

MARRIOTT

# F I T N E S S

C E N T E R

## GYM RULES

1. Guests under the age of 16 are not allowed to use the gym and the spa area, between the age of 16 and 18 minors need parental guidance to use our facilities.
2. You and any of your guests using the gym facilities must shower and change before using the public areas.
3. Members and guests are asked to wear a form of dress appropriate inside the gym and spa. Members commit themselves to using towels and dressing in proper sports clothes, including t-shirts and proper sports footwear. It's not allowed to enter the training facilities and the wet area with outdoor shoes.
4. No bags are allowed in the gym. Please leave them in your locker.
5. Please use a towel during your workout.
6. Weights must not be dropped. Please replace all the weights and equipment to their original place after finished using them.
7. Please clean and sanitize benches, mats, machines, and any exercise equipment after use.
8. Do not reserve a machine unnecessarily.
9. Members may not enter the staff premises or place any posters without prior consent from the Fitness Center management.
10. It is forbidden to bring in food and use glass containers in the Fitness Center area including rental lockers.
11. Use all machines and equipment at your own risk.
12. Please use the Functional Room for stretching and body-weight exercises.

**BUDAPEST MARRIOTT HOTEL**  
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