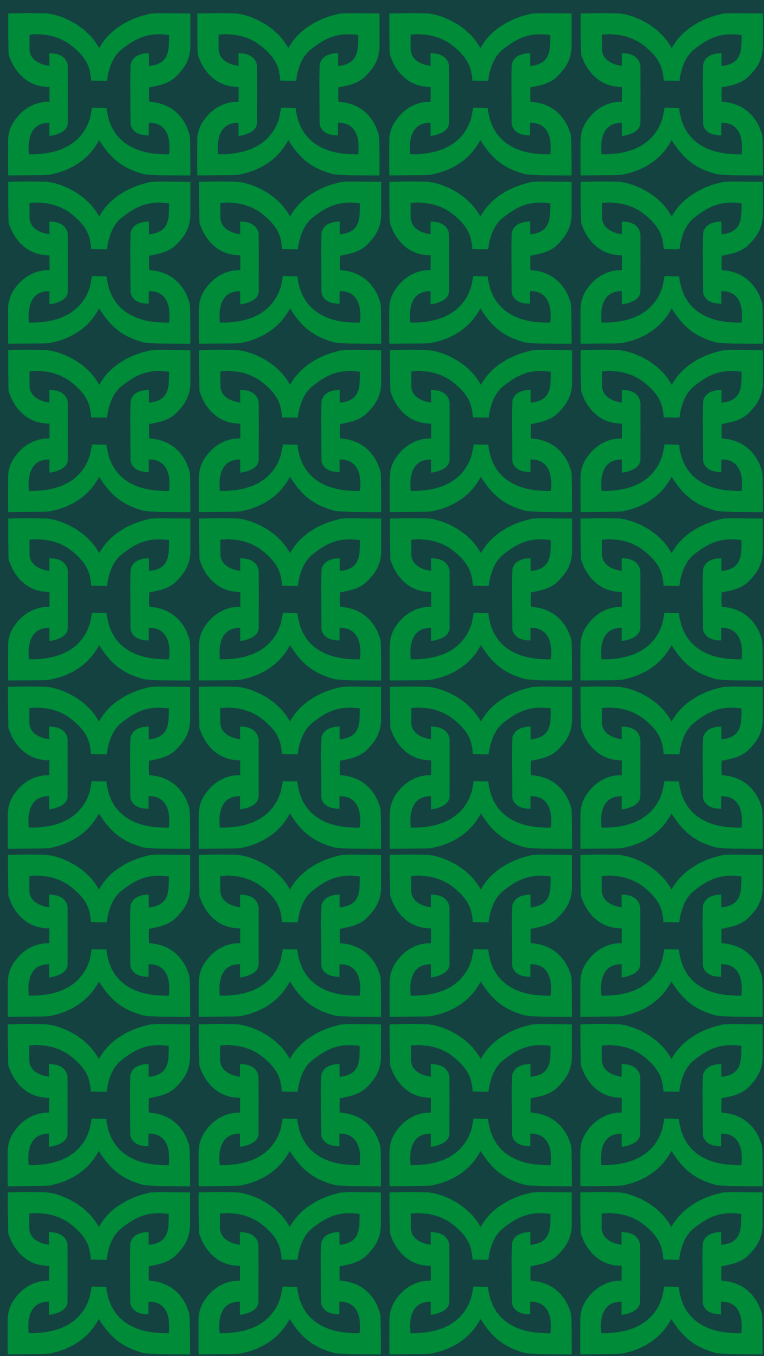




GREEN
ARTISAN

LOUNGE & BAR



GREEN ARTISAN

LOUNGE & BAR

SUSTAINABLE PRACTICES

Composting: any organic waste like fruit peels or vegetable trimmings are composted.

Reusable Serveware: all items served in reusable dishes or offer edible alternatives.

Local Sourcing: locally choosen sourced ingredients and in season to minimize the carbon footprint.

Leftovers Management: any leftovers are repurposed in creative ways for future dish preparations.

This menu prioritizes health and sustainability and creates a chic and thoughtful dining experience for our lounge bar guests.

HEALTHY & ZERO WAIST SNACKS

Energy Balls 5

Bite-sized energy balls made from dates, nuts, oats, and seeds, flavored with cacao, coconut, or matcha



Fruit & Nut Mix 5

A mix of dried fruits like apricots, raisins, and cranberries combined with nuts and seeds



Veggie Sticks with Hummus 4

Pre-cut sticks of carrots, cucumbers, and bell peppers with a small reusable jar of hummus



Avocado Toast Bites 7

Smashed avocado on small squares of whole-grain toast, topped with cherry tomatoes



Roasted Chickpeas 4

Crispy roasted chickpeas seasoned with garam masala



Fruit Skewers 5

Seasonal fruits like pineapple, strawberries, kiwi and melons



Dark Chocolate-Covered Nuts 5

A mix of dark chocolate-covered almonds, hazelnuts, and walnuts



Vegetarian



Vegan



Gluten free



SALADS

Quinoa & Veggie Power Bowl  	12
<i>A hearty salad with quinoa, roasted sweet potatoes, kale, chickpeas, and avocado, topped with a tahini dressing</i>	
Mediterranean Chickpea Salad 	12
<i>A mix of chickpeas, cucumbers, cherry tomatoes, red onion, olives, fusilli pasta, dressed with olive oil and lemon juice</i>	
Jar Greek Salad 	12
<i>Layered salad with cucumbers, tomatoes, bell peppers, red onion, feta cheese, and olives, with a red wine vinaigrette</i>	
Veggie Noodle Salad 	13
<i>Spiralized zucchini, carrots, and beets with edamame and a sesame-ginger dressing</i>	
Tuna Beans Salad	15
<i>Tuna, olives, tomato , beans, boiled egg and green sauce</i>	
Cobb Chicken Salad	16
<i>Roasted chicken breast, green leaves, corn, mushrooms, tomato and cobb dressing</i>	

SANDWICHES & WRAPS

Avocado & Veggie Wrap 	14
<i>Whole-wheat wrap filled with avocado, spinach, shredded carrots, cucumber, and a hummus spread</i>	
Caprese Sandwich	16
<i>Fresh mozzarella, tomato, and basil with focaccia bread</i>	
Turkey & Pesto Sandwich	14
<i>Sliced turkey breast, green pesto, tomato, and spinach on whole-grain bread</i>	

LOW SUGAR TREATS

Lime Cheesecake	7
<i>Oat cookies, cheese cream and lime compote</i>	
Chocolate and Beetroot Muffin	6
<i>Dark chocolate, beetroot juice, rye flour and cocoa</i>	





KOMBUCHAS

Fermented, naturally sparkling tea-based drink

BIO ORIGINAL 250ml 7.50
Low in calories | High in vitamin C

GENGIBRE 250ml 7.50
Rich in probiotics | Antioxidant

MORANGO E HIBISCO 250ml
Rich in antioxidants | Source of vitamins and minerals

CÍTRICO TROPICAL 250ml 7.50
Antioxidant properties | Low calorie content

TEAS WITH A STORY 7.50

ENGLISH BREAKFAST
Selected black teas from Assam, Ceylon, and Darjeeling

INFUSÃO DE CITRINOS
Lemongrass | Lemon Balm | Lemon Thyme | Lemon | Orange

MISTURA HOMEMADE 6
Lemongrass | Orange | Lemon | Black Tea | Carqueja | Vine Leaf

INFUSÃO DE MENTA 6
Spearment | River Mint | Peppermint

MISTURA ROXA 6
Hibiscus | Raspberry | Echinacea | Blueberry

CAMOMILA ROMANA SELVAGEM 6
Roman wild chamomile infusion

COLD TEAS

LIMONADA CÍTRICA 6
Círus Fruits from Algarve

INFUSÃO DE MENTA 6
Spearment | River Mint | Peppermint

INFUSÃO DE CITRÍNOS
Lemongrass | Lemon Balm | Lemon Thyme | Lemon | Orange

MISTURA ROXA 6
Hibiscus | Raspberry | Echinacea | Blueberry

FRESH JUICES

FRESH ORANGE JUICE 300ml 6
Rich in Vitamin C

BIO SUMO BEETROOT MIX 300ml 6
Vegan | Gluten and Sugar Free
Ideal for strengthening the immune system, improving blood circulation
and giving a natural boost of energy

6

6

9





SMOOTHIES

Nutrient-packed blends to fuel your day

XTRA ENERGY 350ml

Strawberry | Banana
Rich in vitamins, minerals and natural antioxidants

9

MIGHTY GREEN 350ml

Avocado | Apple | Kiwi | Mint | Pear
Rich in fiber, vitamins and healthy fats

9

MORNING GLORY 350ml

Banana | Pineapple | Mango | Spinach
Rich in Vitamin C, A, Potassium, Fiber, Antioxidants

CARIBBEAN BREEZE 350ml

Pineapple | Strawberry | Coconut
Rich in antioxidants, vitamins, minerals, and probiotics

9

JUNGLE JUICE 350ml

Acai | Strawberry | Blueberry | Mango
Rich in natural antioxidants and fiber

9

D-TOXIS BEVERAGES

Refreshing drinks formulated to help purify the body and natural balance

HUMAN SHOT GENGIBRE BIO 90ml

Pomegranate | Beets | Ginger | Lemon | Acerola | Chili

9

HUMAN SHOT GINSENG BIO 90ml

Apple | Cassis | Acerola | Chili | Ginseng

HUMAN SHOT KICK START BIO 90ml

Orange | Pineapple | Acerola | Ginger | Turmeric | Guarana

HUMAN SHOT ANTIOXIDANTE BIO 90ml

Apple | Ginger | Lima | Acerola | Spirulina | Wheatgrass

6

PRE-WORKOUT SHAKE

They are formulated to provide an increase in energy, focus and endurance before intense physical activities

6

BAGA MIX PRE-WORKOUT SHOT 60ML

Amino Acids | Vitamins

6

LIME & LEMON PRE-WORKOUT SHOT 60ml

Caffeine | Lima | Lemon | Amino acids

6

DAILY PROTEIN SHAKE

Nutritious drink, usually consumed after training or as part of the daily diet

VANILLA PROTEIN SHAKE 330ml

CHOCOLARE PROTEIN SHAKE 330ml

STRAWBERRY PROTEIN SHAKE 330ml

6

6

9

9

9





SPORTS DRINKS

Drinks formulated to replace fluids and electrolytes lost during physical activity, as well as provide carbohydrates to maintain energy

POWERADE ICE STORM OR ORANGE 500ml

POWERADE 0% SUGAR500ml6

ENERGY BEVERAGES

Beverages formulated to provide a rapid boost of energy, focus and disposition

MONSTER 500ml

MILKSHAKES

VANILLA 350ml

STRAWBERRY 350ml

SPICED CHAI LATTE 350ml7

MOCHA 350ml

CHOCOLATE 350ml

SOFT BEVERAGES

PEPSI 300ml7.5

PEPSI MAX 0% AÇÚCAR 300ml7.5

7UP 300ml7.5

FANTA ORANGE7.5

ICED TEA PEACH|LEMON|MANGO 300ml

FEVER TREE 200ml

Ginger Ale|Ginger Beer|Tónica Mediterranean

WATERS5

STILL WATER 9,5ph 500ml5

STILL WATER 9,5ph 1500ml5

ÁGUA PEDRAS NATURAL SPARKLING WATER 250ml5

ÁGUA CASTELLO NATURAL SPARKLING WATER 250ml5

COFFEE

ESPRESSO

AMERICANO

LATTE MACCHIATO

CAPPUCCINO4

6

4

4

3

4

7

6





BEERS & CIDERS

SMALL BEER	300ml		
LARGE BEER	500ml		4
SUPER BOCK TWIN 0%	330ml		6
SUPER BOCK STOUT	330ml		4.5
SUPER BOCK BAVARIA OR DUNKEL	330ml		4.5
SANTOS LOCAL LAGER	330ml		6
MARAFADA LOCAL PALE ALE	330ml		8
CORONA	350ml		8
HEINEKEN	330ml		7
SOMERSBY APPLE CIDER	330ml		6
KOPPABERG STRAWBERRY & LIME	500ml		6
			8

WINES

WHITE WINE

BEIJA FLOR	DOURO			
DIALOGO	NIEPORT DOURO			
MEGAFONE	SAUVIGNON BLANC ALGARVE	6		23
BEYRA RESERVA	QUARTZ BEIRA	7		25
ERVIDEIRA INVISIVEL	ALENTEJO	7		24
QUINTA PEDRA ESCRITA	DOURO	7		25
				36
				38

VERDE WINE

CASA VILACETINHO				
PALACIO DA BREJOEIRA				
		7		24
				49

RED WINE

BEIJA FLOR	DOURO			
DIALOGO	NIEPORT BAIRRADA			
NATCOOL	NIEPORT DOURO	6		23
		7		25
		8		35

ROSÉ WINE

BEIJA FLOR	DOURO			
DONA MARIA	ALENTEJO			
REDOMA	NIEPORT DOURO	6		23
		6		25
				40

SPARKLING WINE & CHAMPAGNES

QUINTA DAS BÁGEIRAS				
BOIZEL	CHAMPAGNE			
POMMERY APANAGE		7		29
				80
				100

SANGRIAS

WHITE				
RED				
NON ALCOHOLIC		12		35
SPARKLING WINE		12		35
		10		25
		12		35





SIGNATURE COCKTAILS

Exclusive alcoholic beverages, created and made by our mixologists

SPRITZ À PORTUGUESA

13

*An Algarve twist on the traditional Aperol Spritz
Algarve Orange Liqueur | Tonic Water | Sparkling wine*

PORTUGUESE MULE

13

*Moscow Mule made with ingredients characteristic of Portugal
Vodka | White Port Wine | Orange | Leaf Fig | Ginger Beer*

BICA MARTINI

14

*The traditional “café com cheirinho”, in a cocktail,
adapted to the classic Espresso Martini
Vodka | Bicabagaço Tijuana Liqueur | Espresso | Molasses*

PORTUGUESE SUN

13

*Vibrant acidity, creating a citrusy, fruity and refreshing blend
Gin | Orange | Lima | Tangerine | Mint*

RED TENTATION

13

*Balance between floral, citrusy and slightly spicy aromas
Gin | Elderflower Cordial | Lime | Hibiscus | Nutmeg*

CLASSIC COCKTAILS

OLD FASHIONED

11

Bourbon whiskey | Sugar | Bitter | Still Water

LONG ISLAND ICE TEA

12

Gin | Vodka | Rum | Tequila | Triple Sec | Coke | Lime

MOJITO

11

Rum | Lime | Sugar | Mint

SEX ON THE BEACH

12

Vodka | Orange Juice | Peach Schnapps | Cranberry Juice

TEQUILA SUNRISE

11

Tequila | Orange Juice | Grenadine

COSMOPOLITAN

11

Vodka | Cranberry Juice | Lime | Triple Seco

MOSCOW MULE

11

Vodka | Ginger Beer | Lime

FROZEN DAIQUIRI

12

Strawberry or Mango | Rum | Lime

FROZEN MARGARITA

12

Strawberry or Mango | Tequila | Triple Seco | Lime

NON-ALCOHOLIC COCKTAILS

MOSCHITO

9

Hydro Mint | Super Juice Lime | Refined Sugar | Soda

GUAVA COLADA

9

Guava Juice | Cardamom | Pineapple Juice

NON ALCOHOLIC GIN TONIC

10



BEVERAGE COLLECTION

APERITIFS

BELSAZAR DRY/ROSSO	11
APEROL SPRITZ	12
CAMPARI	10
PER SE SPRITZ	12
RICARD	9

SCOTISH WHISKY

BALLANTINES	9
JW RED LABEL	9
JW BLACK LABEL	13
JW GREEN LABEL	18
JW BLUE LABEL	45
CARDHU	13
DIMPLE	14
OLD PARR	16
GLENFIDICH 12 ANOS	14
GLENFIDICH 15 ANOS	17
TALISKER 10 ANOS	16
MCCALLAN 12 ANOS	27

WHISKEY BOURBON

JIM BEAN	9
JACK DANIELS	11
FOUR ROSES	11
MAKERS MARK	14
BULLEIT RYE	15
WOODFORD RESERVE	15

IRISH WHISKEY

JAMESON	10
JAMESON BLACK BARREL	15
BUSHMILLS	10
BUSHMILLS BLACK BUSH	12
BUSHMILLS 10 ANOS	15

SPIRITS

ADEGA VELHA 6 ANOS	13
ADEGA VELHA 12 ANOS	24
ALIANÇA XO	17

COGNACS

REMY MARTIN VSOP	18
HENNESSY VS	17
HENNESSY XO	50
COUVOISIER XO	39

PORT WINE

NIEPOORT DRY	8
NIEPOORT TAWNY	8
NIEPOORT RUBY	8
NIEPOORT 10 ANOS	15
NIEPOORT LBV	12
NIEPOORT 20 ANOS	29

VODKA

MOSKOVSKAYA	9
ABSOLUT	10
ABSOLUT CITRON	10
CIROC	12
EGOISTA PORTUGUESE	12
KETEL ONE	13
TITO ´S	12
GREY GOOSE	15
BELVEDERE	15
BELUGA	17

GIN

BEEFEATER	11
BOMBAY SAPHIRE	12
TANQUERAY	11
BULLDOG	13
COMPANHIA PORTUGUESA	
LIMÃO PORTUGUESE	14
TANN ´S	12
GIN SUL	16
MARE	16
VINE	6
SHARISH	14
TANQUERAY N° 10	14
HENDRICKS	14
MARTIN MILLER	12
ALARVE PORTUGUESE	14
MONKEY 47	20

RUM

HAVANA CLUB 3 ANOS	10
HAVANA 7 ANOS	13
PLANTATION DARK	12
BARCELO	13
BACARDI 8 ANOS	13
KRAKEN BLACK SPICED	13
DIPLOMATICO	16

TEQUILA

OLMECA 10	10
JOSE CUERVO 1800	14
DON JULIO BLANCO	18
DON JULIO REPOSADO	20
CASAMIGOS BLANCA	22
CASAMIGOS ANEJO	27
PATRON SILVER	18
PATRON ANEJO	22

LIQUEURS

FROM PORTUGAL	
AMARGUINHA	7
LICOR BEIRÃO	9
MELOSA	
DOM CHIQUE LOCAL LIQUEUR	10
LICOR DELARANJA	
COMPANHIA PORTUGUESA	11
BICA BAGAÇO	9
TIJUANA	9

INTERNATIONAL	10
BAILEY´S	11
PASSOA	10
MALIBU	9
SAMBUCA	10
AMARETTO DISARONNO	10
KAHLUA	9
SOUTHERN COMFORT	10
DRAMBUIE	10
COINTREAU	9
FERNET BRANCA	10
JAGERMEISTER	11
GRAND MARNIER	11
LIMONCELLO	11
CHAMBORD	11
ST. GERMAIN	9
FRANGELICO	