 3		€634
JetPeel™ "Instant Lift"	60 minutes	€285
JetPeel™ "Instant Lift" Sessions of 3		€769
Cellular Vitality by Swiss Perfection	60 minutes	€260
Cellular Exclusive Lifting Treatment by Swiss Perfection	90 minutes	€490
Deep Recovery Ritual by Swiss Perfection	90 minutes	€350
Firming Body Ritual by Swiss Perfection*	90 minutes	€350
Anti-Cellulite Wrap by Swiss Perfection*	60 minutes	€250
Anazoe Deep Cleansing Facial	50 minutes	€150
	80 minutes	€200
Organic Aloe Vera Facial	50 minutes	€150
FeatherTouch™	20 minutes	€75
Collagen Veil	25 minutes	€80
Radiant Eyes & Smooth Lips	25 minutes	€80
Anti – Cellulite Massage, Detoxifying & Cupping	50 minutes	€150
Cocooning Scrub & Massage Ritual by Anne Semonin	80 minutes	€195
Advanced Bio Lifting Cure Facial	80 minutes	€200

## The Mind Reset

Scalp Massage	25 minutes	€75
Aromatherapy Candle Massage Remedy	50 minutes	€150
	80 minutes	€195
Craniosacral	50 minutes	€150
Anti-Stress Back Remedy by Anne Semonin	50 minutes	€150
Amethyst Stone Massage by Swiss Perfection	60 minutes	€290
“Restore” Body Scrub by Jo Malone London	50 minutes	€150
“Restore” Nourishing Massage by Jo Malone London	50 minutes	€150

## Other Services

### MANICURES

Citrus Manicure	30 minutes	€50
Nail Polish Application	10 minutes	€25
Shellac Manicure	40 minutes	€60
Shellac, Acrylic, or Gel Removal	15 minutes	€25
No Polish Manicure	25 minutes	€35

### PEDICURES

Citrus-Mint Pedicure	60 minutes	€70
Nail Polish Application	10 minutes	€25
Shellac Pedicure	70 minutes	€80
Shellac, Acrylic, or Gel Removal	15 minutes	€25
No Polish Pedicure	50 minutes	€55

## Other Services

### WAXING

Lip, Brow or Chin		€20
Brow Shaping		€15
Underarm		€25
Half Leg or Arm		€35
Full Leg		€70
Bikini Line		€35
Brazilian		€55
Back or Chest		€50

### COSMETIC APPLICATION

Make – Up Application	30 minutes	€50
Bridal Make - Up	60 minutes	€150
Pre – Wedding Make – Up Trial	60 minutes	€60

## Treatments Offered Upon Request

Couple's Massage	50 minutes	€150/per person
	80 minutes	€195/per person
	80 minutes	€195
Maternity Massage	50 minutes	€150
	In – Room	
	50 minutes	€195
	80 minutes	€275

## Anazoe Kids & Teens

Anazoe Mother & Daughter Package	80 minutes	€195/per person
Anazoe Father & Son & Son Package	80 minutes	€195/per person
Oleotherapy® Kid's Massage	25 minutes	€75
	50 minutes	€150
Oleotherapy® Kid's Facial	25 minutes	€80
Oleotherapy® Teen Facial	50 minutes	€150
Kid's Foot Therapy	25 minutes	€35
Kid's Hand Therapy	25 minutes	€35

## Anazoe Spa Packages

Essential Anazoe Retreat*	6.5 hours	€370
The Longevity Kick Start*	4 hours	€328
A "Treat for Two" Day*	3 hours	€360
Oleotherapy® Balance & Restore*	5 hours	€375
Build your own Spa Day ( <i>Check enclosed details in Spa Menu</i> )		